

Stanford Trade Course Completed By Isenberg
Ending a six-day session of the Western Institute for Trade Executives at Stanford University yesterday was Dale Isenberg, executive secretary of the Torrance Chamber of Commerce.

Ellinwood

Falling Concrete Block Breaks Leg of Ellinwood 3-Year-Old

BySONNIE & JOE TOMCHAK FR 5-6682
Toddie Fast, 3, was playing in the back yard of his home on Friday, July 9, when a cement block fell on his leg and broke it.

Tuesday for Kansas City after a month's stay with her sister, Bea Clary and husband William J. Mrs. Dimsdale arrived here a few days after the Clary baby was born on May 12 to assist with its care.

Mrs. Sue Austin held a Gift and Gadget party last Thursday evening. Mrs. La Flore demonstrated the items for the group, who saw many interesting kitchen tools and handy gadgets for the home as well as lovely gifts to be given to friends.

Blayne Asher Jr., 8, who is visiting with his dad, suffered a badly bruised finger last Wednesday when the garage door slammed suddenly, catching his hand. The boy was taken to the doctor's, where his fingernail was removed.

The Blimonthly Bridge Club, consisting of eight Ellinwood matrons, met last Tuesday at the home of Janet Robinson. Other players included Jeanne Pope, Jeanne Asher, Janis Lee, Jean Murphy, Janet Smith, Peggy King, and Barbara O'Leary.

Psycho Tomchak, the feline member of our household, met that fatal man in the net last Tuesday evening. With great reluctance, we called the Humane Society to take away our coal black friend after various remedies failed to restore his health.

Mrs. Lena Puccetti is visiting at the home of her son and his wife, Victor and Ann Puccetti. She arrived on June 28, flying here from her home in Pittsburgh, Pa.

The Paul Groesch family also welcomed visitors from the east. Mrs. Reba Groesch's mother, Mrs. Mabel Smenner and two sisters, Sally and Marilyn Smenner arrived on July 8 from Toledo, Ohio.

Mrs. Myra Dimsdale left last Monday for Kansas City after a month's stay with her sister, Bea Clary and husband William J. Mrs. Dimsdale arrived here a few days after the Clary baby was born on May 12 to assist with its care.

LAY ADVISORY GROUPS PRAISED BY DR. HULL

Lay advisory councils to aid in the growth of schools systems drew the praise of Torrance Superintendent J. H. Hull, as he addressed the second of three weekly meetings of the Administration-Supervision conference Friday at the University of Southern California.

Hull was one of three speakers at the conference of school leaders. He discussed "Influencing Public Opinion Through Our Various Publics." The conference theme was "The Administrator Faces Current Problems."

Sun Can Bestow More Than Tan

By ROY O. GILBERT, M.D. Los Angeles County Health Officer
People differ in their ability to stand hot weather. The frequently heard complaints about the heat are not always imaginary, as summer heat is indeed a wretched experience for many individuals.

Hot and uncomfortable, they suffer through the daylight hours while awaiting the cool relief of evening. Yet, with a few simple precautions, hot weather can be made moderately pleasant, and quite safe.

For the effects of summer heat can be more serious than mere discomfort. When excessive heat may cause the individual to collapse either from heatstroke, sunstroke or, as sometimes happens in the case of older citizens and the chronically ill, from a heart attack. These conditions frequently occur because of too much exertion or from prolonged exposure to the direct rays of the sun.

In the opinion of medical authorities, it is foolhardy for individuals to stay out in the hot summer sun for more than a short period of time without a head covering of some sort. A hat, light in weight and broad in brim, is considered most desirable but any kind of covering is better than none at all.

Strenuous physical activity should always be sharply curtailed during hot weather. People who live in hot climates, such as is found in the tropics, have learned to move slowly, instead of during the hottest part of the day a siesta is taken.

Hot weather never agrees with some people, but it is just possible that a few of the individuals who suffer so acutely from the heat, are breaking one or more of these summer health precautions.

The cooling effect of bathing the body with tepid water is well known and is the established custom in many countries. It has the additional advantage of keeping the skin clean and so permits better functioning of the body's cooling mechanism.

Loose clothing also helps to keep the body comfortable since it permits free circulation of air. Hot, tight garments keep the heat confined to the body and hinder the evaporation of perspiration which is an important part of nature's insulation system.

Color also makes its small contribution to comfort. Light colored materials, which reflect the sun's rays, are cooler than dark-colored stuffs that absorb the rays and so serve as a storage vehicle for heat.

Heavy meals are difficult to digest in hot weather because the blood supply, ordinarily used for digestive purposes, is busy

History of Rotary Club Begins in Herald Today

(Ed. Note—This is the first in a series on the Rotary International, presented as part of THE HERALD'S series on local service clubs. On Feb. 23, 1905, at the invitation of Paul P. Harris, an attorney, four men met in an office in the Unity Building in Chicago, Illinois—Harris, Silvester Schiele, a coal dealer; Gustavus E. Loehr, a mining engineer; and Hiram E. Shorey, a merchant tailor.

