

VIRGIL

By Law Kleis

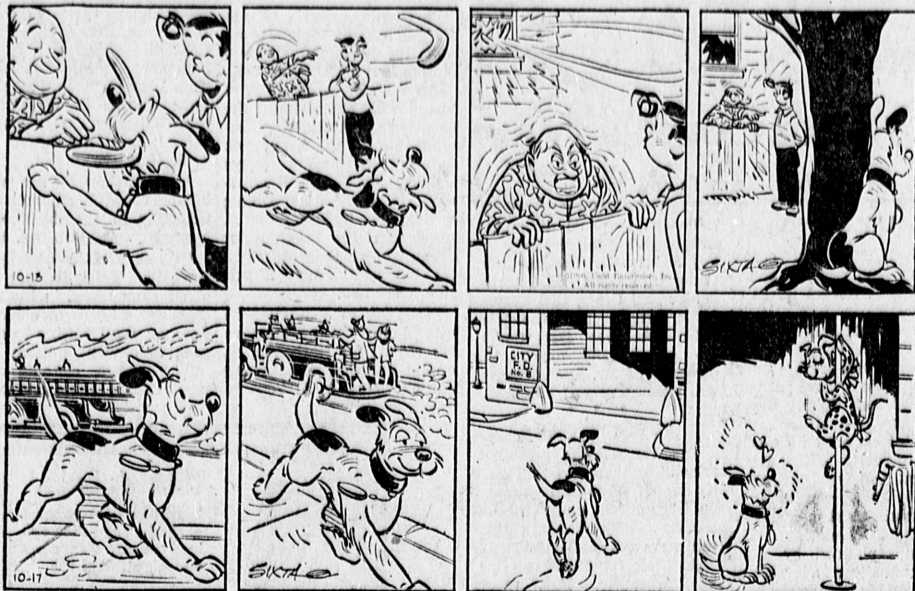


SUPERMAN



RIVETS

By George Sixta



RED RYDER

By Fred Harman



Use of Hypnotism in Treatment Of Alcoholism subject of Study

Hypnosis appears to be useful in the treatment of chronic alcoholism, an experimental study has shown. ... UNDER HYPNOSIS, an aversion to alcohol is created, so that "even a slight whiff or taste of alcoholic beverages

might be sufficient to evoke a conditioned aversion reaction," he said. Such a patient will not consume alcoholic beverages if he derives no pleasure from them and actually finds that the smell, taste, and sight of alcohol upset him physically and emotionally. ... WILL SUPERMAN'S PLAN WORK?

away from alcohol has been seen six months. ... OF THE TOTAL, only three have relapsed so far. Eight attend Alcoholic Anonymous meetings and 18 are continuing psychotherapy. ... HE NOTED that after the initial treatment about half of the patients tested themselves with alcoholic beverages and all developed prompt aversion reactions (nausea and vomiting) and discontinued further attempts. If the patient is in a poor

nutritional state or in need of medical care, posthypnotic suggestion can be used to facilitate his cooperation in remedial measures, the author said. He also warned that the patients should be conditioned to avoid the use of sedative drugs and tranquilizers as a substitute for alcohol. Alcoholics are particularly apt to develop dependency on habit-forming drugs, since they are generally suffering from marked inner anxieties and guilt. ... THE USE of hypnosis in the treatment of chronic alcoholism offers certain advantages over the use of drugs such as disul-

firm (Antobuse). It can be used on an outpatient basis; it precludes the possible harmful effects of drugs; it can establish a reflex aversion much more rapidly and effectively without causing the patient as much discomfort and dread of treatment. He warned, however, that the treatment must be conducted only by a psychotherapist who is well trained in hypnosis. "Hypnototherapy is a method that requires adequate comprehension of the dynamics of the unconscious mind," he said. "Much harm can be done by misuse, and it must be used only with specific medical in-

dication, never indiscriminately." (Presented as a public service by the Southwest District of the Los Angeles County Medical Assn.)

Marines Pvt. G. F. Cherney, son of Mr. and Mrs. Arlis D. Bell of 21416 Moneta Ave., and 1c Arthur D. Harbison, son of Mr. and Mrs. C.D. Harbison of 1413 Marcelina Ave., are participating in extensive field exercises Sept. 15 to Oct. 17, with the First Marine Brigade at a training area in the mountains near Hilo, Hawaii. The 3000-man force from Kaneohe Bay, Hawaii was flown to the maneuver area to engage in unit training operations, including field firing of all the unit's weapons.