

ESTABLISHED JAN. 1, 1914

TORRANCE, CALIFORNIA, THURSDAY, MARCH 29, 1956



RANGE WINNER... Maurice Hattem (left), representing Baker's Furniture, and George Kofichas, of Gaffers & Sattler, congratulate Mrs. Maybelle Schmidt on her selection as winner of the new gas range at the conclusion of The HERALD-Southern California Gas Co. cooking school here last Friday. Mrs. Schmidt, who was attending her first cooking school, selected the Gaffers & Sattler range as her prize.

Columbia Safety Awards Stand at Three in a Row

A clean sweep of first place in their respective classifications was scored by three divisions of United States Steel Corp. in the seventh annual Safety Award Dinner of the Greater Los Angeles chapter of the National Safety Council this week.

For the third consecutive year the Maywood and Vernon plants of Consolidated Western Steel Division, the Torrance Works of Columbia-Geneva Steel Division, and the Los Angeles plant of United States Steel Products Division dominated the judging to name the safest plants in their fields in 1955.

Perfect Record United States Steel Products Division scored a perfect record to win the sheet metal products classification for the second time.

The Torrance Works captured first place in the steel classification for the third straight year. The Vernon and Maywood plants placed first and second, respectively, for the second consecutive year in heavy steel fabrication. In 1953 the two plants' positions were reversed, with Maywood taking first place and Vernon placing second.

Firms Honored Approximately 1200 persons representing 384 participating firms attended the awards banquet held last week at the Ambassador hotel, Los Angeles.

Accepting plans on behalf of employees of their plants were Peter C. Pianta, plant superintendent, U. S. Steel Products; C. C. Morgan, general superintendent, Torrance Works; C. P. Sander, general superintendent, Consolidated Western Vernon, Vernon; and J. J. McVerney, general superintendent, Consolidated Western Maywood.



THREE IN A ROW... Columbia Steel management officials check new safety award received at the annual Safety Award Dinner of the Greater Los Angeles chapter of the National Safety Council last week. It was the third consecutive time the company had won the top prize. Shown here are (seated, left to right) C. C. Morgan, general superintendent, and E. J. Ahlstrom, supervisor of safety and plant

protection. Standing (left to right) are J. M. Ogborn, assistant superintendent—engineering and maintenance; Don Jyde, superintendent—industrial relations; J. S. Moore, assistant superintendent—rolling mill; W. T. Ayers Jr., superintendent—rolling mill, and C. S. Warner, superintendent—engineering and maintenance.



A SPILLED COCKTAIL... One of the scenes from the Hampton Players' production of "Sabrina Fair" is the spilled cocktail, portrayed above. Left to right are Miriam Wilson, Bruce Wilson, Dominica Hauser, John Rotolante, and Joyce Poole. Final two nights of the production are tomorrow and Saturday.

Toastmasters To Install New Officers

Kenneth Anderson will be the Toastmaster of the Evening at the installation of officers of the club next Tuesday evening April 3.

Anderson, who resides at 2329 Eschelman Ave., has lived in this area since 1940 and is serving with the U. S. Navy stationed at Long Beach.

According to Frank Gorbet, the club publicity chairman, Anderson has an interesting program planned which will include Max Sacks the educational director for the Southern section of the Toastmasters International who will install the club's new officers.

The meeting will be held as usual at a Walters restaurant.

Contributions Needed

Clean used clothes, shoes and bedding that are not in use can be contributed to the needy through the Lutheran World Relief Society.

Contributions should be brought to the Chapel of the Lutheran Church of the Resurrection, 330 Palms Verdes Blvd., Hollywood Riviera by April 15.

Observers Report

Retirement May Be Surest Way To Cut Down Life Expectancy

By ROY O. GILBERT, M.D., L. A. County Health Officer

Retirement can be an unhappy experience for individuals who still feel reasonably fit. When interests have centered almost exclusively around a job, and it is suddenly over for all time, the feeling of finality and the sense of being shelved are often devastating both to peace of mind and bodily welfare. Certainly, many people who retire find that this long-awaited state is peculiarly unhealthful.

Many competent observers think that the experience of retirement often acts as a blight on physical well-being, since it is an established fact that a high percentage of individuals formerly in business die within two years after retirement. One eminent physician has gone so far as to say that the surest way to cut ten or fifteen years off life is to retire and confine oneself to the sprinkling of posies in the garden.

Aged Growing With approximately 18 mil-

lion people in the United States over 60 years of age, and the probability that this number will grow to 330 million in another generation, the problem of how to avoid premature physical or mental deterioration upon retirement is of considerable consequence both to the individual and to the nation.

Actually, there is no valid reason to feel that 60, or 65, or even 80 years marks the end of an individual's usefulness. History is filled with the names of those whose achievement was greatest after 65 years of age. Michelangelo painted the ceiling of the Sistine Chapel when he was nearly 90. Benjamin Franklin went to France to serve his country at 78, and wrote his autobiography when he was over 80, while at 88, John Wesley preached a sermon each day. An uncle of Bernard Baruch, retired and sold his business but bought it back when he was 87 years old, and at 99 had tripled the assets of the concern. Bernard Baruch isn't doing so badly

either for that matter. Renowned as an advisor of presidents, he's still active at 86.

