



RECEIVES ARMY HONORS . . . William M. Morod (center), Philco Corporation Technical Representative with the 47th Artillery Brigade, Fort MacArthur, accepts the Army's Certificate of Achievement for six years of service with the 47th as staff advisor and engineer with the Signal Section. Mrs. Morod views the proceedings conducted by Brig. Gen. John T. Honeycutt, commander of the 47th Brigade. (U.S. Army Photo)

Swimming Healthy Recreation if Common Rules of Safety Observed

County Health Officer
Swimming has always been a part of summer fun for both youngsters and adults. It also has the added advantage of being one of the most healthful forms of recreation in that it adapts itself easily to an individual's capacity for exercise. Now that swimming pools are in operation all over the County, there is no better time than the present for non-swimmers to learn a skill that will increase immeasurably the pleasure of vacation days. Learning this skill should go hand in hand with learning the facts of water safety.

LAST YEAR, in the United States, approximately 5200 deaths from drowning were recorded. Lack of knowledge concerning water safety and lack of swimming skill were the big factors in these tragedies. Not very long ago, as a matter of fact, the American Red Cross Water Safety Service stated that less than 7 per cent of bathing suit owners could swim skillfully enough to keep

Announce Dates For El Camino Entry Testing

Counseling, testing and registration appointments for those wishing to attend El Camino College, full-time, during the fall semester will be available at the college counseling office, from July 11 to September 2. Hours will be Monday through Thursday, 9 a.m. to 7 p.m.; Fridays, 9 a.m. to 4 p.m., from July 11 to Aug. 3. From Aug. 4 to Sept. 2, hours will be 9 a.m. to 4 p.m.

Those who plan to attend part-time during the fall will be able to pick up permits to register beginning July 18 in the registration office on campus. Hours will be 8 a.m. to 8 p.m., Monday through Thursday, 8 a.m. to 4 p.m., Fridays.

Placement tests, to be given in English, mathematics, chemistry and swimming, must be completed no less than five days before registration. Leo M. Christian, assistant director of registration, has announced. In addition, those wishing to complete a program leading to transfer to a four-year institution must take the College Ability Test prior to registration.

Continuing students who filed priority registration cards during the spring semester will be notified by mail of registration appointment time.

UCLA Honors THS Graduates

Four Torrance High School graduates recently were honored at UCLA, according to a letter received by school officials.

Vern Robinson, associate director of the UCLA office of relation with schools, reported that.

Jerry Rae Buchholz was elected to Phi Beta Kappa last spring, while Kathleen Anne Jones and Nathan Delynn Smith were named to the dean's honor list in the College of Applied Arts. Lee Newell Mortensen received honors with his bachelor of science degree.

from drowning if certain emergencies were to occur. That the rules of water safety are not widely known or widely practiced is self evident.

THE ABILITY to swim with skill gives the individual confidence, and the fear that so often paralyzes the inexperienced or non-swimmer in a crisis is less likely to occur. However, no matter how expertly a person may handle himself in the water, carelessness may result in a fatal accident. Commonsense safety precautions must be observed at all times.

For instance, never dive into unknown water, the depth of which is untested. Don't go swimming alone. Don't venture far out into rough water in a light boat, and never stand up in one if the water is at all deep. Don't swim immediately after a hearty meal. A sudden chilling upon contact with cold water may produce the "cramps" which are usually completely incapacitating.

ONLY AS A last resort should anyone, even a strong swimmer, swim out to help a drowning individual. The Red Cross points out that if a person is in danger, certain items such as a rope, a fishing pole, an oar, or even an article of clothing may be extended as a lifeline. If the victim is too far away for these to reach him, a log, tire or any other object that floats may be shoved out to act as a buoy while help is obtained.

To lower the number of drowning accidents, free courses in swimming and lifesaving are now being offered to persons of all ages in most parts of Los Angeles County.

INFORMATION concerning these opportunities may be obtained from local municipal pools, the Department of Parks and Recreation, or any chapter of the American Red Cross.

A pamphlet on water safety will be mailed to anyone who sends a card of request to the Los Angeles County Health Department, Division of Public Health Education, 241 N. Figueroa St., Los Angeles 12.



DR. JOHN BOURNE
Riviera chief

Dr. John Bourne Named to Head Hospital Staff

The third annual installation banquet of the Medical Staff of the Riviera Hospital was held recently at the Palos Verdes Country Club. Mr. Jack Saylin, Hospital Administrator, and Mrs. Saylin, served as host and hostess for the Board of Governors of the Riviera Hospital and had as their special guests the wives of the staff members.

Doctor Paul L. Bower officiated as Master of Ceremonies. The retiring officers were Dr. Herschel S. Kopp, Chief of Staff; Dr. J. Bernard Rivo, Assistant Chief of Staff; Dr. John L. Bourne, Jr., Secretary-Treasurer; and Dr. Paul L. Bower, Assistant Secretary-Treasurer. Retiring Members at Large were Doctors Robert A. Horstman, John McClure and Reinhold Ullrich.

The new staff officers installed were Doctor John L. Bourne, Jr., Chief of Staff; Doctor Robert A. Horstman, Assistant Chief of Staff; Doctor Paul L. Bower, Secretary-Treasurer; and Doctor Maurice Rotbart, Assistant Secretary-Treasurer. Elected Members at Large were Doctors Robert C. Carter, Nathan Rosenbloom and Joseph E. Scallon.

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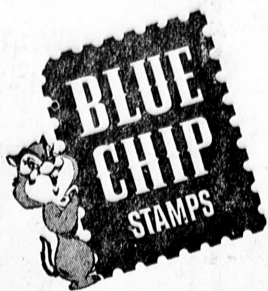
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10-oz. Pkg.

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Ground BEEF 3 LBS. 99¢

U.S.D.A. Choice
CHUCK ROAST 45¢
U.S.D.A. Choice
ROUND BONE ROAST 55¢
U.S.D.A. Choice
7-BONE ROAST 49¢

U.S.D.A. Choice
CHUCK STEAKS 49¢
Hygrade's Cooked Salami, Olive Loaf, Pickle and Pimiento Loaf or Chopped Pork

LUNCH MEATS 35¢

1/2 Lb. PKG.

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| CARNATION CREAMED TUNA 300 Size Can | 41c | THREE KITTEN CAT FOOD 8 Oz. Can | 2 for 17c |
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| N.B.C. OREO Reg. Pkg. | 25c | HUNT'S TOMATO KETCHUP 14 Oz. Bottle | 2 for 25c |
| PUREX BLEACH Gal. | 63c | WONG FROZEN FRIED RICE Reg. Pkg. | 49c |
| Qts. | 21c | ZEE PAPER TOWELS Reg. Size | 22c |
| REYNOLD'S WRAP Reg. Size Pkg. | 35c | NIGARA STARCH Lge. Pkg. | 38c |
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| STOKLEY SHELLIE BEANS 303 Can | 23c | | |