

### Retarded Children Unit Meet

The Southwest Assn. for Retarded Children will hold its monthly meeting Tuesday, April 5, at 7:30 p.m., in the Columbia School cafeteria, 4502 W. 186th St., Torrance.

Several important issues are on the agenda, including a report on the needs of and how to assist the Fairview State Hospital.

Certificate of Charter will be presented by Mr. Everett Small, district representative, and Marvin Pierce, treasurer, of California Council for Retarded Children.

Clair W. Burgener, president of CCRC, is planning to be present at this meeting.

The May meeting will be called for the purpose of amending SARC by-laws, Article 15, Section 6.

The public is invited. Child care is provided during the meeting.

### Bridge Party

Mrs. William Crooker entertained her bridge club last Monday afternoon at her home, 2746 Calle Aventura, Miraleste.

The hostess served a luncheon and bridge followed. High score prizes were won by Mrs. Roy Adams and Mrs. B. T. Whitney.

Other guests were Meses. Laura Feiker, Ruby Dix, John Melville, Delbert Thomsen and Alma Smith.

Mrs. Dix will be the club's next hostess.

### Hobo Party

Digging into the rag bag for costumes in keeping with the theme of the evening, Mr. and Mrs. Kenneth Cunningham, 1923 Reynosa Dr., enjoyed last Saturday night as hobos at the annual Palmdale Elks Club "Hobo Night."

After a dinner of mulligan stew eaten from coffee cans, dancing to the juke box was enjoyed, and prizes awarded for the best costumes. Mrs. Cunningham received an honorable mention.

Mr. and Mrs. Cunningham were the guests of Mr. and Mrs. Don W. Steinhilber, formerly of Torrance.

### Voter League Annual Meet Set Tuesday

Annual meeting of the League of Women Voters of Palos Verdes Estates will be held on Tuesday, April 5, at the San Pedro Hacienda from 10 a.m. to 2:30 p.m. Lunch will be served at 12:15. According to Mrs. Richard Blakeley, League president, business transacted will include election of officers, decision on next year's local study-action program, and support of revision of the Los Angeles County charter. The last item is the result of a study recently completed by all leagues in Los Angeles County.

The League of Women Voters is a national non-partisan organization devoted to the informed and active participation of citizens on government. Membership in the Palos Verdes League is open to all women of voting age in the Torrance - South Bay - Peninsula area. For further information, call Mrs. Nicholas Shishkoff.

### Dianas Take Top Awards At Confab

Attending the largest Marina District Junior's Conference on record, held at the Pacific Palisades Woman's Club on Monday night were 23 members and eight guests of the Redondo Beach Dianas. Total attendance at the Conference was listed at 289.

Miss Sandra Butts, sponsored by Dianas in the Marina District Juniors TEEN-AGE MISS contest, was named winner in District judging and will represent the District in the state competition.

Cathy Jackson, Dianas' contestant in the District Americanism Essay competition, received third place honors in that category.

Dianas walked off with first place in the Penny Art display. Contributing paintings for the exhibit were Meses. Eric Lindgren, John Grutzik, Harold Lindberg Nee Barbara Atkin and Robert Dreizler.

This meeting also honored members of the senior women's clubs and mothers of members of Marina District Junior club members.

### Sal Sagev Club Meets On Tuesday

A small group of women have united to fight the Battle of the Bulge surrounding mid-lady's figure. The club is known as SAL SAGEV (Las Vegas spelled backwards) implying that the "slimmin' women" plan to "lose much" (weight) to "win" a classy chassis. Meetings are held every Tuesday at the home of Mrs. Aaron Rauch at 8 p.m. Members weigh in, discuss reasons for losing or gaining weight and exchange ideas for improved success in this struggle for the slim trim shape. The members stress "dealing a helping hand" to those who need the encouragement and understanding to meet this serious challenge. Each member sets her own standards and the pace for the amount of weight to be lost and competition among the gals is lacking completely. Ridicule directed towards the lesser successful slimmers is not tolerated; instead a sense of humor is that extra low-calorie ingredient ordered in each diet.

