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By Dorothy L. Law

COUNSELOR, LECTURER, INSTRUCTOR IN FAMILY LIFE EDUCATION

Continuing our disscussion of running away from ourselves and ways in which this may affect the temperament . . . another pattern of avoiding our inner selves can be through over-activity. BLANCED ACTIVITY BULLDS MENTAL HEALTH Most persons can greatly benefit mind and body through en-gaging in the proper hobby work, or play. Group participation, in club work is most healthy. However, there are individuals who take upon themselves too freat a degree of social or service participation. They neglect becoming overly-absorbed in one type of activity. The father who is so "wrapped up" in his work that he has no time for his family may be unconsciously trying to avoid play-ing this role for one reason or another. He is creating an unbalance in his personality expression. OVER-ACTIVITY CREATES TENSION

ing this role for one reason or another. He is creating an unbalance in his personality expression. OVERACTIVITY CREATES TENSION In his efforts to avoid his role as a father and husband he is running away from himself. This type of over-activity, which is rooted in "avoidance," creates a great deal of tension and pressure within the individual. Very often, protests from wife, and child create additional pressures which make this type of pattern ex-tremely frustrating. The mother who has more time for canasta than for learning that art of successful mothercraft may fall into this category. The chub woman who neglects her home and family as well as the hus-band who excludes all for his hobby and the student who is overly-absorbed in his studies are a few more examples. CREATIVE ACTIVITY RELAXES Douring all of our interest into one channel is not always the answer to a balanced life. Notice really creative persons-very often they have many satisfying outlets for self-expression, not just one. Activity which is creative relaxes the body and mind, give release from emotional pressures rather than creating more of them. Over-identification to one role in life creates rigidity. The

tification to one role in life creat Over-identification to one role in life creates rigidity. ability to extend ourselves in a balanced way indicates flexible Naturally the person who has so many different interests of lets that he really cannot do justice to any one of them has developed creative activity any more than one who over-identi hImself with one area of self-expression. Next time you hear yourself saying "I'm too busy," find for what. Too busy to be your real self?

(Herald Photo) BEFORE THE BALL . . . Mrs. Oscar Maples, left, who will be official hostess for tomorrow night's Coronation Ball at the Western Club Cafe, 15516 S, Western Ave., admires gown chosen by Miss Torrance of 1955. Norma Quine, for the gaia occasion, Event is being staged by Maples, who also sponsor-ed Miss Quine in the recent contest, and dancing will begin at 9 p. m. and end at midnight Tickets at 51 each may be obtained at the door and dress is semi-formal.

... for and About Women

Agnes Bolter, Editor

Nearly 300

List Lioness

Club Chiefs

New chairmen were announced by Lioness president Mrs. A. B. McTee when she presided over her first business meeting Tuesday night at the Frank Jakubowski home, 620 Sartori Ave

tive club committees next terr are Mmes, Pete Radistch, sur shine; George Powell, telephone Fred Boren, hostess; Frank Jal ubowski, membership; Al Ewal publicity; and Walter Inman, ar sistant bulletin editor. Plans were begun to entertain ives of the Lion members this

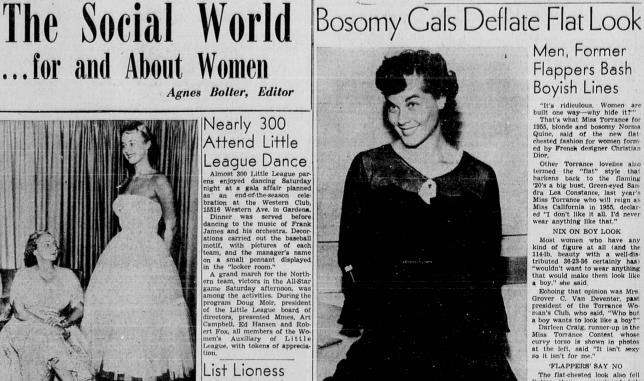
Name Local Women to Weston Hills At Pre-Nuptial Party 5 33rd District PTA Posts Wife Honored Laundry Cart Holds Gifts

home of his mister and have here of his and Mrs. R. L. Ram-sey. The 8 o'elock evening cere-mony making the daughter of the Don Chapmans of Gardena and son of Mrs. Loy Madron of Fresno Mr. and Mrs. was con-ducted by the Rev. Eldon Dun-ham of the Lomita Community Church on July 23. The bride chose a ballerina length gown with white lace bodice and bouffant white net skirt over matching taffeta for her nuptial costume. A wreath of tiny white rosebuds secured her fingertip veil and she car-ried a nosegay bouque of white stock and pink rosebuds tied with white streamers. Thic rosebuds also formed the corsage of the matron of honor, Mrs, Dorothy Markley, who was gowned in blue. Robert Word attended as best man. A three-tiered desorated cake and punch were served to rela-tives and friends after the nup-tials.

