GANT ALWAYS LOWER PRICES RE SPECIALS



MA PERKINS ESAUCE

303 CAN

STON'S FROZEN ASSORTED FLAVOR 9-INCH

XLNT
HACIENDA
HILADA COMBINATION
R MEXICAN STYLE

GLOBE A-I SALAD T OR LARGE ELBOW MACARONI RATH'S "BLACK HAWK" HICKORY-SMOKED, SUGAR-CURED PORK SHOULDER **MEDIUM** PRE-CARVED SMOKED PICNICS 39th

U.S.D.A. GOY'T GRADED "CHOICE" OR FOOD GIAN'T "BANQUET PERFECT"

BONELESS SWISS STEAK 69%

BONE IN BEST CENTER

U.S.D.A. GOV'T GRADED "CHOICE" OR FOOD GIAN'T "BANQUET PERFECT"

BONE-IN-ROAST OR BAR-B-Q READY



Garden Checklist

- 1. Gladiolus plantings should be let to dry off gradually after bloom, so continue watering them occasionally.
- 2. Protect bedding plants from the hot August sun
- for a few days after setting them out.

 3. August feeding is the surest way to have roses through fall.
- 4. Plant citrus, avocado, all evergreen fruits now while the weather is warm. Shade young citrus trunks from the sun.
- 5. Bait for snails. Frequent baiting is needed for complete control.

Hold Session

ing held recently at the Elks Club, Redondo Beach.

The Table Topics session under moderator Dr. Robert Seaman of Manhattan Beach admirably demonstrated the importance of starting a speech with a strong and pointed remark to immediately catch the listeners' attention.

The formal speech program was closely contested. First place honors were shared by Raymond Lewand, Torrance, who spoke on "So you lost your job," and Donald Payne, Torrance, who talked on "Do it yourself."

Formal speeches were also presented by James Riple, Redondo Beach; Frank Gibbs, Hollywood Riviera; and Leonard Gaines of Redondo Beach.
Robert Norland of El Segundo presented an education speech on "How to evaluate a spoaker."

Men interested in speecn

Toastmasters Harbor Bird Club to Meet

On Reactions

An Educational Table Topics session on audience reaction and a formal program of exceptionally fine speeches spotlighted the regular South Bay Toastmasters Club 280 meeting held recently at the Elks Club, Redondo Beach.

The Table Topics session under moderator Dr. Robert Sea.

, Hi-fi

Marinus

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