Monthly dues are used to purchase low-calorie goodies which are the premiums presented for the pounds lost. A penalty of 25 cents per pound gained is also collected to prove that nowadays it pays to lose at Sal Sagev. The ladies who are out to lose weight should place their bet with this "backward" society.

For further information, call Mrs. Russell Paxton.

Articles of interest to both adults and students are contained in each issue of the Journal which is published four times a year in January, March, May and October.

Articles in the current issue include "Where Are We Headed in Foreign Trade Policy?" by Charles P. Taft, general counsel of the Committee for National Trade Policy; "A Consortium of Free Nations" by Eric Johnston, chairman of the Committee for International Economic Growth and president of the Motion Picture Association; and "The Importance of Art Publics" by James H. Barnett, head of the Department of Sociology and Anthropology at the University of Connecticut.

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### Journal Sent To Libraries By AAUW

Subscriptions to the Journal of the American Association of University Women have been donated to the public libraries of Manhattan Beach, Hermosa Beach and Torrance by the Manhattan Beach Branch of AAUW, according to Mrs. Raymond Kelly, president.

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### Miss Shinoda Named to UC Angel Flight

Miss Carol Shinoda, 18-year-old University of California freshman, was recently welcomed to Angel Flight, women's auxiliary of Arnold Air Society, an honorary group of the Air Force ROTC. As an Angel, Carol will act as an official hostess for the Berkeley campus corps of cadets and aid in the social activities and flights.

Miss Shinoda is one of 22 new Angels chosen from a field of 115 coeds on the basis of appearance, grades, activities, and personality. The Flight, chartered last spring, now has a total membership of 35 girls.

An English major at the University, Carol plans to teach elementary school after graduation. Her campus activities include Oski Dolls. A graduate of Torrance High School, she is the daughter of Mr. and Mrs. Paul Y. Shinoda, 2716 Torrance Blvd., Torrance.

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### Junior Club Promenades

"Swing your pardner and promenade home," was the call Wednesday, March 23, as the members of the Torrance Junior Woman's Club and their husbands spent an evening of square dancing at the clubhouse. The dancing followed a pot luck dinner which began at 7 p.m.

The room was decorated with several bales of hay for that barn dance atmosphere and hurricane lantern candle holders with red and white checked place mats at the tables.

Mrs. John M. Stokley was chairman of the party and was assisted by the program chairman, Mrs. Clifford Trezise. Others on the committee were Meses. Clayton T. Lilley, in charge of decorations, Richard M. Oliver, Richard Dorothy, Edward Plehal, F. C. C. Murphy and Robert LaFlamme.

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MRS. HAROLD MCBRIDE Dishing Up a Delicacy

### Four Main Dish Recipes Supplied by Mrs. McBride

For all those housewives for whom planning meals is a problem, Mrs. Harold McBride, 4007 W. 17th St. gives a helping hand in today's Favorite Recipe Column.

All of the recipes she has chosen to share today are main dishes, both economical and tasty. Any of the dishes

deeply interested and active in the Southwest Assn. for Retarded Children and are both members of the Columbia PTA.

Mrs. McBride finds time to assist with Girl Scout Troop 37. Mr. McBride is employed at Douglas El Segundo. Both like to fish, swim and hunt. They have lived in Torrance for the past 6 years and in California for 30 years.

Besides rearing a family, both Mr. and Mrs. McBride are

These recipes have been tried and tested and proved since the McBrides have two married daughters, and one son and a teenage daughter at home. There are also five grandchildren to put their approval on all that comes from the kitchen.

Surprise Meat Pie  
4 tbsp onion (minced)  
1 lb. ground beef  
1 tbsp. butter  
1/2 tsp. salt

Pie pastry for two-crust pie  
1/8 tsp. pepper  
1 can tomato soup (condensed)

Cook onions in a little butter or oleo, about a tablespoon till soft. Add ground beef and cook until barely brown, stirring with a fork to keep meat broken up. Blend in soup, sprinkle with salt and pepper and mix well.

