

Filled Zig-Zag Shell Makes Regal Dessert

There is a decidedly regal mounds on a spoon. Beat with look to Cantaloupe Marlbor-rotary beater. Combine cottage cheese and dessert that will glamorize any menu. Cantaloupe half-shells cut cantaloupe half-shells cut a zig-zag nattern are filled seeds.

MIDSUMMER DELIGHT

in a zig-zag pattern are filled seeds. with refreshing lime gelatin-sour cream mixture and gar-nished with whole strawber-berries or other fresh fruit of attractive treat. "Man learns from expe wenn a devoted Dad doesn" in see up in second baby just to be the second baby just to see it smile." attractive treat.

AUGUST 1, 1963

It's easy to cut cantaloupe a variety of ways for different

THE TORRANCE HERALD

uses or dramatic effects. For the saw-tooth shown in today's picture, mark a zig-zag line around the center of the melon with a pencil; then cut with a sharp knife along the line.

When cutting cantaloupe rings, save the end pieces to dice or for meion balls. Cres-cents, wedges or cubes are other serving treatments for variety and extra eye appeal.

CANTALOUPE MARLBOROUGH

1 pkg. (3 oz.) lime gelatin 1 cup hot water

- 1/4 cup cold water 2 tbs. lime juice 1 cup dairy sour cream
- cantaloupes Strawberries

Dissolve gelatin in hot water. Add cold water and lime juice. Cool until mixture



PECAN, RAISIN BROWNIES

1 cup sugar 1 egg 2 tbs. soft butter

tos, soft butter
tos, vanilla
coz, unsweetened chocolate, melted
tos, baking powder
cup chopped pecans
cup raisins
cup raisins

1 cup sifted flour Old Fashioned Frosting Combine sugar, egg, butter

and vanilla. Beat until smooth and light. Add melted choco-late and mix well. Sift flour and baking pow

der together and add to other mixture. Add nuts and raisins

mixture. Add nuts and raisins and mix well. Turn into b uttered 9-inch square pan. Bake at 350 de-grees for 25 to 30 minutes or until cake tests done. Cool. Frost with frosting as directed

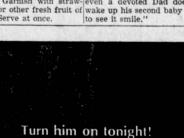
OLD FASHIONED FROSTING 2 tbs. dry instant coffee-creamer

14 cup hot water 14 cup soft butter 134 cups sifted confectioners

sugar ½ tsp. salt 1½ tsp. vanilla Stir dry instant non-dairy coffee-creamer into hot water Beat butter, 1 cup sugar and salt together until light and fluffy. Add remaining sugar and

hot coffee-creamer, alternate-ly to butter mixture, beating until smooth after each addi-tion. Add vanilla, Mix well,

A 4-inch, 80-gram avocado half-shell contains 137 calo





each evening, 9:05 to midnight, Monday through Saturday, by good old KMPC. Simply tune to 710, the warmest, friendliest place

any radio dial!

Add meat and cook until cream. Slightly browned. Add tomato sauce and seasonings and cook for about 15 minutes.



You can turn a thrifty chuck roast into one of the best-tasting barbecues ever, and DEL MONTE is just the tomato sauce to help you do it! Born in the West to suit our Western

taste for rich and zesty tomato flavor, DEL MONTE is the brand of tomato sauce that good California cooks have counted on for almost 50 years.

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S. Want 18 good recipes with the flavor of West? Write to Mary Wise, DEL MONTE mato Sauce, P.O. Box 18, Los Angeles 51, lifornia, for your free recipe cards.



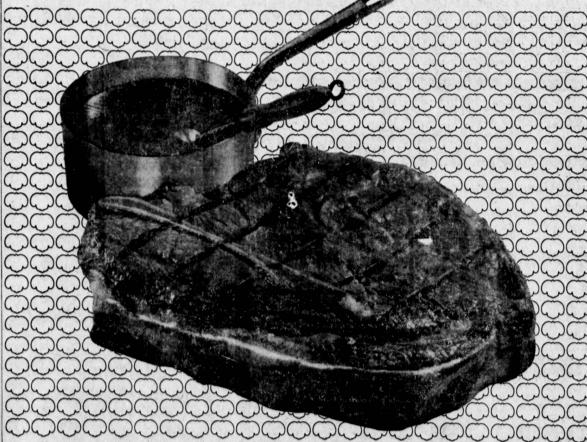
K BEEF
2 Tbsp. wine vineg 2 Tbsp. brown suga 2 Tbsp. soy sauce 1 tsp. dry mustard 1/4 tsp. each garlic powder a

Meat te

1 can (8 Toma

inegal

1/2 cup wat Tenderize meat as label directs. In shallow pan large enough for meat, mix remaining ingredients. Place meat, mix remaining ingredients. Place meat in sauce, turn to coat all sides, marinate 1 hr., turning once. Drain well; barbecue over coals. 1½-in. thick meat: 15 min. (rare) coals, 172-10, thick meat: 15 min. (rare) to 20 min. (well done) on each side, 21/2-in, thick meat: 20 min. (rare) to 30 min. (well done) on each side. Turn the meat once, and baste once with marinade while second side cooks. To serve, remove rib and blade bones; slice diagonally. Serve with the remaining marinade, heated.



Del Monte Tomato Sauce

TORRANCE HERALD THURSDAY, AUGUST 1, 1963

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New Kick-Me Toy Available

A nutty new creature has lands on his feet, grinning and appeared on the kick-me toy ready for more.

appeared on the kick-me toy ready for more, scene. 'Norbit, being offered by Nesbit Fruit Products, Inc., is a funny little guy that beach ball; and quite a num-stands 14 inches high and when inflated is 27 inches arguind.

around. 'Norbit can be kicked, bounced, thrown; and no mat-tion is available as suggested ter what, he almost always elsewhere on this page.

