Orange Coast Hosts EC In Practice Golf Match

Whipping rugged Pasadena City College 37-17 in their last encounter, El Camino College golfers will meet host Orange Coast College tomorrow on the Mesa Verde course at 1 p.m.

Steve Hallberg shot a 76 for El Camino, but lost low medalist honors to Pasadena's Pete Hayek, who toured the Brookside Park course with a 75.

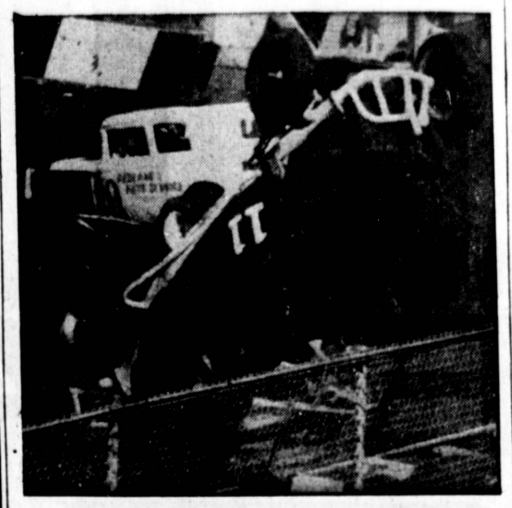
Results of the match follow:
Steve Hallberg (EC) def. by Hayek 2-4
Spencer Beard (EC) def. Marcey, 6-0
Dave Scott (EC) def. Taylor, 4-2
Dennis Drury (EC) def. by Sadary, 2-3
Dan Titus (EC) def. by Garbutt, 2-4
Larry Sprengel (EC) def. Moore, 6-0.

For the Warriors, Beard shot a 79, Scott an 81, Drury an 86, Titus an 83, and Sprengel contributed an 81 to the cause.

Colt Loop Sets Last Trial Day

Final registration and tryouts of 15 and 16-year-old boys in the Tordena Colt League will be held at North Torrance High on Saturday at 9 a.m. Players from last year must re-register.

No general meeting will be held on Monday due to the player auction held at that time.



UP AND OVER . . . Toppling over after battering into the car in the background goes a CJA stock car. More of the same type of action will be seen Sunday at Western Speedway when one of the largest fields ever entered takes to the oval in a doubleheader Super-modified and Stock Car program.

The Fearless Spectator

By Charles McCabe, Esquire

I wither to think of the collective shudder that must go through the actuarial departments of the great national life insurance companies when another of the kinetic Kennedys pronounces himself, or herself, in favor of the vigorous life for all.

The actuaries, unlike football coaches and suchlike worthy biceps nuts, have a vested interest in keeping people alive. They lose money when people die.

The idea has gotten through to the insurance people, as it has to a good many sensible doctors, that when Bobby tags Peter at touch football, or Teddy beats back mountainous waves with Jean, or Eunice and Sarge race a couple of miles along the beach — well, maybe more harm than good is being done.

This reverence for exercise is one of our national lunacies. It wins votes and kills people — especially people over 40.

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The Kennedys will doubtless keep pressing the virtues of the impossibly strenuous life, even knowing the President's back injury dates originally from a football accident.

That's the kind of people they are. And the man who made them this way is the clan patriarch, Joe Kennedy, who recently collapsed on a golf course. After presenting the hard face of vigorous manhood at age 73.

I believe exercise is necessary only when it is unavoidable. That is, when you are a kid. Then, NOTHING can stop you from wild exertions, if you are normal. Nor could any exhortation cause you to take them up. It's just natural, a part of growing.

A man after my own heart is Dr. Peter J. Steincrohn, a Connecticut physician of standing who has waged a crusade against "American addiction to the cult of the strenuous." Some of his apothegms:

"Exercise all you want up to 30; slow up at 35; don't lift a finger unnecessarily after 40."

"Calisthenics is an affliction. The word sounds like a disease, and it is. I have yet to observe a joyful countenance atop the spinal column that is twisting, turning, and bending."

"Don't run if you can walk. Do not over-exercise unless someone points a gun at you . . . Exercise is outdated — like mustache cups, blacksmiths or barber-surgeons."

"We can dismiss all exercise with a wave of the hand. The only exceptions to this all-inclusive gesture are daily walks and the purposeful bodily movements associated with hobbies, such as gardening and others."

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The doc is no fanatic. He has played baseball and college football, boxed and played tennis and ridden horses. Yet he notes that a survey showed the interesting fact that Phi Beta Kappas live longer than most students. Another survey revealed that one third of all gym students at a large university were constipated.

"You need all the energy you have," he says, "to prepare you for the rigors of 'just living' in the manner most of us do in the 20th Century. Don't waste it. Hoard it. Be lazy (to a degree)."

He notes that the Chinese have more ancestors around than anybody, and few national sports. "Whenever a Chinese has an urge for exercise, he might give in to this grosser side of his nature by flying a kite."

And he approves the well-honed observation of the late Chauncey Depew:

"I get my exercise acting as pallbearer for my friends who exercise."

Rain Halts Practice Of Harbor Athletes

With most of the rained-out and postponed competition made up, Harbor College's spring sports teams this week are finishing up their practice seasons and approaching league competition in most sports.

First team to face league competition will be the gymnastics team which meets Santa Monica City College this afternoon in Santa Monica. The track team had a make-up meet with L.A. Trade Tech scheduled for Tuesday afternoon on the Harbor track before competing in the East Los Angeles Relays in the East Los Angeles stadium on Saturday, with league competion slated to get under way next week.

The Seahawk nine after four practice games last week, will play only three opponents this week. They are Santa Ana at Santa Ana, on Tuesday; Loyola at Loyola, on Wednesday; and Fullerton at Harbor, on Friday.

