

Don't Judge Food Savings Specials Only. . . The Truth of the Saving in The Total!

Save With Low, Low Everyday Shelf Prices Save With Lower 7-Day Specials

CARNATION
Chunk Tuna
6 1/2 ounce can
5 for 1.00

CONDENSED MILK
10c

Artichokes
each **10c**

quality, plump tender and heavy. Delicious served with chokes are cleaner than have been offered on the market our family with this special treat.

AVOCADOS 2 for 25c
GRAPES 2 lbs. 25c

housewares dept. specials!
Butter Dish Keeps butter at spreading consistency while in your refrigerator. 59c
Air Spray Regular or Soft Formula Regular \$1.09 14-oz. Can 88c

TREND DETERGENT 43c
SWEETHEART SOAP 43c

Mary Morgan

Lucky-Hiram's Own Home Economist

Chicken on the Patio, Chicken on the Grill, or Chicken ANYWHERE — but what Chicken! Try our Chicken Hawaiian, and plan on having a smidgen left! Clean and cut up a large fryer. Remove the seeds from 3 green peppers, then wash and cut into 1 inch squares. Cook quickly in boiling salted water for just 10 minutes. Drain well. Now beat together to make a smooth paste, 2 eggs, 3 tablespoons flour, 1 teaspoon salt and 1/4 teaspoon pepper. Dip the pieces of chicken into the batter and coat well, but do not leave on any excess. Heat 1/2 cup salad oil in a large skillet, add the coated chicken pieces and fry slowly until lightly brown, about 7 minutes. Drain off the excess fat and add 1/2 cup chicken bouillon, the cut green peppers and 1 cup canned pineapple chunks. Simmer, but do not boil, for 10 minutes. Now make a sauce by cooking together 2 1/2 tablespoons cornstarch, 2 1/2 tablespoons soy sauce, 1/2 cup sugar, 1/2 cup salad vinegar, and another 1/2 cup chicken bouillon. Stir constantly, cooking until clear, about 2 minutes. Pour this sauce over the chicken mixture, simmer another 5 minutes, then serve at once over fluffy steamed long-grain rice. Sprinkle over all 1/2 cup slivered blanched almonds. Ring the edges of the platter with crisp fried Chinese noodles. Serve with a mixed green salad and Hot French bread. Makes 5 portions.

USDA Grade A - Golden Cornish-Cross
Fresh Fryers
See Mary Morgan's Chicken Hawaiian Recipe.
27c lb
Whole body

Delicious with Ocean Spray CRANBERRY SAUCE

- CUP UP or SPLIT FRYERS** 33c
USDA Inspected Frying Chicken.
- FRYER LEGS & THIGHS** 49c
Frying Chicken (Pelvis Attached)
- FRYER BREAST** (Ribs Attached) 55c
Frying chicken makes a scrumptious meal.
- FRYER WINGS** 23c
Plump, Tempting and Tender Frying Chicken.
- FRYER NECKS & BACKS** 12c
Frying Chicken (5-lb. Bag 49c)

SIRLOIN STEAK LUCKY BONDED OR USDA CHOICE 89c
Tender, juicy and deliciously good.

T-BONE STEAK LUCKY BONDED OR USDA CHOICE 98c
Select yours today at this low price!

- BONELESS TOP SIRLOIN** 1.49
LUCKY BONDED OR USDA CHOICE.
- NEW YORK CUT STEAK** 1.69
LUCKY BONDED OR USDA CHOICE.
- E-Z CUT CUBE STEAK** 98c
LUCKY BONDED OR USDA CHOICE.
- YOUNG DUCKS-OVEN READY** 47c
Plump and tender.
- FARMER JOHN BONELESS HAM** 79c
All tender meat . . . no waste.
- CENTER CUT HAM SLICES** 98c
Cut thick or thin.
- RATH SLICED BACON** BLACK HAWK 57c

delicatessen dept. specials!

