Creative Family Living



By Dorothy L. Law

COUNSELOR. LECTURER, INSTRUCTOR IN FAMILY LIFE EDUCATION

experiences and new growth levels.

HELP CHILD EXPRESS FEELINGS

What appears to be a radical change can present itself, however, in the more or less inhibited or repressed type of child (the overly compliant pattern who tends to keep resentment and rebellion inwardly). He can begin to release these feelings during the adolescent period, and because he had ordinarily kept much of this material to himself appears to have "changed completely."

Nothing new has been added, however, only the means of communication (which by the way, if they had been established in healthy ways throughout the carlier periods of development would not take this form of apparent "rebellion.")

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The child whose parents recognize and assist him to evaluste his more or less unacceptable feelings throughout the
ears, help him to avoid this "bottling up" process as it
night be called,

Remember, part of guiding the child to face reality means
helping him to learn to live with himself. One's inner feelfings are very much a part of the world in which he lives,
since it is from them that a major part of his objective
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PHYSICAL GROWTH RAPID

This period of life brings many physical changes in the youth's body, both inwardly and outwardly. The girl of course tends to reach maturity more rapidly than the boy, in many cases. Puberty brings with it changes in the outer physical structure as well as the inner glandular function, etc. Every boy and girl are ENTITLED to be aware of these changes in advance of their appearance.

Instruction in hygiene of the physical self is a must and most adolescents want and ask for it. Please don't label your adolescent "clumsy" or refer to this as the "awkward" age. It is true their bodies are growing so rapidly they can at times barely keep up; it will pass but the label won't.

Some teen-agers have difficulty with skin disturbances which in the majority have been found to stem from inner emotional disturbance. However, don't allow a skin condition to progress to the place where it creates more feeling of insecurity, etc. Do check with your 'family doctor for his suggestions early enough to really benefit from them. Once again good old soap and water can do a lot toward keeping a healthy skin. By all means talk balanced diet over with your teen-agers; help them to become aware of their bodies' needs for sleep, exercise, proper hygiene, etc.





SUMMER FASHIONS . . Striking a nonchalant pose ingay pedal pushers with blouse matching the frim on the trouser cuffs is Jerrie (Mrs. Robert) Bowers (top photo). Ready for an afternoon's shopping (lower photo) in casual cottons complete with gay underslips are Joan Davis (seated) and Dodie Campbell. Styles are among many to be modeled tomorrow night at a show sponsored by Beta Sigma Phi, Theta Nu Chapter. (Herald photo)

IN MEMORIAM . . Parceling out popples which the American Legion Auxiliary, Bert S. Crossiand Unit 170, will sell on downtown streets tomorrow and Saturday are, left to right, Tania (Mrs. John) Grobosky; Mrs. Mabel Williams; Gertrude (Mrs. Pat) Boyle; Persia (Mrs. John) Fess; and Alice (Mrs. George) Thompson, chairman of the philanthropy project. All funds raised will be used for relief work among World War I and II and the Korean War veterans and their families, Volunteer salespeople, in addition to those listed in Sunday's Herald are Mrs. Barbara Crewe and Fred Boecher, caretaker at the Legion Hall. (Herald photo)

Mrs. Ecklund New President Of Harbor YW

List Models For Sorority Fashion Show

Both club members and pro summer fashions from The Sport Shop tomorrow night when The-ta Nu Chapter of Beta Sig m a Phi stages its annual style show at 1215 Crenshaw Blvd. at 8:15

Phi stages its annual style show at 1215 Crenshaw Blvd. at 8:15 o'clock.

Local sorority members who will model are Miss Ann Kloss, Joan Davis, Dodie Campbell; Mesdames Robert Bowers, Vincent Gelger, Jack Morrison, Gene Stirling, and Harold Roberts. Marilyn Lord, instructor at a professional modeling school in Hollywood, will be the commentator.

Styles to be shown range from shorts and pedal pushers to casual cottons and cocktail costumes, Summer flowers will set the decorative motif, and refreshments will be served during internission.

Tickets at 75 cents each may be purchased by calling Mrs. Roberts at FAirfax 8-7240 or any of the members.

Mrs. H. Percy Named Prexy Of JayCettes

JayCettes named Helen (Mrs. Howard) Percy as their new president at a special election meeting in the Chamber of Com-merce Building last Tuesday night

merce Building in ight.

The new leader will have at her right hand Grayce (Mrs. Her right hand Grayce (Mrs. Fred) Hansen, vice-president, while others assisting her will be Ann (Mrs. V. T.) Lovelady, secretary; Jean (Mrs. Chuck) Herren, treasurer; and Lorraine (Mrs. Dale) Stanton, liaison director.

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Plans for installation, to be held jointly with the JayCees on July 10 at the Palos Verdes Country Club, will be made Tuesday, June 8, when the exceutive board meets at the 2054 Reynosa Dr. home of Mrs. Gordon Jones.

Highlights of the meeting preceding the special session were the nafming of Mesdames Jones, Percy, and Robert Johnston to select a club candidate for the queen of the "Community Fair" and the welcoming of six new members, Mesdames Jack Smith, Keith Pischell, Fred Gattrell, Betty Rapstad, Adrienne Ford, and Loretta Stanton.

Social

AGNES BOLTER, Editor

The ...

World



FRIENDSHIP CHAIN . . . links 1954-55 leaders of the Torrance Business and Professional Club, left to right, Virginia Beck, president; Jackle Trenholm, recording secretary; Molly Marshall, first vice-president; Ellen Blackshere, treasurer; Betty Massie, corresponding secretary; Muriel Whiting, second vice-president; and Frances Lee, auditor. (Herald, photo)

When most little boys their age were thinking about a swim, last sunny Saturday, three tots in Seaside Ranchos were doing their good deed for the day.

Nine-year-old Bruce Shockency, 23031 Doris Way, commandeered his seven-year-old brother, Brent, and six-year-old playmate, Kenny Hyder, 23027 Doris Way, for a walk around the neighborhood collecting for the Cerebral Palsy Drive.

The lads got coins and bills amounting to \$21.20 during their three hour campaign.

Seaside Boys Friendship Chain Themes Do'GoodDeed'BPW Installation Rites

Using a chain of friendship as her theme, Lily Anthony, BPW Harbor section chairman for 1954-55, installed new leaders of the Business and Professional Women's Club of Torrance at a dinner meeting at the Palos Verdes Country Club Monday night.

"As each officer is linked together in close fellowship, but if one link is weak, the chain is not as strong as it might be. Therefore it is important that each officer do her part to the best of her ability, making the chain indestructible."

As each new leader was escorted into position by her immediate predecessor. Irene Burkett, junior past president of the Los Angeles Sierra Mar District, Cos Angeles Sierra

San Pedro Club Fetes Local Women

Mrs. Arnold Ecklund, former area membership chalrwan and vice president of the Word, is the new president of the Roard of Directors of the Harbor Area Association.

Elected at the May board meeting, Mrs. Ecklund has been active in the Association for the past four years. In-addition to serving as membership to the past four years. In-addition to serving as membership to the past four years. In-addition to serving as membership to the past four years. In-addition to serving as membership to the past four years. In-addition to serving as membership to the past four years. In-addition to serving as membership to the past four years. In-addition to serving sent to the past four years been chalrenged in the Association for the past four years. In-addition to serving sent to the past four years been chalrenged in the past four years. In-addition to serving sent to the past four years been challenged in the Association for the past of the past four years. In-addition to serving sent to the past four years been challenged in the Association for the past in the past four years been challenged in the challenged in the Association for the past four post post of the past four years been challenged in the challenged in