DISCOUNT CENTER

LOWEST PRICES OFFERED ANYWHERE!

COMPARE!

VITAMIN

E 100 UNITS

100 \$225 Size 500 \$1000 Size

COD LIVER OIL Pr. \$ 1 29

CAPSULES CAPSULES 75€

> WHEAT GERM OIL Pt. \$395 \$770

VITAMIN A 25,000 UNITS

100 SIZE

500

SIZE

59° ⁵275

Calcium Lactate 100 45¢ 500 \$225 Size

VITAMIN C

BOTTLES OF 100 100 MG. 55¢

MG. 80¢ 1 35

BOTTLES OF 500

100 \$ 1 80 MG.

250 \$330 MG. \$330 500 \$575 MG. \$575

AND MANY OTHERS!

HOURS: 9:30 to 6 Sundays 10 to 4

FRESH MERCHANDISE All Potencies Guaranteed All Labeled in Accordance With F.D.A. Acts of 1906-1938

Blue Chip Stamps, too!

INGER'S

VITAMIN DISCOUNT CENTER

Manhattan Nutrition 2403 SEPULVEDA Manhattan Beach

FRontier 3-2390 Parking in Rear

Recreation Registration Continuina

Registration for all summer programs sponsored by the Torrance recreation depart-ment are being accepted dur-ing "Registration Open House" which will continue from 2 to 2 nm today and Friday and which will continue from 2 to 8 p.m. today and Friday and from 9 a.m. until noon on Saturday at the city plunge, Madrona and Torrance Boulevard.

Activities scheduled by the city for the summer include swimming classes for children

swimming classes for children and adults, swim bus service tickets, modern dance instruc-tion, the annual "Fun Through tion, the annual "Fun Through Music" program, youth drama workshop, arts and crafts classes, golf for youth and adults, tennis, creative arts workshops, and many others.

A schedule of all programs has been prepared and is available through the recreation department office in the city hall.

Two Torrance Men Take Top Speaking Nod

Torrance man James Barton had the unprecedented honor of winning both the table top-ics award and the first prize ics award and the first prize in the formal speaking portion of Southbay Toastmaster's club 280's regular Wednesday evening meeting. Dr. W. J. Labit of Walteria took home the second prize for the evening.

The meeting, held at the Redondo Beach Elks Club, was also noteworthy because of the special emphasis laid on the parliamentary procedure por-

special emphasis laid on the parliamentary procedure portion. Club president James McDonald, of Manhattan Beach was subjected to a rigorous test af his knowledge of how to conduct a meeting, and all the attending members, as well as the guests, learned something about how a parliamentary discussion is conducted.

Table topics, a regular part of the program, consisting of

Table topics, a regular part
of the program, consisting of
extemperaneous speeches by
the club members on various
subjects was especially lively
due to a series of salesmancustomer techniques that were
demonstrated. Everything from pills to penthouses were "sold" or "resisted" by the salesmen and customers of the evening.

Signals Play Important **Driving Role**

the roadways are stop lights, directional or arm signals, the horn, and the manner and po-sition in which your vehicle is

Torrance Man Heads Machine Accountants

Herbert B. Safford, 20803 Orchard St., has been elected president of the Los Angeles Chapter, National Machine Accountants Assn.

SALE!

Unredeemed Pledges
WATCHES • DIAMONDS
TOOLS • CAMERAS

TORRANCE



There's a World of Bargains Magic Chef!

HAVE A SNACK!

WILSON HOT DOGS BIG 7-OZ. COCA COLA 10c 5c

Eat your fill of delicious Wilson Hot Dogs & enjoy an ice cold Coke, at these old fashioned fun prices. Bring the kids tool

FRIDAY & SATURDAY ONLY 11A.M. TO 5P.M.

CAL FAME Regular or Pink

cans

WHOLE EGG

FOODS

quart

FRESH

f&P YEL

COUNTY FAIR ASSORTED

FROZEN FRUIT PIES

ASSORTED FLAVORS

CARNIVAL FT DRINKS 12-oz.

CHARKET

CHARCOAL BRIQUETS

ALL GRINDS

MAXWELL HOUSE pound

. can

HAMBURGER - HOT DOG - INDIA

HEINZ

RELISHES

11-oz. 25°

DASH DETER GENT

GOLDEN CREME

BROWN N' SERVE ROLLS

12-count 29c

VAN CAMP'S

PORK & BEANS

21/2 can 25c

WASHES CLEAN

(incl. 8c off)

CHRIS & PITTS Reg. or Hot

BARBEQUE SAUCE

12-oz. **5** bottles

KAISER is we SUNRIPE jumbe ripe

JUMBO CAMPFIRE mashmal

Marshi

FLAV R-

SOUTHERN STAR MILD CURE HAMS

lb. \$398

PAPER WRAP ORCHID NAPKINS 80 count 1 0

"Too many motorists are either ignoring or improperly using required driving signals," California Highway Patrol Commissioner Bradford M. Crittenden declared today. "The only means available for communicating with other drivers or pedestrians sharing the roadways are stop lights,

sition in which your vehicle is operated.

"Modern driving conditions demand that each motorist use appropriate signals to indicate an impending change in direction or deceleration, and such signal, to be effective, must be clear and easily understood," the Commissioner added.

"The law requires a continuous signal during the last 100 feet before turning left or right. Beyond this, however, it also forbids a change in direction upon a roadway until it may be accomplished with safety.

safety.
"Motorists who fail to use proper signals are not only subject to arrest, but are also contributing heavily to the frustrations of everyday driving," he concluded.

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LIGHT AND REFRESHING AND BREWED WITH THE FINEST MALTS AND HOPS.

ELDER BRAU



9 YEARS OLD **STRAIGHT** BOURBON

KRAFT DELUXE SLICED PROCESSED

CHEESE

GRAND TASTE Juicy & Tender WIENERS pound 45°

XLNT BRAND potato - macaroni - cole slaw SALADS

PULASKI **POLISH PICKLES**

32-oz. 39°



SWE