- RATH ALL MEAT FRANKS** 53c
- RATH SMOKED SAUSAGE** 10-oz. Pkg. 49c
- RATH COOKED HAM** 5-oz. Pkg. 55c
- ROD'S DRESSINGS** 8-oz. Jar 37c

beverage dept. special!

BEER GOLDEN CROWN Case of 24—12-oz. Cans 2.99



Lucky Hiram's STORES HOME CENTERS

- REDONDO BEACH
- WEST LOS ANGELES
- LOMITA
- LENNOX
- TORRANCE
- HERMOSA BEACH
- PENNINSULA SHOPPING CENTER
- INGLEWOOD

Mrs. Velguth To Speak on Soul's Power

Nebraska Pastor at Hope EUE

How spiritual understanding of God restores health and harmony will be the topic of a lecture on Christian Science to be given in Redondo Beach Sunday by Gertrude E. Velguth of Flint, Michigan.

Open to the public without charge, the lecture will be sponsored by members of the First Church of Christ, Scientist, Redondo Beach. Mrs. Velguth will speak in the church edifice, 517 S. Broadway, at 8 o'clock. Her subject will be "Christian Science: Soul's Restorative Power Revealed."

Mrs. Velguth is on extensive tour as a member of the Christian Science board of lecturership.

A native of Gary, Ind., she graduated from the Conservatory of Music at Eastern Michigan College and later studied at Michigan State University and at the Flint Institute of Arts.

In 1945 she resigned her position as chairman of the arts department of Northern High School in Flint to devote her full time to the public practice of Christian Science healing.

Hope Evangelical United Brethren Church at 3343 W. Artesia will be presenting Dr. Ivan E. Olsen of North Platte, Neb., in a series of prophetic lectures beginning Sunday and ending March 10, at 7:30 p.m.

Dr. Olsen has been pastor of the Berean Fundamental Church of North Platte for 26 years and recently toured the Holy Land, filming many of the places important to the Christian world, many of which will be incorporated into the nightly services.

Nursery care will be provided. The Rev. Monrad Bergesen is pastor at Hope Church.

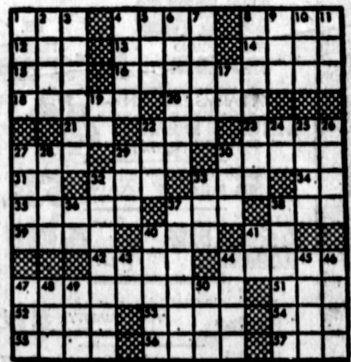
My Neighbors



Sunday is the golden clasp that binds together the volume of the week.—Henry W. Longfellow.

CROSSWORD PUZZLE

- ACROSS
- Skill
 - Clayey earth
 - Foot
 - Unit of Portuguese currency
 - Appellation of Athens
 - Singing voice
 - Organ of hearing
 - Moderate
 - Freshet
 - Small island
 - Note of scale
 - Employ
 - Wast
 - Confederate general
 - Beast of burden
 - Look fixedly
 - Consumption
 - Be in debt
 - Things, in law
 - Exista
 - Aphorism
 - Carpenter's tool
 - Writing fluid
 - Prayer, bald
 - Harvest
 - Indefinite article
 - Little helmet
 - Change
 - Broken to bits
 - Silkworm
 - Slipped
 - Summit
 - Free of
 - Imitated
 - Without
 - Stagnant
- DOWN
- War god
 - Angry outburst
 - Partner
 - Beverage
 - Negligent
 - Let go by
 - Father and mother
 - Guide's high note
 - Unit of Siamese currency
 - Pedal digit
 - Spanish article
 - Preposition
 - Employ
 - Babylonian deity
 - Ireland
 - Article of furniture
 - Falls behind
 - Slave
 - Reverence
 - Stitch
 - Left cut
 - Ethiopian title
 - Hindu calculation
 - Medical
 - Burial
 - Musical drama
 - Man's nickname
 - Old Testament (abbr.)
 - Arabian escort
 - Great Lake
 - Be borne
 - Music: as written
 - Jump
 - Exist
 - Period of time



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