Table!

Giving you bigger food values plus S&H Green Stamps at No extra cost is our way of thanking you for helping us to become Southern California's fastest growing food stores! What better way to express America's traditional thanks for the blessings that have made our Nation the World's hope for a better tomorrow than sharing a laden table with family and friends?

ALL STORES CLOSED ON Thanksgiving

S&H GREEN STAMPS

Thanks to S&H Green Stamps, given at NO extra cost, you can give many additional gifts for Christmas, without adding to your Christmas gift cash!

EYS 29¢ lb.

USDA CHOICE BEEF
RIME RIB STS 69¢ LB.

Meat Values
RS 79¢
USAGE 39¢
STERS 11-oz. Can 55¢

FOODS
3 49-oz. Jars 29¢

LEANING!
Premium Packed
BREEZE
Giant Size 82¢

YAMS DIXIE DANDY No. 303 CAN 15¢

Bits of Honey SWEET PEAS	2 No. 303 Cans	29¢
Bits of Honey GOLDEN CORN	2 No. 303 Cans	29¢
Checkid—Cello Wrapped PAPER NAPKINS	3 80's Pkgs.	37¢
Dromedary CORN MUFFIN MIX	2 8-oz. Pkgs.	27¢
Morton's California TOMATO JUICE	4 46-oz. Cans	$1

Silver-Dale Premium PEAS 2 10-oz. Pkgs. 27¢

CANDIED CHERKINS	Scott's Sweet 20-oz. Jar	47¢
PARKERHOUSE ROLLS	Kroger-Rite Pkg. of 2 Doz.	35¢
REYNOLDS WRAP	Aluminum Foil 25-foot Roll	29¢
POULTRY SEASONING	Schilling's Regular Tin	17¢
MINTED PINEAPPLE	Libby's No. 2 Can	33¢
COVE OYSTERS	Decker Brand 8-ounce Can	47¢

Brown or Powdered C & H CANE SUGAR 2 1-LB. PKGS. 29¢

Hidden Valley SHOWPLACE CRACKERS 1-lb. box 31¢ — Green Giant BLANCHED CORN 2 cans for 69¢
Hershey's Assorted PARTY MINTS 10-oz. box 29¢ — KRGA Advertised FALSTAFF BEER 6 12-oz. Cans $1.20
Sunshine Baked BAKED CRACKERS 1-lb. pkg. 19¢ — KRGA Advertised SANTA FE PORT WINE 5th qt. 76¢

Flox

Prices Effective Mon., Tues., Wed. Nov. 25, 26 & 27

Quantities limited reserved.

TORRANCE 182nd & ARLINGTON — GARDENA VAN NESS & ROSECRANS — TORRANCE 1221 FORT AVE.

Offers Aid in Gift Selection

Novel ideas for Christmas gifts, decorations and wrappings will be offered at a special Yule workshop planned Dec. 2, 3, and 4 by the Torrance Recreation Dept.

Two sessions are planned on each of the three days at the Arts and Crafts Center, 1511 Cravens Ave. One meeting will be from 1 until 4 p.m. and the other is scheduled from 7 until 10 p.m.

A special workshop for children four years of age and older is planned in conjunction with the afternoon session, according to Sue Scully, who is in charge of the program.

"The workshop proved to be immensely popular last year," Mrs. Scully said. "We expect a large enrollment again this year."

The $3.75 per person registration fee includes all materials necessary to make six decorations and four gifts, she declared.

Registrations for the classes are being taken at the Center or at the Recreation Dept. offices, 3031 Torrance Blvd. Further information is available by phoning FA 8-0824 or FA 6-4108.

GIFT IDEAS . . . Sue Scully show what can be accomplished with limited materials during the recreation department-sponsored workshops to be conducted early next month. Here an old fashioned lamp chimney has been turned into a decorative gift. (Herald Photo)

Oleander, Other Ornamental Plants Dangerous When Ingested

ROY O. GILBERT, M.D.
County Health Officer

The oleander is one of the most common poisonous shrubs in Los Angeles County. Although perhaps less numerous than the castor bean plant, it is the more poisonous of the two. Small children are usually the victims, and each year a number of them are treated for oleander poisoning. Occasionally, a fatality occurs.

The oleander is an attractive, evergreen shrub that is native to the Mediterranean region and grows abundantly in California. It has narrow, leathery leaves that exude a milky substance when punctured. The rose-like blossoms may be white, ping or red, and form a cluster at the end of the stem.

* * *

ALL PARTS of the oleander shrub are poisonous, and it does not take very much of it to cause severe poisoning or death. In southern Europe the plant is used as a rat poisoning since its action on rodents is much the same as that of red squill, which is widely used in this country as a rodenticide.

Examples of the oleander's potency as a poison are recorded in medical literature. A few years ago, two soldiers died following the eating of steaks that had been speared on peeled oleander sticks and roasted over a fire.

* * *

EVEN THE smoke from a burning oleander bush may be hazardous. In Florida, about 10 years ago, a fireman was repeatedly overcome by the fumes of a burning oleander hedge.

The active and poisonous principle of the oleander (oleandrin) is similar to digitalis, a drug that is widely used to treat certain heart disorders. Indeed, extract from the oleander was even used as a digitalis substitute in Europe more than half a century ago.

* * *

THE USUAL symptoms of oleander poisoning are similar to those induced by an overdose of digitalis and include abdominal pain, vomiting, convulsive movements, dilatation of the pupils, rapid respiration, and slow, irregular pulse which may become rapid and weak in those instances where the poisoning is serious. In fatal cases, death is due to paralysis of the heart.

It is important to obtain medical aid as quickly as possible when this type of poisoning is suspected. There is no antidote and emergency treatment consists of measures to delay the absorption of the poison.

* * *

LEGISLATION to remove these shrubs would not be practicable. As it happens, the oleander is only one of the many poisonous plants that are found nearly everywhere. The amaryllis lris, the sweet-smelling narcissus, wild garlic, the berries and seeds of the common privet, the Jerusalem cherry, lupine, holly, maidenhair fern, delphinium, and larkspur are but a few of the growing things that are poisonous if ingested. Wholesale extermination is manifestly impossible.

Adults should therefore be aware that harmless seeds and of doors as well as within the house. Small children should not be allowed to play with poisonous plants or to play unsupervised where they are growing. Children must also be taught as early as possible that ornamental plants are to look

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Red and white . . . 1950 Vintage in wicker decanter
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Prices Effective Thurs., Fri., Sat. Nov. 21, 22, 23

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