

FRYER FROM



Cornish Cross Fryers — Guaranteed the BEST Fryer You Can Buy!

CORNISH CROSS GRADE 'A' FRYERS

28 lb. **7 day price**

LUCKY BONDED AND USDA CHOICE BEEF

GROUND BEEF For delicious Salisbury Steaks, Burger, or Scrumptious Meat Loaf.	lb.	39¢	7 DAY PRICE
ROUND STEAK Serve so many popular ways . . . Lucky Bonded for tenderness.	lb.	89¢	7 DAY PRICE
SIRLOIN STEAK A royal cut that is welcomed by the "outdoor chef" . . . for real enjoyment.	lb.	98¢	7 DAY PRICE
T-BONE STEAK Just wait 'til you taste its delicious flavor . . . Its tempting tenderness, its juicy goodness.	lb.	\$1¹⁹	7 DAY PRICE
CHUCK ROAST Here is fine Beef aged to eating perfection . . . Blade Cut.	lb.	59¢	7 DAY PRICE
CROSS RIB ROAST Genuine Boneless . . . Solid with tender, lean, delicious meat.	lb.	79¢	7 DAY PRICE
PRIME RIB ROAST Here is real luxury eating at a down-to-earth price.	lb.	83¢	7 DAY PRICE
RUMP ROAST Special Cut . . . So extra tender, and extra flavorful.	lb.	83¢	7 DAY PRICE

LAMB SHOULDER ROAST Prepared your favorite way . . . It's tops in eating enjoyment.	lb.	39¢
RIB LAMB CHOPS Enjoy marvellous flavor and exquisite tenderness.	lb.	89¢
SHOULDER LAMB CHOPS Fresh cut from the finest choice milk-fed lamb.	lb.	59¢
SLICED BACON Swift's Premium There's "good morning" in every slice.	lb.	59¢

RIB STEAK Lean, fine-textured Beef that is delicately tender.	lb.	89¢
CHUCK STEAK Freshly cut . . . Discover how really good Chuck can be.	lb.	59¢
E-Z CUT CUBE STEAK Always tender . . . the first bite will convince you.	lb.	98¢
TOP SIRLOIN STEAK Boneless . . . A he-man favorite rich with flavor.	lb.	\$1.59

GROUND ROUND Bonded Round Steak . . . So tender and juicy.	lb.	79¢
GROUND CHUCK Prepared from selected chunks of lean Chuck.	lb.	65¢
SHORT RIBS OF BEEF Lean and meaty . . . Serve with tasty barbecue sauce.	lb.	35¢
RIB BOILING BEEF Braise and serve with your favorite vegetables.	lb.	12¢

Lucky Salad 24-oz. Jar	29¢	7 DAY PRICE
1-lb. Can	49¢	7 DAY PRICE
1-lb. Pkg.	65¢	7 DAY PRICE
1-lb. Pkg.	67¢	7 DAY PRICE

Manning's 7-Day Bakery Buys!	
CARAMEL APPLE ROLL Coffee Cake Butterhorn dough, Caramel Apple filling, Honey Apple topping.	49¢
7-INCH ONE-LAYER CAKE White or Devils Food, soft butter cream walnut or nut fudge icing.	83¢
7-Day Beverage Specials!	
LUCKY VODKA 80 Proof Fifth	\$2.99
PAR-T-PAK Canned Beverages Assorted flavors.	10-oz. Can 12 for \$1

7-Day Delicatessen Buys!	
BETTY CROCKER BISCUITS 3 8-oz. Cans	29¢
FUDGE BROWNIES Betty Crocker 19 1/2-oz. 2 for	87¢
CHOC. CHIP COOKIES Betty Crocker 15 1/2-oz. 2 for	79¢
JACK CHEESE Monterey Has its own distinctive flavor . . . Bulk Cuts.	lb. 59¢

Del Monte Golden Bantam 303 Can	6 FOR \$1	7 DAY PRICE
Del Monte Early Garden 303 Can	6 FOR \$1	7 DAY PRICE

MARGARINE Award	1-lb. Pkg.	35¢
PEANUT BUTTER Strained	4 1/2-oz. Jar 3 for	27¢
CONDENSED MILK Goldline	3-oz. Pkg. 3 for	25¢
LONG GRAIN RICE Mahatma	2-lb. Bag	35¢
SPICED TUNA Mother's	Quart Jar	99¢
DOG CABIN SYRUP	24-oz. Bottle	59¢
PEANUT BUTTER Peter Pan	18-oz. Jar	55¢
STRAWBERRY JAM Kern's	2-lb. Jar	59¢
HEERIOS	10 1/2-oz. Box	27¢
DEL MONTE DILL PICKLES	22-oz. Jar	39¢
POWDER ROOM TOILET TISSUE	2-roll Pk.	25¢
LEENEX Facial Tissue	400-ct. Box	25¢
URINA DOG CHOW	5-lb. Bag	69¢
INDEX Blue Mist	14-oz. Can	49¢
EROWAX For Floors	Quart Can	69¢

First of the season

CORN Large Ears Golden yellow plump kernels; sweet and tender . . . Serve hot buttered corn with your Fryer feast.	4 for	29¢
AVOCADOS Large Size Butter-smooth flavor . . . Blends with chicken or your favorite meat dish.	2 for	25¢
TOMATOES Medium size . . . snappy with flavor to liven up any meal.	2 lbs.	29¢
ASPARAGUS Extra fancy . . . all green . . . large size spears.	lb.	19¢
WATERMELON Red-ripe sweet . . . Guaranteed! Sold in quarters, halves, or whole.	lb.	9¢

ALL Prices Effective 7-Full Days!

