Mouth-to-Mouth Resuscitation Class Scheduled

Mouth-to-mouth rescue breathing will become the new life saving method used by Pacific Telephone employees in the Torrance area during 1960, according to an announcement this week by company manager Dick Pyle.

The program was adopted by the company after careful medical study by the National Research Council had shown the mouth-to-mouth method superior to all other manual methods for reviving people who have stopped breathing regardless of cause.

• • •

"EVERYONE HAS an ideal resuscitator with him at all times — his own breathing system," Pyle pointed out. "It is ideal because it has the same breathing characteristics as the suffocating victim."

The three major principals advocated by the American National Red Cross for performing mouth-to-mouth breathing are:

With the victim on his back,

(1) Open the air passage. This is done by tilting the head back so that the jaw is in a "jutting-out" position.

(2) Keep the air passage open. This is done by cupping the base of the jaw in the palm of one hand and lifting upward.

• • •

(3) BREATHE AIR into the victim. This is done by placing your mouth over the mouth (and/or nose) of the victim and blowing. While breathing into the victim, watch chest rise to make sure air passage is clear. Seal nose or mouth with your cheek or hand if air is escaping. Remove mouth, take a deep breath and repeat.

CHP Inspector Heads County Peace Officers

Russell Funson, supervising inspector, Zone 5, California Highway Patrol, was installed as president of Peace Officers Assn. of Los Angeles County last week by former Sheriff Biscailuz.

More than 650 Federal, state, county and municipal peace officers attended the installation banquet in the Police Academy auditorium.

Other new officers are District Attorney McKesson, first vice president; Clifford E. Roos, sheriff's patrol division chief, vice president; and Inspector Tom Reddin of the Los Angeles Police, marshall. Reinstalled as secretary-treasurer was Edward N. Bliss Jr., Public Defender's Office.

Lifetime membership cards were presented to outgoing president Robert Seares, Arcadia Chief of Police, and Nipo Strongheart, Bureau of Indian Affairs field agent, who has been a member of the association 29 years.

Comedian Jerry Lewis, the Hoosier Hotshots, and the Police Band provided entertainment.

We send a message around the world in a second and a half, but it takes 25 years to get an idea thru one-quarter inch of skull.

Charles Kettering

What appear to be calamities are often the sources of fortune.—Beasonsfield.

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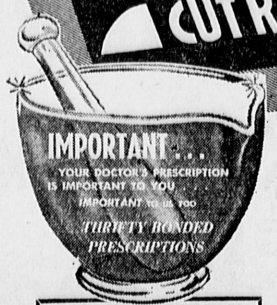

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$1.00 and $2.00 Values!
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Beautifully designed pieces in stone-set and tailored styles.
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Plaids in fashion colors. Handsome plastic handles. 10-rib construction.

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The best and most economical way for you to fill your every day vitamin needs!

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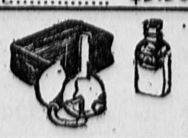
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