

THE RIGHT WAY TO WRITE . . is the legible way, being stressed by the school teacher above during classroom instruction aimed at helping children improve their penmanship. Renewed emphasis on the importance of legible handwriting comes with renewal of the Handwriting Foundation's crusade aimed at encouraging better handwriting by working with educators and urging parents to cooperate with teachers.

D.

H's So Easy

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ENCOURAGE GROOMING Good grooming habits should start early. A simple "maniscure set" of emery board and scure set" of emery board and scure set of emery board and scure set of emery board and scure set of emery board and scure in the refrigerator. It satisfies that hungry feeling yet helps encourage meal-time appetites.

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So many new things lie ahead—a new grade, new teacher, different subjects to study, perhaps even a new school. And then there are all the tempting out-of-school activities: dancing class, team sports, music lessons, Scouts, perhaps an after-school job, In this day and country people seem to admire most the person who is always busy. There is a pressure in the very air to be doing something, to join groups, to take part in as many activities as possible. And perhaps this spirit, of energy and enterprise is what makes America such a productive country. But growing children need time for loaling, for unorgan ized play or visiting with friends, for digesting the multitude of new experiences and discoveries that fill their lives. It's a rare child who will admit that he needs rest. *Life and an attentive ear is-a wonken does and it's up to us to give a bit of thought and supervision to the activity schedule of each of our school-age youngsters.

Here are a few guiding principles to help you plan with your child a winter program that will make this the best possible school year fohim.

Limit Activities

1. It's twise for a child to undertake only one or two extra-curricular activities at a time. For example, if your boy signs up for the sochool orrehestra and is also an active member of the Y, where he leans to take a Junor Life Saving course, that's probably enough. "Trying out for the basketball team might better be postponed until next school term or next year."

If your daughter wants to start piano lessons or any to the part of the plane to take a Junor Life Saving course, that's probably enough. "Trying out for the basketball team might better be postponed until next school term or next year.

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e postponed until next school erm or next year.

If your daughter wants to tart piano lessons or any ther project that involves aily practice, don't let her let involved in other major

have to help them mean choices.

2. Go easy on household chores for your school-age child, making his own bed, keeping his room in reason-able order and perhaps helping with supper dishes ought to be about all that's asked of him. After all, school and homework is a pretty full-time tob.

him. After all, senool shomework is a pretty fulltime job.
Needs Free Time.

3. Try to see that each child
has some free time every day
and a big stretch of it on
week-ends. And free time
means freedom of choice for
the child. If he wants to
work on his stamp collection
instead of playing ball with
his brother, if he feels like
reading or even like doing
something that may seem as
unprofitable to you as spending half an hour looking out
the window, that's his affair.
Aside from planning a winter schedule that leaves time
for leisure, there are lots of

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By MARY E. BUCHANAN

Editor, Parents' Magazine

The lazy summer days are over. With the beginning of a new school year the family must return to a more organized life—alarm clocks, schedules, planning. Actually, it's a pretty exciting time of year for children.

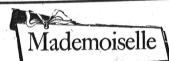
So many new things lie ahead—a new grade, new teacher, different subjects to study, perhaps even a new school. And then there are all the tempting out-of-school

daily preget involved in other
activities.
Children who are eager and
full of energy may rebel at
restrictions, but adults with
a wider perspective, will just
have to help them make

Extra Activity Tempts

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