THURSDAY, APRIL 12th, THRU WEDNESDAY, APRIL 18th
Sales Tax added to all taxable items.

REDONDO BEACH Pacific Coast Hwy. - S. Redondo	TORRANCE Crenshaw & Torrance	LOMITA Western at Lomita	LENNOX Foothill & Lennox
HERMOSA BEACH Pacific Coast Hwy. - Gould Road	WEST TORRANCE Sepulveda Blvd. at Hawthorne	PENINSULA SHOPPING CENTER Hawthorne at Silver Spur - Rolling Hills	INGLEWOOD La Brea & Hardy

WISHBONE FRENCH DRESSING 8-oz. Bottle 35¢	DOWNYFLAKE WAFFLES 8-Ct. Pkg. 2 for 35¢	CUT-RITE WAX PAPER 125-ft. Roll 25¢	HANDY ANDY CLEANER Quart Bottle 73¢	LUX LIQUID 22-oz. Bottle 65¢	ALL LIQUID Quart Bottle 69¢
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MISS EL CAMINO . . . Pert Sandy Ernst, selected to wear the crown as "Miss El Camino," displays a trophy, a bouquet, and a charm which won her distinction in campus judging this week. The 19-year-old sophomore is a business administration major.

Torrance Coed New 'Miss El Camino'

Sandra Ernst, 19-year-old business administration major, will serve for the remainder of the semester as Miss El Camino College following her selection in a special campus rally.

Chosen from a field of 10 candidates, Miss Ernst was presented a bouquet of red roses by President Stuart E. Marsee of El Camino College. A trophy was given the graduate of North High by Peter Spilos, vice president of the South Bay Bowling Center.

The contest for selection of a Miss El Camino was spearheaded by the staff of the Warrior, college yearbook. Contestants were sponsored by campus organizations. Tri Phi, campus service organization for women, was the sponsor of the winning candidate.

JUDGING the event were Doris Kaler, promotional representation for Playboy magazine; Wayne Smith, station manager of KAPP-FM radio; Spilos; Hanson Williams Jr. of Hanson's Photography Studio in Hermosa Beach and portrait photographer for the 1962 yearbook; and Dick Woodard, president of "Miss Pat of California" fashions.

Chairman of Judges was James Sakelari, president, Miss Campus Queen USA Pageant, Inc.

COORDINATING the program with Sakelari were Gary Leach, advertising manager and co-sales manager of the 1962 Warrior, and Joe Bonanno, co-sales manager of the Warrior and advertising manager of the Warwhoop, campus newspaper.

Miss Ernst, who resides at 17304 Arlington, plans to continue her education at San Diego State College on completion of her work at El Camino College. She served as a song queen during the past year.

Sanitary Conditions Can Affect Intestines

By DR. K. H. SUTHERLAND
County Health Officer

Amebiasis is an infection of the intestines which is not as common in this country as it is in certain other parts of the world where the weather is hotter and sanitary conditions are poor.

Nonetheless, some 59 cases of this disease have been reported in Los Angeles County thus far in 1962 as against 22 in the same period last year, and chances are that this represents only a fraction of the cases that have actually occurred.

THE CAUSE of the disorder is the infestation of the human intestine by a microscopically small parasite which has the technical name of Entamoeba histolytica. These parasites are transmitted by means of polluted water and food, and by amebic carriers — persons who may appear perfectly healthy but who nevertheless harbor the amebae in their intestinal walls.

Although there are no available statistics on the actual occurrence of amebiasis, public health officials estimate that the infection is probably carried by 5 to 10 per cent of the American people. However, it is also stated that the distribution of these cases is heavier in some areas of the country than in others, ranging from about 20 to 30 per cent to only 1 or 2 per cent.

IN MILD CASES, the symptoms are not unlike those that appear in other diseases. Headache, flatulence, nausea, or abdominal tenderness are not unusual, while loss of weight, sallow skin, and bowel irregularity may be noted. Spontaneous cure may seem to occur, but the disease tends to recur intermittently for years. No worse, perhaps, but persistent.

The more severe form of the infection is often, but not always, accompanied by chills, fever, cramps, and diarrhea. This acute illness may also subside without medical assistance but is likely to be followed by repeated attacks.

IN EITHER the acute or chronic forms of the infection, the amebae may sooner or later be carried to the liver and cause amebic hepatitis or a liver abscess. Or the amebae may reach the lungs and other organs of the body and produce lesions.

Diagnosis is not difficult. Laboratory tests can be made to determine whether or not amebae or amebic cysts are present in the intestinal tract. These tests also differentiate the infection from other intestinal disorders, such as acute bacillary dysentery (shigellosis).

There are a number of drugs that have been used in the treatment of amebiasis with some success. Understandably, the infection is much less difficult to treat when it is limited to the intestinal tract.

PREVENTION of the infection includes good public sanitation — such as exists in this area, personal cleanliness, and identification and supervision of amebic carriers. The latter measure is particularly important when the preparation or handling of food to be consumed by other individuals is involved.

Since amebiasis may develop into an incapacitating illness, the services of a qualified physician should be obtained whenever the condition is suspected.

A pamphlet giving additional information on amebiasis will be mailed to anyone who sends a card of request to the Division of Health Education, Los Angeles County Health Department, 241 N. Figueroa St., Los Angeles 12.

Special Exemptions Take Special Forms
Special requirements must be met if a taxpayer is to claim exemptions for dependents other than his children on his 1961 Federal income tax return, Donald A. Thulin of the local Internal Revenue office explained today.

If you have any other questions about your Federal tax return, telephone your local Internal Revenue office, TE 3-5261.