

'Stork Story'

FROM TORRANCE MEMORIAL HOSPITAL.

Newest addition to the family of Mr. and Mrs. Harry O. Glines, who make their home on the C.C.M.O. Oil Lease here, is 8 lb. 7 1/2 oz. Gary Osbourne. Arriving at 10:33 p.m. Jan. 5, the boy joins two sisters, Michaela Ann, 7 1/2, and Susan Kathleen, 2 1/2. Father is a surveyor with General Petroleum; grandparents are Mr. and Mrs. Harry H. Grimes of Torrance and Mrs. May Whitley of Henrietta, Tex.

Patricia Linda is the name chosen by Mr. and Mrs. Daniel J. R. Rouker, 1696 Maple St., for their first child, who arrived at 4:12 p.m. The baby weighed 6 lb. 10 oz. bit of femininity is employed at North American Aviation; mother is the former Mary Rizzo.

Another Jan. 7 arrival is Michael Irvin, son of Mr. and Mrs. Melvin Y. Hanson, 2100 Henrietta St. Born at 2:44 a.m. weighing 6 lbs. 5 1/2 oz., the baby joins one brother, Melvin York Jr., who is one year old. Father is an industrial fireman at Dow Chemical; Messrs. and Mesdames J. O. King, 21012 Henrietta St., and Samuel L. Hanson of Oklahoma City, Okla., are grandparents.

Announcing their first arrival, born at 4:55 p.m. Jan. 8, are Mr. and Mrs. F. M. Ainsworth Jr., 2811 W. Carson St. Named Kathleen, the baby daughter weighed 8 lbs. 3/4 oz. Father is an apprentice steamfitter with Fluor Corp., grandparents are the F. W. Sandstroms, 2322 El Dorado St., and the Ainsworths St., 1304 Crenshaw Blvd.

Seven lb. 13 oz. Sheryl Elizabeth, also a first child, her parents are Mr. and Mrs. Gary Ferguson, 1456 W. 220th St. Father of the little girl, who arrived at 6:49 a.m. Jan. 6, is employed in production control at Douglas Aircraft Co. Messrs. and Mesdames Robert T. Lenton, 1447 W. 220th St., and A. L. Ferguson of Long Beach are grandparents.

The W. F. Wetzel, 22614 Kathryn Ave., now have a full house—three boys and two girls—since the arrival at 1:09 a.m. Jan. 10 of 7 lb. 1 1/2 oz. William Gregory. Other children in the family of the tool and die maker and his wife are Danny, 8; Linda, 5; Tommy, 3; and Kathy, 20 months. Grandparents are Mrs. John Wetzel of Huntington Park and Mrs. Sarah Steele of Los Angeles.

Two other babies, both boys, were born on Jan. 10. Arriving as a playmate for 26-month-old Marie Ann, daughter of Mr. and Mrs. Vincent Lopez, 3552 W. 171st St., was 8 lb. 1 oz. Tommy. Father is employed with J. A. Thompson and Son; grandparents are Mr. and Mrs. Paul Quesada of Redondo Beach and Anacleto Lopez of Lawndale.

Four-year-old Johnny De An and two-year-old Bobby Royce, sons of Mr. and Mrs. Ernest Swims, 24806 Woodward Ave., Lomita, also got a new playmate, 10 lb. 4 1/2 oz. Gary Lynn. Father is an officer with Harvey Machine Co., E. A. Gather of Norwalk Ave. is the maternal grandfather.

SUNDAY BREAKFAST PLANNED BY MOOSE

Traditional morning meal favorites, ham and eggs, hash browns, hot rolls, fruit juice, and "all the coffee you can drink" will be on the menu Sunday, Jan. 17, when Torrance Chapter, Women of the Moose, sponsor a breakfast at the Moose Hall. Serving hours are 9:30 a.m. to 12 noon, and ducks are priced at \$1 for adults and 50 cents for children.

Two-in-one Exercises Trim Figure, Get Milady Into Skiing Shape

LOOK LITHE AND BLITHE ON THE SKI SLOPES . . . and at the same time, get your figure in trim for the new spring fashions, suggest national beauty experts, who have created a whole new group of ski exercises designed to make your day on the slopes a day of pleasure.

Remember last season's fiasco . . . Were you stiff? Sore? Much too tired to call it fun? Whip yourself into shape before you hit the world of slaloms, and you'll enjoy the wonderful thrill of the healthful, fun-filled out-of-doors. Many of these exercises utilize muscles you never dreamed existed, so you will be able to start slowly and increase the number of times you do each exercise day by day.

IN-TOWN APPEAL

As a warm-up, try the stretch exercise, good for shoulder and arm muscles on the ski run, a wonderful bust exercise for the town fashion appeal. Stand legs wide apart, feet parallel, your ski pole or a lithe line in your hands. Keep legs and arms straight and outstretched, and pull pole-up, then back behind your head as much as possible.

