

are part of the hundreds who will be taking advantage of summer YMCA camps. The Torrance Y has announced 10 different sessions of camping for boys and girls this

Ten Per Cent of Persons Over 40 May Suffer Forms of Glaucoma

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Los Angeles County

Health Officer

commonest type. Glaucoma occurs most frequently in persons over 40 years of age, and is one of the important causes of blindness among adults.

It is estimated that over one million persons in the United States have undiagnosed glaucoma, according to an editorial in a recent issue of the American Medical Assn. Journal. This, it stated, is about two per cent of all persons over 40. Under the age of 40, the number of cases is negligible, but chances of the condition occur-

ring increase as age advances. The eyeball, spherical in shape, is filled with a thick, jelly-like fluid and for some unknown reason, during the first stages of glaucoma the pressure of this fluid in front of the eyeball increases. The Yould in the rear of the eyeball

uid in the rear of the eyeball therefore pushed against the retina which is the part of the eye that receives light rays and relays them to the brain. Given enough time, glaucoma can destroy all sight since it attacks the nerve fibers that connect the retina to the brain.

Loss Is Gradual

Besides being the most pre-valent form, chronic glaucoma valent form, chronic glaucoma by ocular surgery is required is also the most dangerous in to save the individual's sight. is also the most dangerous in one respect since there is usually so gradual a loss of peripheral vision that the individual at it is happening. Other than an occasional vague headache and blurred or foggy vision at certain times, there is no warning of the presence of the condition and preservation of of the presence of the condition and preservation of the condition.

Ing programs are growing in popularity. "Glaucoma Days" Department, 241 N. Figueroa have been organized in several St., Los Angeles 12.

Even when such tests are ing in New York to overflow

mended that a recheck be done every two years after the age of 40.

Can Be Checked

When treatment is started There are two forms of glaucoma (hardening of the eyeball), namely, acute congestive glaucoma and chronic simple glaucoma which is the commonest type. Glaucoma occurrence of sight that is destroyed by this condition. Each month's delay means that an additional small presented of sight is delay the commonest type. percentage of sight is de stroyed.

Symptoms of chronic glau-coma include occasional vague headaches, loss of side vision, rainbow-colored rings that appear around lights, inability to adjust the eyes to a darkened room, and frequent changes of glasses which never seem to give satisfaction.

Acute congestive glaucoma is fortunately much less frequent in occurrence and is seen more often in younger in-dividuals (before the age of 55) and more commonly in women who are "nervous" or inclined to worry. This type of glau-coma occasionally runs in fam-

Pain May Occur Mild attacks of pain generally occur in the initial stages of acute glaucoma, and halos around lights may be seen following excitement or emotional upsets. When the condition progresses to a certain stage. extremely severe pain in the eye occurs. At this point, im-mediate medical care followed

Luon.

Early recognition of glaucoma is essential if blindness from this cause is to be prevented. Because of this screen

have been organized in several California communities and, in California communities and, in Diurvey made of 11 such days, per cent of those screened were referred to an eye specialist (ophthalmologist) and 3.7. per cent were found to have slaved and the great Empire State building the great that it is estimated the great that the great Empire State buildTORRANCE YMCA SLATES SUMMER CAMP SESSIONS

ed a full and varied schedule for local youth. of summer "Y" camps for boys and girls this year. The "Y" lists 10 different camp sesand girls 8 through 12.

camp committee chairman, stated that the local YMCA is More than 200 local children staff on providing such a wide borhood.

sions for boys 6 through 18 boys or girls in the proper age brackets. Membership in the Charles Stewart, YMCA Torrance YMCA is free of

operating one of the largest are helping to earn their own camping programs on the West way to Y camp by selling Coast. He praised the YMCA canned peanuts in their neigh-

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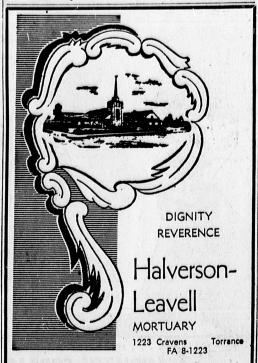
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over 14 years of age.

are: Girl's Camp under the of interest.

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Stewart stressed that all
YMCA camps are open to all
by sor girls in the proper age
there in Torrance for the chell at YMCA Camp Mazumyounger boys and girls up to a
backpack trip along the John
Muir Trail for boys and men
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backpack trip along the John
Muir Trail for boys and men Grand Tetons, Salt Like City, Three new features this year Jackson Hole, and other points



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