ponse to an ostensione gain; the growth of supermarkets (which allow consumers ing.

Because there are few moving parts, since most shopping is gerts, the company says, since most shopping is service life of the Sure Cold equipment should be 10 years of multiple-merchandised equipment should be 10 years or more.

THINGS TO COME — A low-cost home and farm fire detection system has been developed; the system uses sensitive heat detectors in each room and a central panel that

**Elect VERNON** 

CITY CLERK



gains, since most shopping is one in just one story); the service life of the Sure Cold tection system has been dequipment should be 10 years or more.

Solher products; and the ease with which new products can be introduced by attaching them to standard, fast-moving wares at reduced prices.

PLAYING IT COOL — Simplicity is the strength of a new method of truck refrigeration

(Political Advertisement)

Solution of a blaze, according to the manufacturer of the Air fighter, the F-105D.

(Political Advertisement)

cost home and tarm life detection system has been developed; the system uses sensitive heat detectors in each room and a central panel that lights up to identify the exact location of a blaze, according to the manufacturer of a new pushbutton cold remedy for children is on the market; the product reportedly looks and tastes like fruit jelly ... fightly advertisement)

placement market; the maker says the fenders can with-stand more impact than steel and are easily repaired with a patch kit.

STRATEGIC strike - out The recent government inquiry into the stockpiling of strategic into the stockpiling of strategic materials has led several metal producers to diversify produc-tion. Magnesium, for example, is now being used in the man-ufacturer of baseball bats, lug-gage, typewriter chassis, lad-ders, and vacuum cleaners. Titanium, a nother strategic metal, is finding its way into chemical equipment, and nick-el is now being used in ma-chine tools, fire extinguishers and batteries. The metal pro-ducers are expected to continducers are expected to contin-ue to strike out for new mar-

BITS O' BUSINESS - Color television sets presently num-ber about 970,000, up from an estimated 400,000 a year ago. a recent industry report noted

. Personal inco an annual rate of \$433 billion last month, the highest in his-tory according to a Commerce Department release.

Army Staff Sergeant Charles H. Talbott, 32, whose wife, Rosa, lives at 1939 Pacific Coast Hwy., Lomita, recently was assigned to the 44th Artillery in Korea.

Sergeant Talbott, missile section chief in the artillery's Battery B, entered the Army in 1948.

His parents, Mr. and Mrs William E. Talbott, live in Ox

Everyone interested in good health should begin the day with breakfast. No matter how simple the meal, give thought to good nutrition.

A ready-to-eat cereal, combined with fruit, sweetened with honey, moistened with whole milk is a breakfast you can assemble in minutes, yet it gives you a good start—healthwise.

Other Suggestions

Quick pick-up is found in Honey Egg Nog. Add 1 teaspoonful, or more, of honey and a few grains of salt to egg. Beat well to mix. Pour in 1 cup milk, stirring well. Sprinkle top with nutmeg, if desired. Serve chilled.

Nothing takes the place of paleae a scoop of chocolate ice cream on individual descriptions. Mothing takes the place of piping hot biscuits right out of the oven. Served either plain or fancy, they are tops with the crowd when you have Honey Buttor or Honey Margarine on to table.

You will find the Honey Butter in the same store refrigerator as your dairy products. Honey Margarine is available right beside regular honey products. Place a scoop of chocolate ice cream on individual deslar honey products. Kinslows Both come plain or cinna-mon-flavored. And More
Honeyed pears are delicious
when combined with 1 cup
crushed pineapple. Cook WHEAT NUTS AL YOUR GROCIES matime HEED THE CALL TO TOP-FLIGHT HEALTH HONEY... Nature's perfect sweet is a speedy pep-builder. Honey rates high on many athletic training tables. It's a quick and easy source of energy. Only HONEY has all the vitamins and minerals needed for its own perfect digestion. HONEY aids the digestion of other foods. HONEY helps in the retention of calcium in the body.

Nature's superchanger, HONEY enters the blood stream quickly. It goes right to work . . no stress . . no strain . . just natural pep. Energy to win is the aim of every athlete. TRY HONEY. It takes you to the top. Add one heaspoonful of Honey to each glass of milk—nonfat or regular . . . GO MAN GO.

Your health is wealth. Wise folks score home runs with Honey. Try Honey and chopped saited peanuts on crackers or toast. QUICK ENERGY . . . good protein . . . tasty snacks.

