

CROSSWORD PUZZLE

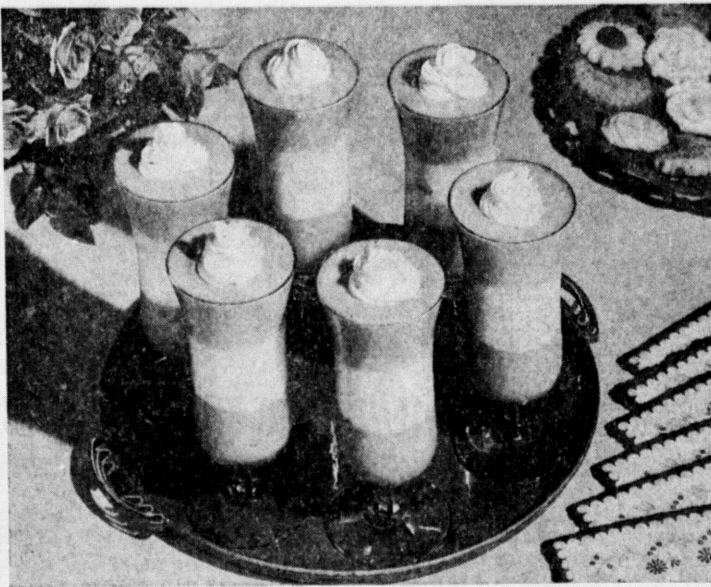
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MARY WISE Menu Planners and Shopping Suggestions

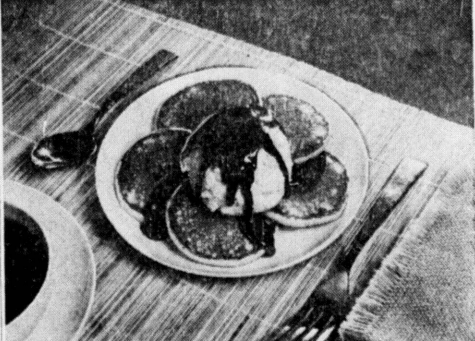


THIS LOVELY, LIGHT and airy Pineapple Rainbow Delight with its high milk quotient and whipped cream swirl make it an ideal dessert for the school-agers soon in fall routine.

Grapes Add Crispness

Rich in appearance and most nutritious, Gold-and-Garnet Salad combines and chills Tokay grape halves, shredded carrots, sliced green pepper, grated lemon rind, brown sugar and sour cream for a flavorful dinner-opener.

**GOLD-AND-GARNET SALAD**  
2 cups Tokay grapes  
2 cups shredded carrots  
1 cup thinly-sliced green pepper  
1 teaspoon grated lemon rind  
2 tablespoons brown sugar, packed  
1/2 teaspoon salt  
1/2 cup dairy sour cream  
Crisp salad greens  
Halve and seed grapes. Combine with all remaining ingredients except greens. Chill. To serve, line serving bowl with salad greens and spoon salad into center.



SERVE SUNDAES ON FRIDAY!

**MAKE BANANA PANCAKE** Sundaes this way. Combine in large bowl 1 slightly beaten egg, 3/4 cup milk, 1 tablespoon melted margarine or oil and 3/4 cup mashed bananas. Add 1 tablespoon sugar and 1 cup pancake mix. Beat until almost smooth. Use 1 tablespoon for each pancake. Serve warm topped with vanilla ice cream, chocolate syrup and nuts.

County Urges Gas Tax Be Used for Highways

County supervisors have given unanimous approval to a motion that gas tax funds be used only for highway construction and maintenance. The possibility of using a small portion of the county's gas tax allotment to finance the construction of a monorail system of rapid transit was suggested by Supervisor Kenneth Hahn.