It was agreed that evening that these men would organize a club which would be based on the idea that Harris had been developing for the past five years—that men in business could be and should be personal friends.

The following day, Harris invited Harry Ruggles, a printer, in the proposed club. He in turn interested Jensen, a real estate dealer. Within a short time, the club organization was completed at a meeting in Schiele's office, with the election of Schiele as president, Jensen as corresponding secretary, Shorey as recording secretary, and Ruggles as treasurer.

Harris Declines Office
Paul Harris modestly declined any office in the new club and he did not become its president until two years later. Five of the

six "original" Rotarians have passed away, but Harry Ruggles, now 81 years old, continues to serve as a member of the Rotary Club of Chicago (Sept. 1952). It is significant that each of the six first members of this first Rotary Club was a comparative stranger in a large city who had come from a small town in Chicago to go into business, and each undoubtedly felt the need of personal friendships to replace those that had been severed by removal from his former home.

Names Suggested
At one of the early meetings, several names were suggested for the new organization. Adopted was Harris' suggestion—"Rotary" which was prompted by the original plan of the Club members to meet in rotation in their various places of business. Papers on business topics were read at these early meetings; Harry Ruggles developed the idea of community singing in the Club, an idea which was to be adopted by many other types of organizations, and Harris frequently suggested original stunts to enliven the meetings.

The membership of the new Club grew rapidly. Its novelty was attractive and those who joined the club found its friendship and fellowship a tonic that stimulated them to better endeavors in their business, social and community relationships. As the Club's membership increased, it became inconvenient to meet in the offices of members. As a result, the Club began to hold dinner meetings, which

SEA MYTHS SPIKED BY ACQUARIST
An octopus won't strangle a man. This and other myths about the sea were dispelled for Rotarians Thursday night at their regular weekly meeting by David H. Brown, aquarist for the new Marineland being completed near Palos Verdes.

Reports Due On 2 Tracts For Planners
Reports on two tracts are due at the Wednesday session of the Planning Commission and approval has been recommended by the City Council on another.

Reports are due on tentative maps for a ten tract on 161st St. near Arlington Ave., by Bert Murphy Construction Co., and on a possible vacation of a portion of Newton St. between Block E, Tract 10800 and the Pacific Coast Hwy. right-of-way.

Recommended to the Council for approval were a final tract map on a 22 lot subdivision along Elgar Ave. between Crenshaw Blvd. and Cherry St. presented by Midvale Bldg. Corp.; and a final tract containing 38 lots along Gramercy Pl. north of 174th St., presented by Torrance Land Co.

The Council has not acted on these as yet. RADAR SHIP
The battleship New York was the first naval vessel to use radar equipment.

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Reflections

By J. HUGH SHERFEY, JR.

MUSIC SOOTHES OR STIRS

According to ancient legend there was music before words; drums were beaten to excite men to wild frenzy. Long before words were soothing to sleep by the lullaby of our mothers. Some of the happiest recollections of our youth are the times when we stood around our wheezy organ singing the old hymns we knew and loved.

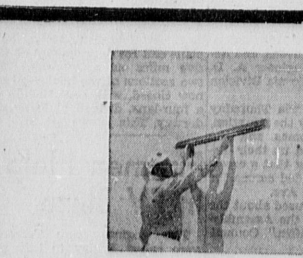
Music is a universal language; one of our soldiers, stationed in India, was homesick. On Sunday morning he entered the church of a Mission. The words of the service might as well have been gibberish but the melody of the songs were those he knew in the church at home. Music was the bond of fellowship. Sing for the joy in your heart. Sing to erase sadness. Sing to be one with the universe.

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Ears to Get Rest Due to Board Ruling

The ear-splitting shrieks of ambulance sirens will split less Torrance ears from now on, due to a Board of Supervisors move. The Board recently approved a contract with the Hawthorne Community Hospital, allowing peace officers of Los Angeles County to take emergency cases to that hospital.

In addition, the cities of Hawthorne and El Segundo have been informed that they are to take their emergency cases to Hawthorne under the mutual aid program in effect between those cities and the County.

Thus, Harbor General Hospital will no longer bear the brunt of emergency cases in the Hawthorne area and, as a corollary, ambulances will shriek through Torrance less than usual.

This Bovine Is Not A Traveler In Space
Her cow may have jumped over the moon, but Martha McCandless, 3183 Cherry St., doesn't think so. She told Torrance police that someone had stolen her light brown Guernsey with a white spot in the middle of its forehead. The cow is valued at \$100.

Hammond Moves to NY Office of Carbide Co.
Bill Hammond, plant manager of the local Carbide and Carbon Chemical Co., now under construction, has been promoted to the New York office of Union Carbide, it was reported this week. Pilot operation and formal dedication of the local plant are expected next year.

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