You can have "The Best from the West" NEW Honey Cookbook for only 35 cents each (postage free). Fill out coupon below with 35 cents each, in coin to:

CALIFORNIA HONEY ADVISORY BOARD 31658 Coast Highway —:— South Laguna, Cali

EVERYONE INTERESTED in good health should be-

gin the day with breakfast. One that can be assembled in instants is this dish-in-one of cereal, fruit, honey and whole milk. Join forces with all Americans for better physical

Honey is Key That

This is what they say about honey and physical fitness: Honey is the one sweet that adds to our daily intake of vitamins and min-erals; Honey supports no bacteria—it will not spoil.

Honey needs no digestive action and is good for all ages.

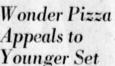
Good Breakfast



ALBERT ISEN

"I am quite well aware that anyone who enters the political arena subjects himself at time to the most smears, mud-slinging and vituperation. But if for this reason experienced and qualified people refuse to run for office, they will leave the positions in the public service to the maneuverings of petty men; second-raters, whose primary interest is personal gain, self-aggrandisement and power to destroy."

albert Isen



MARY WISE MENU Planners and shopping suggestions

Just where or when English muffins were first baked is a juestion which has never been inswered. It's not even cer ain they originated in Eng

There is no doubt, however

There is no doubt, however, that American enthusiasm for this baked delicacy grows by leaps and bounds.

One reason for this has been the introduction of fork-split muffins by the Wonder bakeries in various sections of the country. English muffins cut in the conventional way lose much of their appeal.

Wonder fork-split muffine

Opens Door to Health All over the nation the call pears in honey syrup until has been sounded by the slightly glazed and tender, President of the United States add 1 cup crushed pineapple.

Allow pears to mellow in promoting better health and physical fitness.

The California Honey Advisory Board is rising to this call by the offering of suggestions of the use of honey as an answer to better health.

This is what they say

This is Natural
Stir up a package of golden corn mutfin mix. Spoon
into well-greased maffin
pans. Drizzle honey from
the plastic squeeze bettle on
top of mutfin batter. Bake
and serve for breakfast or
salad lunch.

IF YOU RATE AMONG the young in heart you are no doubt serving some type of pizzas for a snack. New on the market to make this service easier are the Wonder Fork Split English Muffins. Spread the halves with a tomato paste, sprinkle with oregano and cheese, garnish to your heart's content and place them under the broiler until bubbly.

ventional way lose much of their appeal.

Wonder fork split muffins (made with all-butter shortening) insure the rough-tear texture which has always been the muffins' chief charm.

Another reason for increased popularity of English muffins is the realization of their versatility. To be sure, a majority of the muffins are still toasted for breakfast in the conventional way but many new ways have sprung up around the country.

Young in Heart
English muffin pizzas (called pizzettes sometimes) are popular with the younger set.

The muffins are toasted in a der the broiler, spread with butter, covered with tomato paste or any good spaghetti sauce, sprinkled with parmesan and allowed to swim in the rich broth while the whole plate is given a few seconds under the broiler. You will not find this new muffin in either the frozen food or refrigerated cabinets.

For added goodness, garnish with anchovies, olives mush, with anchovies olives mush. To make honey syrup:

this Combine ½ cup honey with sugy the condition of the condition o



WILLIAMS' TASTE-RITE FLAVOR" **CORNED BEEF** 

## **DELICIOUS NEW**

## **WONDER ENGLISH MUFFINS**



these marvelous ways you can use WONDER **ENGLISH** MUFFINS!

\*Complete recipes

1CK NO. 1"



WONDER SNACK NO. 2º



Sprinkle brown sugar and ground cinuntil brown. Cover with chopped

You'll never get enough of these mouth-watering Wonder English Muffins . . . once you taste them. They come to you ready for toasting. But that's not all. Wonder English Muffins are fork-split by a special device. a special device . . . to toast beautifully—so perfectly browned. Try this new breakfast

treat ... that can be used many ways for delicious meals. Ideal for Eggs à la Wonder Muffins and spreads. So be sure you ask for Wonder English

WONDER.

ENGLISH MUFFINS

Muffins ... because only Wonder cares enough about flavor to bake Eng-lish Muffins the more costly way . . . with pure creamery butter!

GET THEM FRESH IN THE BAKED-GOODS DEPARTMENT OF YOUR FAVORITE STORE



I am pleased to recomend the election of my

good friend, Ken Miller to the Council. He has integrity, ability and would be a responsible

George Vico

Councilman,

City of Torrance

servant for all of Torrance.

Mayor of Torrance