




## Best Food Buys of Week Surveyed for Homemakers

(1) meals for their fanilies, the survey of local markets this
week gives the following as the "best tuyss": FRESH FROM THE FIELDS :AND TREES
ARTICHOKES moderate in ${ }^{\text {and }}$ LAMB. It has been a lon supply. Usual seasonal decline
making itself evident. since lamb has been so making itself evident.

ASPARAGUS. Plenty of it, $\begin{aligned} & \text { plentiful or reasonable in price } \\ & \text { Grazing conditions have }\end{aligned}$ although the processors are excellent all winter. The re BEANS \begin{tabular}{c|l}
BEANS. Green, snap, mak- \& $\begin{array}{l}\text { winds are drying the grazing }\end{array}$ <br>
tng their first appearance from <br>
ranches forcing the lamb

 the earliest Coachella Valley $\begin{aligned} & \text { go to market immediately }\end{aligned}$ 

fields. Will increase rapidly <br>
during next several weeks.

 BELL PEPPERS. Medium,, $\begin{aligned} & \text { mally take more than } 50 \text { per } \\ & \text { cent of the California spring }\end{aligned}$ best buys. $\quad \begin{aligned} & \text { ers have been supplied by ab } \\ & \text { normal numbers }\end{aligned}$ 

CORN. A fresh, new treat. \& $\begin{array}{l}\text { normal numbers of } 1957 \\
\text { er feed- }\end{array}$ <br>
Frombs which went

 First shipments of corn from wheat belt and corn states last 

Chough it will be 3 or 4 weeks <br>
the <br>
before real volume starts roll.
\end{tabular} \(\begin{aligned} \& fall. Take advantage of this <br>

\& plentiful, delectable meat. This\end{aligned}\) before real volume starts roll- is the time to get a pleasant
Ing. Potatoes. Kern County $\begin{gathered}\text { menu change: } \\ \text { Lamb Kabobs. }\end{gathered}$ harvested first of this year's into 1 -inch cubes; marinate in erop. Quality is high - but French dressing; string on Cends toward smaller sizes. . skewers. Broil 3 inches from mer.
TOMATOES. Small sizes: Im .
$0^{\text {proved in quality. }}$
APPLES - GRAPEFRUIT
STRAWBERRIES
STRAWBERRIES
quarter cuts.
HAM. Fully cooked-more in APPLES - GRAPEFRUII
STRAWBERRIES
AVOCADOS plentiful ine in price with all meats,
except lamb, which is markets will "special" this deCANTALOUPES. Imperial still limited in production. They will remain high for at least a month. down 1 cent; mediums down cents-mediums are best buys. P PROTEIN FOODS If you are serious about con. $\begin{aligned} & \text { in action against Chicago. } \\ & \text { Among the fans who dine }\end{aligned}$ trolling costs you'll find ways of using the variety meats.
These are relatively inexpen. sive and highly nutritious. A wyn Raitt of Lomita, Sam Kol few most popular:
Liver, heart, sweetbreads, $\begin{aligned} & \text { odny of Torrance } \\ & \text { Link of Torrance. }\end{aligned}$


## BOYS . . . GIRLS!!!

Deputy Sheriff of Cochise is going to make a Personal Appearance and will enroll you as an Honorary Deputy Sheriff of Cochise . . . and will give you an Honorary Deputy Card . . . H will be at the JIM DANDY new West Torrance Market on SEPULVEDA and HAWTHORNE FRIDAY, MAY 2-3 P.M. TO 5 P.M. SATURDAY, MAY 3-1:30 P.M. TO 3 P.M.

At the JIM DANDY Torrance Market at TORRANCE AND CRENSHAW
SATURDAY, MAY 3-3:30 P.M. TO 5 P.M.
At the JIM DANDY Lomita Market
WESTERN AND LOMITA
SATURDAY, MAY 3-10 A.M. TO 11:30 A.M.

The Golden State Ice Cream Trailer will be at IM DANDY'S new West Torrance Market on Thursday, Friday and Saturday, May 1, 2 \& 3, and will give ice cream cones.