POINTING OUT that that was "an emergency measure" to help relieve crowded freeways, Hahn withdrew the proposal when private enterprise offered to finance a monorail between Los Angeles International Airport and the Civic Center. "Since it has now been shown decisively that private capital and private initiative

Caroldale Principal Assigned

Mrs. Elizabeth Mary Dragovich, who has been a teacher and administrator in the Los Angeles City schools for 17 years, has assumed her new assignment as principal of Caroldale Avenue Elementary School, 22424 Caroldale Ave., Torrance. Mrs. Dragovich, whose appointment was made by Robert J. Purdy, associate superintendent in charge of Los Angeles' elementary schools, has been a vice principal in the system for the past three years. During these assignments she served at Van Deene Avenue, Gulf Avenue and 116th Street schools. During her assignments as a classroom teacher, Mrs. Dragovich worked at Leland Street, Vermont Avenue and Point Fermin schools. Born in Long Beach, she attended Long Beach City schools, graduated from Long Beach Polytechnic High School, received her bachelor's degree from Mt. St. Mary's College and her master's from the University of Southern California. She is active in the Association of American University Women and Delta Kappa Gamma.

Dairying Keeps Ahead of Demands

Milk production per cow in the state of California is continuing an upward trend. Future increases are on the drawing boards of members of The Dairy Council of California as population grows and new demands are made. The dairy industry meets consumer demands daily. There's no warehousing of milk's many fresh-daily products.

As dairy products are taken from the front of refrigerated cases in all food markets, new supplies are going into the back of the cabinets keeping them filled, the product refrigerated and always easily within reach of consumers. Early Hours Each morning at dawn or earlier, the "milk man" loads his wagon with dairy products straight off the assembly line that goes back to the cow's productivity of recent hours. Variety of daily-fresh products is truly amazing as we consider them: Fresh fluid milk, whole, skimmed and flavored milk drink, butter, whipping cream, all purpose cream. Half and half, buttermilk, dairy sour cream, yogurt, cream cheese, cottage cheese, ice cream, ice milk, imitation ice cream and imitation ice milk, a variety of sherbets, and the new "2-10" or 2% milk.

20 Percent Approximately 20 percent of the consumer dollar is spent for these products and for their longer-keeping close relatives, 200 kinds of cheeses, canned evaporated milk, and packaged nonfat dry milk and condensed milk. Constant diligence in every phase of production and distribution of dairy products is the daily challenge of men in the industry. Back of these functions, there's the important goal of research to help dairy farmers maintain herds which will produce milk most efficiently. California dairy men excel in this area as revealed by a look at the record.

Pineapple Rainbow Delights 'Schoolers'

Celebrations of all kinds call for gay desserts and here is one especially designed for the "schoolers," now in fall routine. Of course, we are not mentioning the celebrants—could be the mothers! There may not be a pot of gold at the end of this Rainbow Delight, but there is a heap of good nutrition in its milk-made goodness. This pudding in its natural state is a pretty creamy yellow color. With just a dash of food coloring it can be changed to a tri-colored parfait. PINEAPPLE RAINBOW DELIGHT 5 1/2 cups milk 1/2 cup (8 tablespoons) flour 1 cup sugar 1/4 teaspoon salt 4 eggs, separated 1 tablespoon vanilla 2/3 cup drained crushed pineapple Scald milk over medium heat; do not boil. Mix flour, 1/2 cup sugar and the salt. Gradually stir in hot milk; cook over low flame until thick. Beat egg yolks. Add some of the hot mixture to yolks and then pour back into pan. Cook 3 to 5 minutes longer, stirring constantly. Cool. Add vanilla. Beat egg whites until almost stiff; gradually beat in remaining 1/2 cup sugar; continue beating until stiff. When cooked mixture is cold, fold in beaten egg whites and pineapple. FOR PARFAITS: Divide custard into thirds. Color 1/4 a delicate green; another a delicate pink; leave the third portion its own lovely yellow color. Fill parfait or other pretty glasses or dessert dishes alternating the three colors. Top with a swirl of whipped cream and garnish with maraschino cherry, or a sprig or two of mint.



