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WIFE SAVERS By BARBARA DUFFY Southern California Edison Co. Home Economist

APRIL 11, 1963



THE TORRANCE HERALD

With the approach of the Easter season, new interest is focused on that every day staple of the breakfast menu-the egg.

As little ones anxiously await the visit of the Easter Bunny and the traditional Easter egg hunt, part of the fun in many families is preparing the eggs for that occasion.

After the eggs are cooked and cooled they can be simply colored, or they can be decorted with great imagination. Egg heads are a delight to any child. Faces can be made by painting on the egg shell, and ribbons, buttons, sequins, or flowers can be attached for decoration.

Here's a recipe for cooking eggs that will give you a smooth surface to decorate and a good, edible egg afterwards.

To hard-cook eggs:

2 for 19C

3 for 19c

- 1. Add 2 tablespoons of water per egg.
- 2. Cover and bring to a boil on high heat.
- 3. Reduce heat to lowest setting and cook 20 minutes
- 4. Remove eggs immediately and cool promptly under running cold water.

Overcooking or cooking at too high a temperature makes egg white tough, produces hard spots in the yolk, and often turns the yolk surface to a green-gray color. Prompt cooling in water also makes the removal of the shell easier.

Finding ways to make use of the hard-cooked eggs after Easter becomes a puzzle for homemakers. Adding them to lunch boxes—in shell, deviled or in sandwich fillings-is, of course, an old standby. When sliced or quartered they make excellent garnishes for salads and vegetables. They also make a tasty, economical main dish when creamed, curried, or en casserole, as in the following recipe:

Danish Egg Casserole

- 2 Tablespoons butter 1/4 Cup mayonnaise 1/2 Teaspoon salt 2 Tablespoons flour 3/4 Teaspoon garlic salt 1 Cup milk
- 6 Hard-cooked eggs, 1/4 Teaspoon pepper
- chopped 2 Tablespoons diced
- pimiento 1/4 Cup minced celery

1 Cup (1/8 lb.) finely crushed crackers

Topping 1/4 Cup cracker crumbs **3** Tablespoons melted

butter

Make white sauce of first three ingredients by melting butter on low heat. Add flour and then milk. Cook until thickened, stirring constantly. Add remaining ingredients. Blend together and pour into shallow 1-quart casserole that has been greased. Prepare topping by mixing cracker crumbs and melted butter. Sprinkle over casserole. Bake at 400 degrees F. for 20 minutes, or until golden brown. Serves 4-6.

Ham is often selected as the meat for Easter dinner. There are so many varieties on the market now that it is important to follow the directions on the package or can for cooking. Some hams are fully cooked and need only to be heated through to serve. Others must be cooked before eating, and these require longer cooking times. A low temperature should be used for any type. The canned ham has gained a great deal of popularity. It is fully cooked and is bone-less, which makes it easy to serve. If you have carving problems, and who doesn't, you might investigate the new electric carving knife that should be available this month. It promises to be a great boon to homemakers.

You will want vegetables to add to your Easter menu, and what a joy it is to see the spring vegetables in the market. Have your purchased fresh asparagus in the handy new package containers? Another taste treat is fresh tender spring carrots. Here is a rather different twist for carrots:

Panned Carrots with Pineapple

1/2 Cup well drained pine hutter



2 Tables apple tidbit 3 Carrots cut in thin 1 Tablespoon sugar strips 1/2 Tablespoon salt 2 Tablespoons grated 1/3 Cup cream onion

Melt butter in saucepan on medium high hert, add carrots, salt and onion. Mix well. Cover. Cook on low or simmer for 10 minutes. Add pineapple tidbits; sprinkle with sugar. Mix together well, Cover. Simmer another 10 minutes until carrots are tender. Add cream; heat. Makes 4 servings.

