

FOLLOWING Fashion

dorothy downing

We hope that we may be spared the accusation of ng labeled a yakking female, but these constant attacks male columnists on women's attire is beginning to make

the Thesaurus.

They"ve mimicked our moods in millinery . . . burlesqued beachclothes, and staged many a satire on our silecte. We've sat quietly while they've hazed our hairs . . made merry with our make up . . and split side over the length of our skirts . .

Well, fellows, move over. We're about to turn a table two . . .

or two...

Writing a 600-word column on men's fashlons is not one of life's easier tasks for the reason that there has never been a time in modern history, excepting maybe the Empire period of the 1860's, when men's fashlons have been so stereotyped, so completely devoid of any perceptible signs of imagination or originality.

Outside of the raccoon coat that was forced on you in the mid-twenties by the entree of the open car, the most radical change that has taken place in attire for the male came at the turn of the century when you substituted the long lisle underwear for the shorter version. Sorta a turn of the century "battle of the hemline".

So, we women think of your fashlons as dull and unimaginative .

Secondly, we in California have a peculiar problem all our own . . .



of red roses; Mrs. Gerald Eastham ties pink posies on another; and Mrs. W. C. Boswell cuts smaller hearts out of red tafetta while Mrs. Paul Loranger ruffles them in white and attaches wire so they can be suspended from the ceiling of the Hollywood Riviera Clubhouse, setting for the annual afair. Also serving on the decoration committee is Mrs. J. W.

Treasure Teas Open

This Afternoon; 13

For Hospital

Refugee Europe's Time Bomb, Speaker Tells YW

"Refugees are the main problem of Germany—they are the time bomb of Europe."

So many members of the Harbor District YWCA, including Mesdames Mervin Schwab and John Parks of the Torrance

Creative Family Living



By Dorothy L. Law

COUNSELOR. LECTURER INSTRUCTOR IN FAMILY LIFE EDUCATION

Turtle' Feels Independent, Must Learn to Share Himself

ity pattern. People with this pattern as a dominant one have their own special needs.

They are often very aloof and detached in their attitudes; in extreme cases they can withdraw to a very marked digree when they are displeased with their environment. They pride themselves on their self-sufficiency and ability to work independently. They can be extremely self-contained as well as moody and introspective; find it hard to share their inner feeling with others and so often feel "misunderstood."

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NEED TO FEEL PART OF THE GROUP
It is true that we each need to take time 'to quiet ourselves inwardly, to collect ourselves, so to speak. There are times when we wish to be alone; however, we also have an inter-relatedness with our fellow man. This need is met through a feeling of "belonging," a feeling of being part of our group.

Very often the turtle type of personality thinks he feels just the opposite—"I don't need anyone." As we have learned, when we deny aspects of ourselves and strongly identify with any one type (star, turtle, clinging vine, or tyrant), we have an inner feeling of lack. This creates a limitation in self-expression with its resulting tension.

CAN FEEL REJECTED

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So often the egocentric "turtle" feels "no one wants me."

He can have a great deal of self-pity and bitterness seething about inwardly, even though to all outer appearances nothing seems to be bothering him at all.

Some turtles "explode" periodically, surprising themselves and those about them. They are sometimes difficult to live with because of lack of communication with their environment. One wife said of her husband, "I guess he just expects me to read his mind," another remarked, "I can't seem to be able to please him. I never know what he expects."

HIDE REAL FEELINGS

In contrast to the "star" pattern of last week, the turtle avoids recognition. One of the worst techniques to use on him is high pressure, or force; because he will often retreat and become very cold and sensitive. He can ignore you in a most devastating way.

Some turtles will outwardly be compilant and agreeable, and then quietly do it their "own" way. Some are overly-sensitive and easily hurt; however, they are skillful at hiding these feelings from others.

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NEEDS TO FACE LIFE

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NEEDS TO FACE LIFE

If you have a child who appears to have a more dominant "turtle" pattern, you can help him learn several lessons in human relationships so he can develop in a balanced way. Some of these are to recognize his need for independence but to realize others must be included in his thoughts and plans; to find healthy and satisfying ways of meeting problem situations; to learn the attitude of facing issues squarely with "let's see what we can do about it", to recognize his real feelings; and to meet life and express himself adequately.

Often you can communicate with the turtle type more easily through what he does. A hobby or project of some kind will often encourage him to express himself, it is less difficult for him to share his activities than his feelings. Later, as you build confidence in your relationship with him, he is more willing to express his inward thoughts.

NEEDS TO LEARN SHARING

He greatly needs to project his attention to others or to an outside interest of some kind in keeping with his talents. He needs so much to learn to "share" himself from time to time, to establish common goals with those about him, to develop the "we" feeling.

A shell is a protection which may be necessary for us to use "at times," but it's no fun to live in one all the time. Neither is it good mental health to have the feelings that go with this way of life."

Too much withdrawal from facing ourselves or others is an indication of a need for self-understanding. We might ask this question—"What am I running away from?" I have found the answer in most cases to be "myself."

Life is learning to live with ourselves and others, it rings great rewards in successful living.

Next week I'll discuss the "clinging vine" pattern.

FOR WOMEN

Places Open in Lectures Set Y Swim Class

Because of inclement weather, the initial meeting of the swimming course being offered by the YWCA on Tuesday morning course being offered by the YWCA on Tuesday morning to enroll, Mrs. Otis Blacks and this week.

Credit will be allowed for those who were unable to attend the first session, however, she said.

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First of Four For Wednesday