Favorite varieties of figs are still available. Since the time of their abundance is short, plan to use them in a form which carries over into the winter months. SUNDRIED CANDIED FIGS 4 lbs. figs (white or Kadota) 1/4 cup baking soda 2 lbs. sugar 2 cups water Make syrup of sugar and water. Put figs in pan. Sprinkle soda over them and cover with boiling water. Let stand 10 minutes. Drain. Rinse figs in cold water and let stand 10 minutes. Drop figs in boiling syrup and cook 2 hours with cover on pan. Remove cover and cook another 30 minutes (total 2 1/2 hours). Let stand in syrup over night. Put figs on trays to dry. You may use cookie sheets with layers of cheesecloth under and over the figs. Use clothespins to fasten top layer of cheesecloth tightly. Turn every day on clean tray. Dry in sun for 4 or 5 days. Roll in sugar. Pack in bags or in cardboard boxes between waxed paper. They may mold if packed in airtight boxes. FIG JAM 3 1/2 cups figs, peeled and chopped 2 cups sugar 1 large orange 3 to 4 tsp. lemon juice Use either light or dark figs. Use larger amount of lemon juice with dark figs. Peel and chop figs. Add sugar. Cut orange rind very fine. Measure to have about 1/2 cup. Cook rind in small amount of water until tender. Chop pulp. Add orange rind and pulp to figs. Cook slowly until thick, about 1/2 hour, stirring frequently. Add lemon juice. Ladle hot, into hot sterilized jars.

ORANGE CRISPS 2 cups sifted flour 1/2 tsp. baking powder 1/4 tsp. soda 1/2 tsp. salt 1/2 cup margarine 1 cup sugar 1 egg 2 tsp. shredded lemon rind 2 tsp. shredded orange rind 3 tbs. orange juice Sift together flour, baking powder, soda and salt. Cream together shortening and sugar until light and fluffy. Add egg and beat well. Add shredded rinds and orange juice. Add flour mixture to creamed mixture and mix thoroughly. Shape into rolls and wrap in waxed paper. Chill until firm. Slice 1/4-inch thick and bake at 375 for 12 to 15 minutes. Store in loosely-covered container. Makes 7 1/2 dozen cookies.

Drink Peach Froth to Beat the Heat Peach Froth is a refreshing beverage to be used before peaches leave us until another year. To prepare about 1 quart, cut 4 fresh peaches into quarters and remove pits. Place peach in blender or mash into sauce with fork. Add 2 1/2 cups cold milk and a dash of mace. A 1/2-minute beating in the blender swirls the peaches and milk into a delightful froth. Pour into chilled, frosted glasses; add a scoop of fresh peach or vanilla ice cream. Serve with an ice tea spoon and a pair of fancy straws.

Television To Cover Horse Show

The annual Horse Show to be staged this weekend by the Palos Verdes Peninsula Committee of the Children's Hospital will be televised Saturday afternoon from 2 until 4 p.m. on Channel 11, KTTV. Bill Welsh will be the commentator. Sponsor of the television show is R. A. Watt, president and developer of the Sun Ray Estates.

STAR GAZER\*\*

By CLAY R. FOLLAN

Your Daily Activity Guide According to the Stars. To develop message for Thursday, read words corresponding to numbers of your Zodiac birth sign.

ARIES	MAR. 21	1 Don't	31 Head	61 Sailing	SEPT. 23
Taurus	APR. 21	2 Some	32 A	62 With	OCT. 23
3 Dive	4 Personal	5 Matter	6 Argue	7 Likely	8 Handsome
9 Keep	10 A	11 Love	12 Reward	13 Guard	14 To
15 Inta	16 In	17 Promise	18 And	19 Follow	20 Friendship
21 An	22 Original	23 To	24 Against	25 Your	26 Or
27 Hold	28 In	29 Early	30 Intuition	31 Good	32 Adverse
33 Neutral					

LIBRA

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