

AT CONVENTION . . . Mr. and Mrs. Harold Blanchard, 3707 W. 190th St., were among the more than 3,500 Mobil dealers, wives, and oil company marketers attending the 1963 Mobil dealer convention in Las Vegas. Also attending was Tsugio Fujimoto of 21700 S. Vermont.

New Weight Program **Under Way**

A unique new medical pro gram for persons with weight problems has been tried here and is gaining nationwide at-

The service is designed for persons who need individual-ized treatment for endocrine disorders, under-weight problems, and other conditions related to abnormal

metabolism metabolism.

The Medical Weight Problem is under the direction of the General Medical Group, 542 E. Carson St., where doctors examine patients and pattern individual programs for their distributions. individual programs for their histories.

Patients receive a newsletter in their home which contains nutritional hints, low-calorie

In their nominal hints, low-calorie recipes, and tips for the person with a weight problem.

Hours for the program are 9 a.m. to 7 p.m. Mondays, 9 a.m. to 6 p.m. Tuesdays through Fridays, and 9 a.m. to 1 p.m. Saturdays. More information may be obtained by calling 835-4375.

Tiny Tots to

Have Program At Area Park

The Tiny Tots program for pre-school children will be of-fered again by the Torrance

Recreation Department beginning Saturday, according to Carol Denmark, leader.
Program, designed to give children, between the ages of 4 and 6, an opportunity for group experiences with games, crafts, singing and storytelling. crafts, singing and storytelling will be held at Walteria Park, 2 to 3 p.m. each Saturday through Dec. 14.

Education Assn. **Slates Conclave**

Expansion" will be the theme of the annual conference of the California School Health Assn., Saturday and Sunday in Santa Monica.

More than 500 school nurses and health educators will send the send th "Health Education in Califor

More than 500 school nurses and health educators will attend the meeting. Dr. Wallace Wesley, department of health education for the American Medical Assn., and Oliver Byrd, professor of health education at Stanford University, will be the featured speakers during the two-day conclave. Also on the program is a talk by Bernice Moss, professor of health education at the University of Ulah.

of health education at the University of Utah.



DR. CHARLES HOPKINS

Hughes Names Psychologist

tors engineering. He holds a doctorate in psychology from the University of Illinois.

A resident of Torrance since 1956, he is a member of the

Riviera Homeowners Assn. and is educational vice president of South Bay Toastmasters Club 280.

Fund Raising

Temple Menorah will spon-ror a major fund raising event, a Hanukkah carnival, Dec. 8.

through Dec. 14.

Class enrollment is limited to 30 children. Registrations will be taken at the park or at initial classes. There will be no charge.

School Health

Featured attractions of the afternoon event will include: Maccabean matinees for the children at 2 and 4 p.m. featuring live entertainment; Hanukkahland fantasia of carnival booths; and a 50 cent ticket drawing for three prizes which will be a color television set a surfboard and a port-Featured attractions of the ion set, a surfboard and a port

able stereo phono.

The Temple religious school will sponsor a contest for art-work projects depicting the Hanukkah theme - religious freedom. Winning projects will

CASC

day.





Treat yourself to one of the best Beef Dinners you've ever eaten! Our Savory Beef Alamode is a whole meal in itself . . . Round Steak cubes, slowly simmered in a fragrant lemon-Burgundy gravy, to which four harvest vegetables are added and then quickly cooked to preserve their crunchiness. Served with hot French or Garlic-cheese bread, you have a real company dinner ready to serve, or a hearty after-the-game Casserole. Pick up your free copy this week!



ANOTHER GRANI WELCOMING LUCKY'S NEW



USDA CHOICE or LUCKY BONDED

USDA CHOICE or LUCKY BO

BONELESS ROUND STEAK LUCKY BON TOP ROUND STEAK LUCKY BONDED -

GROUND ROUND LUCKY BONDED FOR FLAVOR EXTRA LEAN BRISKET CORNED BEEF McCoy Brand FRESH SPARERIBS

SIRLOIN	TIP	STEAK	USDA CHOICE OF LUCKY BONDED	89%
				83%
E-Z CUT	CUB	E STEA	LUCKY BONDED	98%

sparkling fresh fruits and vegetables

ET POTATOES

These American favorites are truly an all-purpose potato. They are high in quality and low in price. Mash, Bake, . You'll love the delicious flavor



U.S. NO. 1 **OREGON** GROWN

-Lb. Cello Bag

GRAPEFRUIT New crop . . . Arizona grown . . . Sweet, Juicy breakfast treat Sweet, Juicy breakfast treat TOMATOES Red, Ripe, Firm ... For salads and sandwiches. Medium and small size 2 for 19° ROMAINE Large size Bunches . . . The extra special lettuce for tasty salads CELERY Fresh, Crisp Stalks . . . For stuffing, 3 for 14° **GREEN ONIONS** Fresh, Crisp Bunches for tasty snacks, and RED RADISHES sandwiches, and salads ...

	SHOPPING LIST SUGGESTIONS :	
TIDE DETERGENT Giant Box 79¢	THRILL 22-oz. Bottle 65⊈	DOWNY LIQUID RINSE Giant Bottle 89¢
SALVO DETERGENT PELLETS Glant Box 69¢	JOY22-oz. Bottle 65¢	ZEST TOILET SOAPReg. Bar 2 for 27¢
IVORY FLAKESlarge Box 33¢	IVORY LIQUID22-oz. Bottle 65¢	ZEST TOILET SOAPBath Bar 2 for 39¢
DREFT large Box 35¢	COMET CLEANSER incl. 2c off 2 for 29¢	CAMAY TOILET SOAP Reg. Ber Pkg. 22¢
OXYDOL Giant Box 83¢	IVORY SNOW Large Box 33¢	CAMAY TOILET SOAP Bath 2 for 29¢
DUZ Includes 12c offGlant Box 73¢	CHEER Giant Box 69¢	PERSONAL IVORY Personal 4 for 27¢
DASH Jumbo Box 2.29	MR CLEAN includes 10c off28-oz. Bot 63¢	LAVA HAND SOAP Regular 2 for 23¢
CASCADE 45¢	SPIC 'N SPAN 11h an 31¢	LAVA HAND SOAP Bar 254

CUT UP STEWING CHICKEN FRESH FILLET OF SEA BASS Flaky, broil SLICED BACON Hormel Dairy Brand.....

delicatessen department specials

ALL MEAT FRANKS LUER ITALIAN SALAMI Gallo Sliced ... PIZZA MIX Betty Crocker PILLSBURY BISCUITS

Grand Opening Housewares Dept. Spe CHEN



PRESCUT CRYSTAL PUNCH BO

each SPECIAL

By Anchor Hocking Glass Co. 27-Piece Set: 12 Cups and Hooks, Ladle, attractive stand which can be inverted and a vase or fruit bowl.

> Regular \$6.95 Value SPECIAL



CHIC-E ALL TUNA PET DINNER 6-oz. Can 2 for 29¢

LIQUID BLI HIS 1/2 -gal. Be 43¢

CLOR(ACH

2510 PACIFIC COAST HWY.