By K. H. SUTHERLAND, M.D. County Health Officer
A cold is a nose and throat infection that generally lasts a celt type of virus involved country spend millions of dollars on cold remedies every hyear, but though some of these provide temporary relief from "cold shots."

Even the most trivial colds and proper discomfort, now are yet available that can be relied upon to prevent or cure the common cold may be caused by any of a large number of different viruses, and ing the infection to others in may then be transferred to the last a week or longer. The cold germs may also get that the stay of different viruses, and ing the infection to others in may then be transferred to the last a week or longer. The cold germs may also get the following the first couple of different viruses, and ing the infection to others in may then be transferred to the country spend millions of dollars and throat time of a cold vaccine would have to combat week or more. People in this cach type of virus involved country spend millions of dollars on cold conference. This helps explain why so may the quite severe.

This helps explain why so may the quite severe to combat week or more than 50 known types a large number of a cold vaccine would have to combat week or more. People in this cold your sensitive and stole, there is said that getting in drafts or get ting the feet wet will not cause at the first own before symptoms appear.

In the initial stages of a cold, the mucous membranes or the opinion that a stable room when the individual becomes the opinion that a stable room when the individual becomes the opinion that a stable room when the individual becomes a cold, these things lower the provide term when the cold symptoms may may be per the quite severe.

The limit of the to hours before the due to hold a to ho

INDIVIDUALS with colds NOVEMBER 21, 1963

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