Popular Weight-Reducing Drug **Found Ineffective After Survey**

HEADED BY Dr. Joseph F. Fazekas of Washington, D. C., the group undertook the study to determine the merits of the non-prescription drug as compared with dextro amphetamine, a prescription drug with known appetite suppressing qualities.

The authors said that any effective weight-reducing program must be administered by a physician who understands the psychological factors which are encountered by persons undergoing treatment.

TO CONTROL these psycho-

TO CONTROL these psychological factors, the scientists selected 80 obese mentally de-ficient subjects for their study. The subjects were physically normal and had been residents of the institution for a number of years. Their body weight had been recorded monthly



TO BE INSTALLED . . . George Lewisohn will become president of Temple Menorah at installation ceremonies to be held Saturday at the Pen and Quill Res-

A widely used appetite suppressent has been found to be ineffective in helping obese persons, a group of eastern scientists reported recently.

The suppressent—phenylpropanolamine—is a common ingredient of weight-reducing drugs which are offered to the public without prescriptions. It has been estimated that about 100 million dollars is spent annually for such drugs, the scientists said.

Their report appeared in a recent issue of the Journal of the American Medical Association.

The suthors explained that the subjects had never been under any dietary restriction and their daily food intake coliet known to contain about 3000 calories, which was well above their energy requirements.

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The 80 subjects were divided into four nearly equal groups and the blind proceding and the subjects had never been under any dietary restriction and their daily food intake consisted of a well balanced diet known to contain about 3000 calories, which was well above their energy requirements.

The 80 subjects had never been under any dietary restriction and their daily food intake contain any dietary restriction and their daily food intake contain any dietary restricti

THE SUBJECTS were given one of the drugs under investigation three times a day, one

"The administration of dex-tro amphetamine was associat-ed with a statistically signifi-cant reduction of weight. The weight loss apparently results primarily from a reduction of food intake due to a diminu-tion of appetite."

THEY CONTINUED, "The results of the present investigation lend support to the con-cept that phenylpropanolamine does not exert a marked cen-tral nervous effect, at least insofar as appetite reduction is concerned."

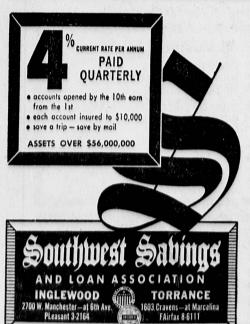
The scientists concluded that in view of the many psy-chological and physiological factors involved, as well as the recognized increased incidence recognized increased incidence of certain diseases in the obese population, weight reduction should be supervised by physicians, particularly when drugs are used.

(Presented as a public service by the Southwest Valley District of the Los Angeles County Medical Association.)

Attends Summer Session Joanne Bunker of 5008 Milne Dr. is currently attending a campus at the University of California, Santa Barbara. She will return home Friday, July 31. summer session on the nev

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FARMER DECLINE

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