TOWNSEND CLUB TO IOWNSEND CLUB TO DANCE TOMORROW Dancing and a social evening will be on the agenda for the Townsend Club tomorrow night, at 8:30 o'clock at the Woman's Clubhouse, 1448 Engracia Avo. Modern and old time dancing will be featured, and pie and coffee will be served as refreab-ments. James Bellors is president of the organization.



TOF ONE..., is the enviable record of the North Torrance Society, which captured a first prize in the first state show ety competed in the California State show, along with 24 off a first place trophy in the novelty division with its "Frenet ip is proudly displayed by Mrs. J. R. Allison (right) outgoin nity chairman who will take over as chief executive on At



AUG. 5, 1954

Men, Former Flappers Bash Boyish Lines

TORRANCE HERALD

"It's ridiculous, Women are built one way-why hide it?" That's what Miss Torrance for 1955, blonde and bosomy Norma Quinc, said of the new flat clested fashion for women form-ed by Frenck designer Christian Dior.

Dior.⁷ Other Torrance lovelies al termed the "flat" style th harkens back to the flami 20's a big bust. Greeneyed St dra Lea Constance, last yea Miss Torrance who will reign Miss California in 1955, deci de d' 1 don't like it all. I'd new wear anything like that."

NIX ON BOY LOOK

NIX ON BOY LOOK Most women who have any kind of figure at all (and the 114.b, beauty with a well-dis-tributed 3623-36 certainly has) "wouldn't want to wear anything that would make them look like a boy," site said, Echoing that opinion was Mrs. Grover C. Van Deventer, past president of the Torrance Wo-man's Club, who said, "Who but a boy wants to look like a boy?" Darleen Craig, runner-up in the Miss Torrance Contest whose curvy torso is shown in photos to le the left, said "It isn't sexy so it isn't for me." "FLAPPERS' SAY NO

'FLAPPERS' SAY NO

The flat-chested look also fell flatter than a punctured bal-loon with several Torranee wo men who succumbed to it back in the '20's.

in the '20's. Said Mrs. Charles Ward, formerly was a dressm. "For older people who have their figures, it's not goin matter. But women who have their figures are not g to approve. We wore those of dresses not hecause was

man." "Having gone through that era myself and knowing how un glamorous it was," said Mrs. B. W. Roberts, who served as pres-ident of the Torranee Woman's Club in 1951-52, "TII stick to the present styles."

Another past president Woman's Club, Mrs. A. Ewalt, declared "I think are nicer. If any of you girls think the flat-cheste is a good change, just is s a good change, just tak our mother's photograp your mother's photograph al-bum and look at some of the pictures. In fact, I'll loan my album to anyone who thinks the Dior fashion is great—and he or she would change his mind!"

MEN AGREE

some wome against the Fr

bo you want me to the truth?" said Jim president of the Walta nessmen's Association, look is HORRID! I sweater girl type." Hig stand is bolstered Isenberg, executive seer the Chamber of Comme said. "The present touch enough for me, After at the lovely girls in o contest, I think Nature to stay!" Bob Lewell

to stay!" Bob Lewellen Sr., o local printing shop, d think American wome py with their present I'd just as soon they' wearing them. I lived py with their present styles I'd just as soon they'd con wearing them. I lived durin flapper days, and I don't to see that again Besides French designer should tell erican women how to dress!' But Jack Dabbs, membe the El Camino College bear trustees, bypassed the li "You'd better ask a si man!" he said. So we did, and found Fi Dominques Jr., who is asso ed with his father at a 1 furniture store, agnast. "Wh the matter with that man" said, speaking of Dior. "Doe he have any hormones?"

A teenage boy, Jerry Farrage vho was student body president it Torrance High School last eear, summed it up for all the nales when he said, "I don't hink it will ever catch on bethe girls r. Who'd lil

ISITS IN OREGON

<text><text><text><text><text><text><text><text><text><text> (Herald Photo) conceal and REVEAL . . Dior's "flat" look, reminis-cent of flapper styles of the "Flaming '20's," would make curvy Darleen Cratg look as she appears above; below you see the real Darleen.

Goes to Camp Koffee Klatch

Mothers, friends, and mem

or basefiddle?"



Mothers Plan

B'rith Girls will congregate at the ho of Mrs. Milton Feinberg,

ht All members of the South Bay BBG are hostesses for the event, scheduled for 8 js p.m. Donations are 50 cents le, per person, and the public is of cordially invited.

Bon Voyage