Not Exceptions

These individuals are not the rare exceptions to the rule. Every day, many citizens are proving that age is no deterrent to business ventures, to creative living, or reasonably good health and an alert mind.

It is important not to accept age 65 as a deadline between activity and a vegetative existence. However, activity must be mental, social, and spiritual as well as physical if one is to enjoy living in any true sense.

The chief danger in retirement is that an individual tends to reduce his activity in all these phases of human existence. No heaven-made law says that a man should retire at 65. The presently accepted retirement age was arbitrarily set long before anybody gave the subject much consideration, and at a time when the expectation of life was much shorter than it is today. Furthermore, far less was then known about retarding the ultimate

physical decline which is part of all aging.

Some Mileage Left

Today, many people have some of their best mileage left in them after the age of 65 is reached. Especially is this true when there is some preparation made for the later years of life. There is no irrevocable reason why the period after 65 cannot hold as much in the way of satisfaction and achievement as youth and middle age.

But the fact remains that the maintenance of physical well-being and a continuing interest in life are essential for satisfactory later years whether a person continues working after 65 or retires to a part-time occupation. Fortunately, this is something the individual can, in great measure, do for himself.

An excellent booklet on keeping fit, hobbies, retirement, and other subjects of interest to older people may be obtained without cost by sending a request to the Los Angeles County Health Dept., 241 North Figueroa St., Los Angeles 12.

Final Nights of 'Sabrina Fair' Scheduled Tomorrow, Saturday

The spilling of a cocktail at a gay party is just one of the amusing incidents in Hampton Players production, "Sabrina Fair," showing for the last times Friday and Saturday evenings at Redondo High School auditorium.

However, to Julia McKinkock (played by Dominica Hauser of Hollywood Riviera), enjoying to the full her first sip of champagne after recovering from minor surgery, it is a major annoyance, and only the beginning of a series of irritations which cause her to blow her top later on in a tensely dramatic scene which is perhaps the only serious highlight in a sparkling comedy which delighted audiences last week end.

Cast Changes The title role was played by Mary Woodson, of Hollywood Riviera, last Friday and Saturday nights, but due to illness, she has been forced to withdraw from the cast, and Beverly Anderson, also of Hollywood Riviera, assumes the role this com-

ing week end. Three other changes in cast were necessitated last week also, but in spite of setbacks the show went on.

Fast Wind-Up Sought By Red Cross Fund Leaders

Local Red Cross fund leaders were aiming for a "fast and successful wind-up" to Torrance's 1956 appeal, as they came from a report meeting held early this week, climbing 84 per cent of their \$15,000 goal and seventh place among 10 Southwest Region communities. A total of \$8117 was tallied for Torrance as campaign leaders called for "all-out cooperation" from volunteers and contributors alike in bringing in the remaining 46 per cent of the goal by March 31, the official deadline of the month-long annual campaign.

Stressing the need of "raising every penny of all goals in order to restore disaster funds

and keep Red Cross on the job during the coming year," Fund Chairman Albert Isen urged residents "not yet contacted" to aid volunteers in achieving the overall objective on schedule by sending in annual contributions to the local campaign headquarters at 2410 Carson St.

A breakdown of the total sum raised to date follows: Residential: \$2,470.00, 82 per cent of \$4800 quota; Mrs. Herma Hillin, and Mrs. Ben Hagewell, co-chairmen.

Commerce and Industry: \$4355.46 per cent of 29815 quota. Al Hine, chairman. Business: \$1182.87 per cent of \$1760 quota. Stuart Avera,

player said. Other members of the cast are Carl Rogers and Dorothy Tunis as Mr. and Mrs. Larrabee, El Stahl and Gene Field as the Larrabee sons, Bob Schultz as Fairchild the chauffeur, Trudy Eustace as Margaret the maid, Monte Millard as Sabrina's French suitor, Joyce Poole as Gretchen, and Bruce and Miriam Wilson, John Rotolante and Lorene Ledwidge as two of the young couples at the party.

Cocktail Stays There are some hilarious situations in this comedy by Samuel Taylor, and the scene with Maurice, the singing cocktail, played by Tommy of the Palms Verdes Bird Farm, is a particularly gay one. Tommy threatens to steal that scene every night, but in spite of everything the cast loves him, and audiences eat him up.

The dates again are March 30 and 31 at Redondo High School auditorium, Pacific Coast Hwy. at Diamond. Curtains is at 8:30 and tickets are available at the door.



4-H GROUP ON TRIP... These members of the Palms Verdes Peninsula 4-H Club are shown during recent field trip to national Rabbit of Tomorrow contest at Knott's Berry Farm. The group, all active in rabbit project work, include (left to right) Bobby Bremer, Rolling Hills; Rickey and Danny Nichols, Palms Verdes; Judy Kelly, Gardens; Sharon Cummins, Rolling Hills; Eleanor Truitt, Rolling

Hills; Sharon Groothuis, Rolling Hills; Lina Gardner, Rolling Hills; and Sally Benson, co-leader of the rabbit project group. Mrs. Benson, a Torrance resident, and some of her group will return to the berry farm this week end for the finale of the contest and the annual banquet which follows the judging.