

# BEST BUYS FOR THE WEEK

### In Torrance Markets

Busy shoppers with Christ-mas on their minds are try-ing to stretch food budgets . . . and still give their families nourishing, interesting meals. Save pennies and time by choosing some economy cuts of meat for easy-to-re-heat dishes. Oxtails, for example, considered by many to be the best eating meat in beef, make wonderful stew

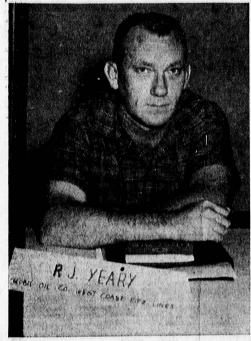
beef, make wonderful, or soup.

BRAISED OXTAILS

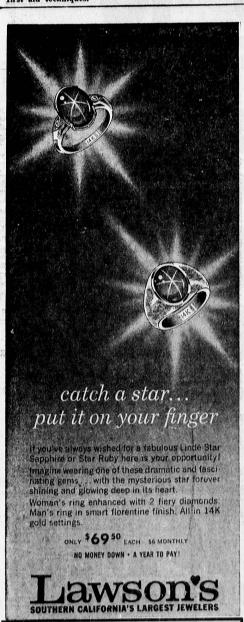
For 6 portions, use 1 oxtail (about 2 pounds), cut in 2-inch lengths, Roll in flour and brown in 2 tablespoons fat, Add 1 cup water, 1 onion

(chopped), and 1 cup toma-toes. Season with salt, pep-per, celery salt, 4 whole cloves and 1 bay leaf. Cover and simmer about 3 hours. or until tender. Add diced carrots and sliced mushrooms and cook ½ hour longer. Add one-third cup sherry or lemon juice the last 10

or lemon juice the last 10 minutes.
Keep in mind other variety meats, or sundries. Some of the quick-cooking ones are: brains, kidneys, liver, and sweetbreads. Other good-for-a-change meats, but those which take longer cooking, are: hearts, tongue, and tripe.



COMPLETES CLASS... One of some 46 business and industrial personnel who have just completed a Red Cross industrial first aid class is R. J. Yeary, fire and safety supervisor, Mobil Oil Co. Purpose of the 11-week training course is to give concentrated instruction in standard, advanced and instructors' first aid. Personnel who complete the course are expected to train fellow empolyes in first aid techniques.



NOW OPEN NIGHTS UNTIL CHRISTMAS 1301 SARTORI AVE.

**NOVEMBER 30, 1961** These are easy to reheat.

These are easy to reheat.

During December we can expect to have an abundance of beef... two to four percent more than last year's ample supply. Pork also will be in good supply, and lamb holding up to fill demands.

Of course we'll have turkeys, turkeys, turkeys, turkeys. We are promised about 14 percent more than we had a year.

cent more than we had a year ago. And there is a big supply of tender, meatry broilers fryer chickens

ON THE PRODUCE STANDS Fine quality selections in the "old standbys;" apples, avocados, bananas, grapes, grapefruit, oranges, lemons,

pears. Cabbage, carrots, cauliflow-

er, celery, corn, onions, potatoes, and squash. But just a little bit different . . . you will find a few melons in markets, cranberries, strauberries, the first of the navel oranges (small size at reasonable prices), Flemish Beauty pears. persimmons, tangermeeting of the Wesleyan Se

berries, the first of the navel oranges (small size at reasonable prices), Flemish Beauty pears, persimmons, tangerines, chestnuts, papayas, pineapples, and tangelos.

For a different vegetable check over the stands for: anise, artichokes, Brussels sprouts, chayotes, Chinese cabbage, okra, China peas.

And, that completely misunderstood "fruit" which is always listed with vegetables

always listed with vegetables . . . rhubarb.

THE TORRANCE HERALD

The Rev. Harlan Waite of All Nations Foundation in Los

a case of lentigo, you've got freckles.

