

NCE TEMPERATURES . . . may soar, but pretty Pat Hillier, 1617 Arlington Ave now to keep cool. Garbed in brief shorts and halter, she mixes tal, temping drin rale, garnished with lemon slice and mint leaves, for herself and hubby Wal I be arriving soon from a hot afternoon in Long Beach State College classrooms.

BEAT HEAT WITH CDA TELLS TALL, COOL DRINKS SALE PLANS

mpting, cooling drinks are a natural part of the hot r picture. A tail refresher is the first thing the hostess of when a neighbor drops in for a chat or when invited arrive. It's the perfect aid to relaxation when you si

the demands and sull Quinac (quinine water). There it is well to have is something especially cooling of bottled drinks about a glass of well-ded qui the refrigerator. Pale ale and sparkling wa shing by themselves in the tropies where intense hea given with fruit in the tropies where intense hea drinks to please the really cools the blood. It is fas teste should be on becoming a popular summe

taste should be on e who like a dry a slightly bitter taste, d pleasant, include s and fill the glass with ine water. Add a teaspoon emon or time juice and gar-with a slice of the fruit,

Rebekahs Plan Meeting Site, . Time Change

nish with a slice of the fruit, For another cooling drink, try 64 cup line juice 14 cup line juice 14 cup sugar syrup 14 cup sugar syrup 15 cup sugar syrup 26 cup sugar syrup 26 cup sugar syrup 28 cup sugar syrup 29 cup sugar syrup 20 cup su will be called on a m change lodge halls an night next Wednesda

First Born To Navyman, Wife

by daughter, eet Navy Sea



(Herald Photo) HAPPY SMILES . . . light the faces of Mr. and Mrs. M. J. "Bud" Edwards, 2208 Andreo Ave. as they premare to out



The

PICNIC SCENE . . . Miss teria contamination in picnic The salad-type filling she is cold by means of a refrigera

ype sandwiches, should be chilled betote towns re-travel. To keep the picnic basket cool, select one of the new sulated types and tuck in a refrigerant. A bucket of ice cul or the handy new gels, encased in plastic tubes, which is be frozen at home, do satisfactory jobs of keeping per ables cool enroute. Bacteria bypass acid food but ride along with moist m tures of poultry, meat, fish, or eggs. Addition of several t spoons of vinegar or lemon juice to mixtures of prot foods help to stave off bacterial action. Among acid foods which carry well are fruit pics. Cre-pics, however, must be refrigerated if taken along. Good hie fare also includes breads of all kinds, cake and cook Because these baked products are comparatively low in m ture. they do not need refrigeration.

Because these baked products are compared inter they do not need refrigeration. Here's an idea—prepare most of the foo ite. It's more fun to do the final fixing of as ing of sandwiches under open skies, and the tamination is thus lessened. When sandwiches must be completed in a fillings that will carry well—processed cheese table of summer sausage.

MOCK WEDDING RITES

r summer sausage. or that right ending of the out-of-door me-lanned. Provide food with staying power, such or fish. The menu needs fresh fruits and very plenty of buns or r whole grain bread

(Photo Arts Photo) MR. AND MRS. THOMAS BATTY . . Establish Dalton Ave. Home

Dalton Ave. Home Chosen By New-wed Tom Battys

test colling the set of the set o

Activities to the parents, edu ators, and all those whose con-term, interest, guidance, and work is with children, the owner will be taught by Mrs bourse will be taught by Mrs fructor in family life education and director of the Redond Beach Extension. "New Tends in Child Growth and Development" will be the the block I WCA, 2320 W, Carson 81. The Server Tends in Child Growth and Development" will be the the local WCA, 2320 W, Carson 81. The server the following: The server the following:

A swimming program for women in the Harbor art ture the agenda at tomorrow's meeting of the Y-Wives, at the local YWCA, 2320 W. Carson St. Plans will be made to secure the use of a nearby J the 11 am, exercise period super.* vised by Mrs. Florence Wood tion building. working on the pu

-Formulating a Pat-Constructive Discip-

Aug. 11—Building Socially Integrative Behavior. Aug. 18 — Understanding Areas of Conflict.

-Levels of

Aug. 25-Application of the followin rinciples of Growth and Ma-uration in Child Guidance. Further information about the age of urse may be obtained by call-when Law at FRontier Operate

30-Year Wed Edwardses BETSY ROSS SLATES SALE Again Recite Nuptial Vows With Leonard Babcock, the minister who married to ughter and son-in-law, the K. O. Lockmans, officiating, d Mrs. M. J. "Bud" Edwards repeated vows they had sai

ren Edwards of North Long the annua the latter e the George Diehrs, Bab Lougees, and Viellenaves er residents of Torrance

Edwards have ENJOYS VISIT HERE

"Happy Anniversary ron of t and Dad." Pastel wife as rs matching the cake been em

MRS. D. MCCUTCHEN

Mrs. Dan McCutchen, a l

vised by Mrs. Florence Wood took, Members got a look at the Wilding. Working on the project wen health picture of this area last ma n; Lofland, coordinator, week when Leon Belsin, health Floyd Miller, president; G. W. dueator with the Los Angeles Steel, Leonard Linnell, Billi County Board of Health, spoke Graves, Thomas Westfall, and following the exercise hour. He George Holthaus. Mrs. Lou Is tool what health services are willer assisted with child care. Harbor District YWCA will be which the health department Y.Wires plan to set actenting the Asilomar confe ates. Wives plan to schedule ad-mal speakers in the future attention of the group of the second is not be annual YWCA ag Adult Conference, the second of the secon

tlighting Specific Con-