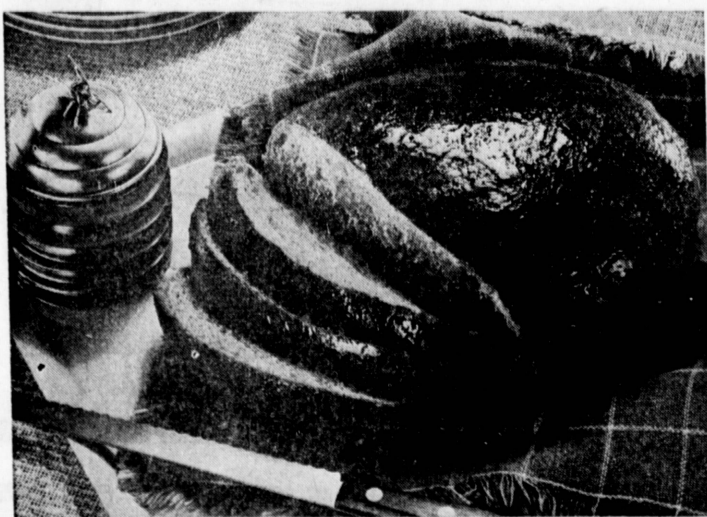


MARY WISE Menu Planners AND SHOPPING SUGGESTIONS



USING FROZEN BREAD dough, available in markets we can all have delectable homemade bread, rolls and coffee cakes in a jiffy. Some of the doughs use honey as a natural sweetener. The dough is tender, feather light and easy to handle. Complete directions for use are given on each package.

The Busy Bee Makes Honey for Many Foods

Our markets are filled to the brim with wonderful convenience foods. Frozen bread dough is no exception and we can all have delectable homemade bread, rolls or coffee cakes in a jiffy.

Several types of frozen bread dough use honey as the natural sweetener. The flavor of honey is subtle but the baked products keep fresh and tender for days.

This is one of the important reasons why many bakers include honey in the ingredients they use.

Glaze top of the baked bread with honey butter. Slice while slightly warm and serve with plenty of your favorite beverage. For a quick change from bread to coffee cake, gently roll the defrosted dough into a thin oblong shape.

Spread the surface with creamed honey or honey butter, cover with chopped raisins, nuts or small bits of candied fruit.

Roll, seal ends. Cut into 12 pieces using sharp knife. Allow to rise in buttered muffin pans or in a ring mold. Bake for 15 to 20 minutes or until done in 375° (moderate) oven.

Let rolls stand in pan several minutes after taking from oven, for easier removal.

Honey in the proper proportion will give many foods the exotic flavor you're

looking for. Think of some of the ways to enjoy honey.

Use it on fruits and cereals just as it comes from the server.

Sweeten beverages and flavor vegetables with it. Put it in salad dressings and spread it on breads.

It's useful for glazing meats and in canning and preserving. Bake with honey in cakes and cookies.

The rule of thumb to follow for exchange of measurements is this: Honey may be used in place of other sweeteners. Use it cup for cup, reducing liquid called for in recipes by two tablespoons for each cup of honey used.

Honey butter may be purchased from your favorite market too. It is found in the refrigerator along with dairy products.

The team of Tater Tots and eggs takes on big billing when planned for brunch or a hearty breakfast.

Frozen Tater Tots are rounds of shredded potatoes, lightly seasoned and cooked in pure vegetable oil.

Everybody knows the egg. Together, they are a pair.

The frozen Tater Tots are prepared in a jiffy. Just pop them into the oven for a few minutes, according to instructions on the package.

Arrange them in the form of a nest on a round platter and fill the center with scrambled eggs.

For a tempting variation, try scrambled Fiesta Eggs. Blend in one 7-ounce can of chili salsa, one-half teaspoon salt and a dash of black pepper. Pour into a well oiled or buttered skillet and scramble over medium low heat for soft texture.

For a Sunny Satisfying Breakfast
Add an EGG to **Ore-Ida TATER-TOTS**
SPRETTED DODD POTATOES
ALIGHTLY SEASONED, COOKED BY PURE VEGETABLE OIL
Ready to HEAT and EAT



NEWBERRY'S VETERAN... Joe Romano, manager of the downtown Torrance Newberry's store, gives Mrs. Neal L. Smith of Harbor City a pin to commemorate her 10 years at the local store. She is the 15th person presently working at the store to get the 10-year pin. (Herald Photo)

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Bigelow Random Textured Continuous Filament All Nylon Pile, reg. \$11	7 88 SQ. YD. INSTALLED	Mohawk Decorator's Choice All Acrylic Pile, reg. \$9	6 88 SQ. YD. INSTALLED
Mohawk Lush Popcorn Textured, reg. \$8	6 44 SQ. YD. INSTALLED	Deluxe Weight DuPont "501" All Nylon Pile, reg. \$12	8 88 SQ. YD. INSTALLED
Rugged Tweed Tone DuPont All Nylon Pile, reg. \$7.50	5 88 SQ. YD. INSTALLED	Hi-Lo Design, 5 Fashion Colors, reg. \$7.50	5 88 SQ. YD. INSTALLED
James Lees DuPont "501" All Nylon, reg. \$10	7 88 SQ. YD. INSTALLED		

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THE UNHARRIED HOSTESS

You can be a non-harried, un-ruffled, non-rushed hostess with this make-ahead salad. Combine 1 can (1 lb. 13 oz.) cling peach slices, drained, with 1 cup miniature marshmallows, 1/2 cup halved maraschino cherries, 1 large banana, sliced, 1/2 cup chopped nuts. Whip 1/2 cup cream, blend in 1/2 cup salad dressing, 1 Tbsp. lemon juice. Chill 2 or 3 hours. Yum.



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nature's natural treasure

Honey — Source of quick lasting natural energy... Ask your Doctor
Honey — Does not stick to your teeth... Ask your Dentist
Honey — is a natural for keeping baked goods fresher. Try these

HONEY QUICKIE BUNS

"Goopy and good!"
1 pkg. refrigerated biscuits
2 tablespoons butter or margarine
1/2 cup dried fruit or walnuts, chopped
1/2 cup honey

Melt butter in 8-inch round pan, coat both sides of biscuits with melted butter. Place in pan. Cover tops with fruit or walnuts. Drizzle with honey. Bake 375° F, 20 to 25 minutes. Yield: 10 servings.

FREE Honey Holiday Hints Leaflet

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