EASY CREDIT

QUICK PLATE REPAIRS and RELINES

NEW AIR DRILL

## FAMILY DENTAL SERVICE

NO MONEY DOWN — 18 MONTHS TO PAY
Pensioners & Public Assistance Cases Welcome

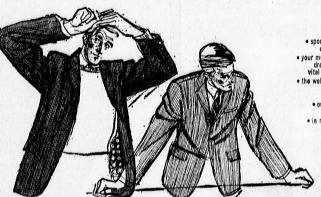
IMMEDIATE DENTURES PLATES X-RAY FILLINGS X-R
EXTRACTIONS WITH SLEEP BY ARRANGEMENT

DR. FREEMAN CREDIT DENTIST

SERVING THE ENTIRE SOUTH BAY AREA 4537 Redondo Beach Blvd. Lawndale DIRECTLY OPPOSITE SOUTH BAY CENTER

OPEN DAILY SATURDAYS and EVENINGS No Appointment Necestary PHONE:

370-2588



Sale of Men's **Corduroy Blazers** 

sportcoats of ineffably handsome mid-wale corduroy . . . jaunly, relaxed, versatile!
 your multi-purpose blazer, sir . . for sport or dress, for on the town or on the loaf . . . vital to the male wardrobe these good days.
 the well-defined corduroy is 100% cotton . . . it's lined in silky rayon . . and the buttons are brass blazers, of course our colors are antelope or olive . . . and our sizes are 36 thru 46
 in men's shops these sport \$19 price tags

sorry, no mail order



India Madras Cotton Shirts

for your casual mood . . . pick up a couple!

1.59 2 for \$3 neil orders

Men's

Slacks in

Muted

Plaids



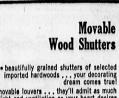
**Posture** Steno Chair

 are you sitting more now but enjoying it less?
 relax into this posture-perfect chair . . . designed for comfort, health, efficiency! comfort, health, efficiency!

adjustable height . . strong spring back (it swings with you) . . weil-padded seat and back . . easy roll casters

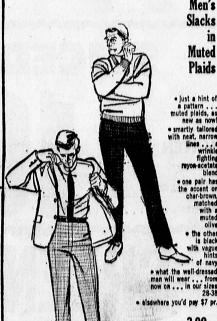
modern design . . with a leatherlike cover in light grey, light blue, beige, light green or charcoal green for home or office or campus . . . about \$25 in office equipment stores 13.99

sorry, no mail ere



paint them, stain them, leave them as is
 and install them with just a screwdriver.

· and all the shutter hardware, too sorry, no mail orders



what the well-dressed man will wear . . . from now on . . . in our sizes 28-38

3.99 pr.



Table Lighter

 outstanding . . . and they are wild!
 three distinctive shapes for you . . . in a cuor-keyed choice of nine hues. e choose ebony, polar e, ivy green, mustard, lavender, white, pink, orange • for a table, e desk, a friend, a gift!

99c



Neanthe Bella Palm

lovely tubbed or ted specimen . . . r in a dish garden or window box

69c

Cascading

Fiberglass Waterfalls

the beauty of nature . . . brought home to you!
 so soft and relaxing . . . a bubbling fountain which looks like rock . . and cool water cascades down its three tiers!
 about 2 feet long . . . no plumbing or attachments . . its electric recirculating pump (included) sends the water round and round, endlessiy!
 a craggy fiberglass addition to an indoor or outdoor scene . . just plug it in and watch it come alive!

Set of 6 **Brandy Snifters** 

crystal elegance . . . intoxicating color! a matching set of snifters . . . tinkling additions to your cabinet, bar, party! assorted colors . . . each in blue, green, violet, amethyst, orange, black

set of 6 1.99



Chinese Juniper

 a fast-spreading, easy-growing carpet of green! the pfitzer juniper
 ... finely-textured
leafage which stays
low to the ground

 an excellent cover for uneven terrain ...or as a bank, hedge or low screen • in gallon can

69c

19.99 • giant 36" waterfall 29.99 sorry, no mail order sorry, no mail order



West LOS ANGELES Sepulveda & National EX 1-5225

SOUTH BAY Torrance Hawthorne Blvd. & 180th St. 370-3535