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THE NEW tennis team played its third match when it met East L. A. for the second time Wednesday at East L.A.

The gymnasts started off on a winning note when they defeated Pierce and L.A. Trade Tech in a triangular meet last Thursday. When they meet Santa Monica this afternoon, they will be meeting the team that came closest to them last year when they won the Metro championship.

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HARBOR, IN THE gymnastics meet, racked up 62 points to 56 for Trade-Tech and 26 for Pierce. Burden of the scoring rested on John Christensen who scored 27½ and Gerry Gibson, 24. Bruce Foat is still out with an injured wrist.

A triangular track meet with Trade Tech and Compton is being made up in parts. Last Tuesday, Harbor lost to Compton 35⅓ to 39⅔. This Tuesday they met the strong Trade-Tech team on the Harbor oval. Sprinters and field men did well in the Compton meet. Hugh Justice won the discus at 131-4¾ and took second in the shot which was won by Oldham at 44-11. Dave Germain won the pole-vault at 12-6 with Mits Yamashita second at 12-0. Moss and Piligian have looked good in sprints.

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AT THE Long Beach Relays Hugh Justice took a fourth in the discus at 127-3. Dave Germain and Tom Oldham took fifth in the pole vault and shot-put.

The pitchers and hitters are coming along strong for Coach Rhea's baseball team. In four games the Hawks lost to Cerritos 1-3 and Orange Coast 1-2. They walloped LACC 15-5 and then evened the score with Orange Coast by winning Friday's game 3-0.

Four Harbor pitchers have scored wins, Al Sayre-Smith, Myron VanWey, Marcial Monge, and Larry Tammi. Leon McFadden, although receiving no official wins has pitched 12 innings with no earned runs, has given up only three hits and has struck out 13.

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THE HITTING department saw John Jones go 4 for 7 and a .571 average followed by Jack Nichol (4-9, .444), Ron Ulman (9-22, .409), Gary Carr (3-8, .375), Al Sayre-Smith (7-19, .368), Dave Olson (8-24, .333), Alex Legaspi (8-24, .333), and C. Smith (5-15, .333).

Al Windfeldt, fifth highest scorer in the Metropolitan Conference, was named to the second All-Metro team in basketball last week while Charles Campbell was given an honorable mention.

DRAGS RETURN TO LIONS STRIP AFTER LAY-OFF

Drag racing resumes Saturday night at Lions Drag Strip in Long Beach. The strip closed last weekend, during the U. S. Fuel and Gas Championships held at Bakersfield.

Some 200 cars are expected to compete in the program which starts with time trials at 1:30 in the afternoon. Eliminations begin at 7:30 in the evening.

The Lions Club sponsored strip is located on 223rd Street near Alameda in the North Long Beach area.

The cost of crime to U.S. citizens is in excess of $56 million per day for a staggering total of more than $20 billion annually.

Jones Battles Foyt In Revenge Meeting

Parnelli Jones of Torrance, 1961 Indianapolis Speedway co-rookie of year, headed the early entrants today for the 40-lap USAC national championship midget car race Sunday afternoon, at Ascot Park.

Racing director J. C. Agajanian and USAC zone supervisor Joe Petrali predict an Indianapolis flavored field of more than 50 drivers.

Jones signed to drive the 98 Jr. Agajanian Willard Battery Special, the car in which he shot to a new Ascot 40-lap record of 15:37.37 last Dec. 31.

A. J. Foyt of Houston, Tex., Indianapolis champion and record holder, who held the former Ascot midget record of 15:42.43, is expected to be among Jones' top rivals. Foyt, of course, will be gunning his 110 Offy in a revenge effort to regain the record.

Along with the 40-lap main event, the program March 11 will include a 15-lap semi-main, four eight-lap heat races and opening three-lap trophy dash between the four fastest qualifiers.

First race is at 2:30 p.m., qualifying at 1 p.m.

Grass Marathon Finishes Season At Santa Anita

Santa Anita's traditional and spectacular closing day feature, the $100,000-added San Juan Capistrano 'Cap over the marathon distances of about 1¾ miles of the hillside-in-field turf course, will have one of its most notable Thoroughbred gatherings for its 23rd running on Saturday.

On hand with racing fans will be State Racing Commissioners who attended the National Association Convention here and directors of TRA remaining over after a regular meeting.

Physician, surprise winner of the Santa Anita Handicap, meets Oink, The Axe II, Hunter's Rock and a full field of top grass runners to provide an outstanding getaway day attraction of the winter racing season. Four-and-Twenty has been nominated as a possible starter with foreign representation in Notable II and Prenupcial.

The San Juan Capistrano always furnishes the spectators drama, thrills and excitement with its color, scenic setting and action. Last year's running saw Don't Alibi nose out Prince Blessed in one of the closes and most stirring races ever seen at Santa Anita.

Pins Awarded to Torrance Pair

Two Torrance residents will be honored by Tidewater Oil Co. at the company's annual Diamond Service Emblem Dinner Thursday evening at the Ambassador Hotel, Los Angeles.

F. S. Clark of 22224 S. Vermont Ave., will receive a service award pin for 30 years' service with the company. A 25-year pin will go to D. T. Berry, 23212 Western Ave.

Little League Sets Trial Date

Torrance National Little League tryouts for 11 and 12 year olds will be held at 9:30 a.m. Saturday at Reynolds Field. All major league players must register every year, Any 8-, 9-, and 10-year-old boys who have not registered or tried out may do so Saturday. Proof of birth is necessary.

Reynolds field is located on Oak Street between Carson and Jefferson. League boundaries are Madrona to Western, and Carson to 245th Street.

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