

STAR GAZER

By CLAY R. POLLAN
Your Daily Activity Guide
According to the Stars
To develop message for Thursday,
read words corresponding to numbers
of your Zodiac birth sign.

ARIES MAR. 21 1-6-13-15 33-35-34	Taurus APR. 21 4-16-19-28 45-48-56	GEMINI MAY 21 8-11-27-29-33 63-71-76	CANCER JUNE 21 14-18-26-34-41 57-65-79-87	LEO JULY 21 23-25-22-25 50-52-66	VIRGO AUG. 21 3-10-12-24 31-40-75	LIBRA SEPT. 21 42-43-55-59 61-70-83-90	SCORPIO OCT. 21 9-17-25-49 77-78-82-84	SAGITTARIUS NOV. 21 7-8-38-39 64-68-81-86	CAPRICORN DEC. 21 4-21-30-44 47-62-74	AQUARIUS JAN. 21 20-32-40-51 67-73-85-88	PISCES FEB. 21 1-2-11-12-13 23-37-45-50 69-72-80-89
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Widely Used Barbiturate Causes Judgement Errors, Journal Says

A widely used barbiturate produces profound errors of judgment when taken in average doses, two Harvard researchers said in a recent issue of the Journal of the American Medical Association. Gene M. Smith, Ph. D., and Henry K. Beecher, M.D., said "the striking judgment distortion produced by the barbiturate is particularly important from the practical standpoint."

"ONE CAN ONLY wonder how many accidents occurring each year on the highway, in industry, in the home, and elsewhere are due in part to impairment produced by barbiturates, stimulants, tranquilizers, and other drugs given to ambulatory patients," they said. "The widespread use of these medicaments by persons whose decisions, judgments, and behavior affect their own welfare and the welfare of others makes further quantitative assessment of the mental and behavioral effects of these agents a matter of practical importance."

THE RESEARCHERS studied the effects of a typical barbiturate, secobarbital, and amphetamine, a stimulant, on 15 college men swimming time trials alone and in groups of three. Each swimmer was "a highly trained athlete in midseason form who was skilled in estimating his performance time," they said. Nevertheless, they found that swimmers given secobarbital evaluated their speed in solo trials as significantly better than usual when their performances actually were significantly slower.

ALL THE DATA, they said, "clearly demonstrate that a profound impairment of judgement was produced under the solo condition; most of the data suggest that a moderate impairment of judgement was produced when the subjects swam in groups of three."

The effects of amphetamine on judgement were not conclusive, they said. However, when the subjects given amphetamine swam alone, most of them failed to recognize the improvement in their performance produced by the drug or failed to appreciate its extent.

PREVIOUS STUDIES have shown that barbiturates and other drugs alter performance on psychomotor and mental tests, they pointed out.

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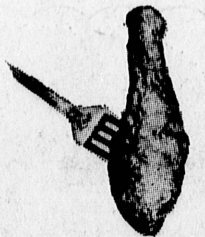
33 LB.

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