Line 9 inch pie pan with short pastry rolled 1/4 inches thick. Moisten edge with water and fill with meat mixture. Cover with top crust and brush with melted butter. Bake in 375 degree oven for one hour.

Lima Bean Dish  
1 lb. Baby Lima Beans  
1 lb. ground beef  
1 can tomato soup (condensed)

4 slices bacon  
1 medium onion (minced)

Barely cover beans with water and simmer until tender. Fry bacon crisp, add to beans. In bacon grease saute onion and ground beef, stirring with a fork. Add to beans, add tomato soup. Simmer about 15 minutes.

In a hurry, beans may be soaked overnight and cooking time cut to 45 minutes; otherwise it takes about 1 1/2 to 2 hours.

Beef Jardiniere  
1 lb. round steak (cubed)  
1/2 medium onion  
1/4 lb. green beans (fresh)  
1/4 tsp salt

2 c fresh green peas  
2 med. carrots (diced)  
1/2 c celery (diced)  
1 bay leaf  
2 cups beef bouillon pepper to taste

Brown beef. Mix all vegetables in two quart casserole. Add bouillon. Place bay leaf and 1/2 onion on top. Cover and bake in 325 degree oven for 2 1/4 hours. 1/2 cup frozen green beans and 1/2 cup frozen peas may be substituted. They should be added for last 20 minutes of baking.

Serve Beef Jardiniere over boiled or steamed rice and with a crisp salad. Makes 6 servings.

Stuffed Flank Steak  
1 flank steak (1 1/2 or 2 lbs.)  
1 sm. can mushroom gravy

2 cups bread or Favorite Dressing

Pound steak across grain. Spread dressing on, lengthwise of steak allowing space to bring edges of steak together. Spread 1/2 can mushroom gravy over dressing. Bring steak edges together and fasten with toothpicks. Brown in about 2 tbsp. shortening in heavy pan. After steak is brown pour remainder of mushroom gravy over meat plus 1/2 c water. Cover tightly, cook over low fire for about 2 hours.

Tomato Soup Cake  
1 cup shortening  
1 1/2 c sugar  
2 tsp. baking powder  
1 tsp. cinnamon  
1 c chopped nuts  
1 can tomato soup (condensed)

2 eggs  
1 7/8 c flour  
1/4 tsp. soda  
1 tsp. Allspice  
1 c raisins

Sift flour, spices, baking powder and soda together. Cream shortening until soft, adding sugar gradually. Beat well. Add unbeaten eggs one at a time, beating about 1 minute after each addition. Stir nuts and raisins into creamed mixture. Add flour gradually, alternating with tomato soup, beating until batter is smooth.

Bake in greased loaf pan, lined with wax paper in 375 degree oven about 30 minutes. Cake is done when toothpick inserted comes out clean. Frost with any simple white icing or cream cheese icing. A moist dark cake that keeps very well.

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### Puppet Show Slated For Saturday

Bob Baker Puppeteers will appear at the Torrance High School cafeteria on Saturday, April 9, at 2 p.m. Tickets are now available from any member of the Torrance Cooperative Nursery School which is sponsoring the show. Proceeds from the event will help maintain and purchase new indoor and outdoor equipment at the nursery school. Bob Baker and Alton Wood present their shows in the "round" so that the audience feels a part of the show rather than presenting the show from a stage. Audiences that have experienced their type of presentation have found a world of enchantment.

The school provides a supervised nursery program for children from three to five years old. There is painting, clay modeling, housekeeping toys and furniture, puzzles, wheel toys, blocks and outdoor climbing apparatus besides musical and story-telling experiences. The adult program gives parents an opportunity for discussions, observations and other educational advantages which are of interest in family relationships.

The nursery school operates under the Torrance Adult Education department and is directed by Mrs. Milton Barter. For more information call Mrs. Dewey French or Mrs. Tom Miller.

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Mr. and Mrs. Paul F. Vonderhage and Mr. Vonderhage's aunts, Misses Rosa and Katherine Ortmann, and Frank Ackerman spent last Saturday in Antelope Valley where they were guests of Mr. and Mrs. Dale Riley, formerly of Torrance.