The "Twist" is designed to give you swinging balance and co-ordination on skis, and incidentally is a wonderful waistline trimmer. Stand with your legs together, feet parallel, hold your ski poles in your hand. Bend the knees slightly and turn to one side while your arms and shoulders turn to the other side. Look over your shoulder in the same direction as your knees, then reverse the entire exercise, doing it in the opposite direction.

SHAPES CALF

To make a parallel turn when you ski, you must stretch your calf muscles. This very same exercise, known as "The Lunge," will slim and shape your calf and ankle.

Stand with your legs together, feet parallel. Take a large step forward, almost a lunge. Lift the heel of your back leg lightly and press it back to the floor, repeating several times. Reverse, and repeat again.

A very difficult, but most necessary exercise for good control on the ski slopes is the "Imaginary Chair." Lean against a wall with your legs bent, thighs parallel to the floor, calves in right angle to the thigh. Hold this position. You will find balancing on your ski poles, a chest, or a chair helpful in the beginning. Later, you will be able to discard these props.

This exercise is designed to strengthen the thighs and the back, to shape the leg and the buttocks of the thighs. Fashion conscious girls, please note! This exercise also is a good way to flatten the stomach.

FLAMINGO

Another of the more difficult, but extremely beneficial exercises is the "Flamingo." Stand on one leg, lift the other high in the air, bending until the body is horizontal and parallel to the floor. Bend the supporting leg, keep heel on floor, and straighten . . . bend and straighten. You will find balancing on ski poles or holding to a piece of furniture helpful in the beginning.

On the ski slopes, try these warm-ups to keep limber and flexible. Lie down, with skis on your feet, skis parallel to the ground, knees bent. Roll to the right, back starting position, and start over again. Do this at home with or without skis, for the same reasons, and to slim and trim your waist and stomach.

In preparation for the strain of walking up the slope, practice with your skis, lifting one leg to the side as high as possible, keeping the ski straight and parallel to the floor. At the same time this exercise prepares you for the climb to the top of the hill, it also reduces your hips!

Noted Lecturer to Talk of World Affairs, Plays, Books

In keeping with her efforts to obtain facts on current events first hand, Mrs. Lorita Baker Vally spent considerable time in New York and Washington during November and December and will report on her findings at the third in a series of lectures sponsored by the San Pedro Assistance League, 1441 W. Eighth St.

Beginning at 10:45 a.m. Tuesday, Jan. 19, Mrs. Vally will present a survey of this season's dramas in New York. Parenthetically speaking, she says that in Washington today there is a great drama waiting for interpretation—really two dramas, but they are closely related—two halves of one whole. One is set in the national medium, with its questions to be solved—the other is a drama of international problems.

In addition to her commentary of world affairs and the latest plays, Mrs. Vally will review such best sellers as "Some Enchanted Evenings" by Deems Taylor; "The Theatre in the Fifties" by George Jean Nathan; "Flying Saucers from Outer Space," by Major D. E. Keyhoe; "Cress Delahanty" by Jessamyn West; and "Leila" by Andre Maurois.

Mrs. E. J. Rowan, lecture chairman, will be at the door of the clubhouse with tickets for those who do not hold season cards. Immediately following the lecture, members of the Colleagues Auxiliary will host a coffee hour.

Wayne Cookus Gets High Eagle Post

Wayne Cookus, past president of Redondo Aerie 935, Fraternal Order of Eagles, which includes many Torrance men as members, is the new chairman of the Los Angeles County membership committee.

Elected at a meeting in Glendale last week, Cookus stated that his goal is to double the membership in Southern California.

"This must be done," he said, "without lowering the high standards of qualifications necessary for membership in the organization. With the changes that have been made in the Grand Aerie during the past year, membership is more and more being held a privilege."

Cookus has long been active in Eagle affairs, leading the local district to two gold ribbons and three blue ribbons in a year, a feat that has never before been equalled.

Sobadas in for 'Hard Times'

Sobadas and their guests will don tacky clothes next Saturday night, Jan. 16, for a "Hard Times" dance at the Western Club in Gardena. Clothes lines hung with dilapidated wearing apparel will add to hobo atmosphere of the 9 p.m. affair, which is being planned by members of the executive committee, Messrs. and Mesdames Wall, Moody, Laurence Derouin, and Paul Reutter.

VECINAS SET PROVISIONAL TEA FOR 30

Thirty provisional members of Las Vecinas Women's Club will be received into active membership Sunday, Jan. 24, at an afternoon tea to be held in the 1636 Via Arriba home of Mrs. Max Webber.

The women, according to tradition, first entered the club as provisionals three months ago, and having proved their worth to the organization, are now being accepted into full membership. Each candidate's two sponsors and club officers will join them at Sunday's tea, which is being arranged by Mrs. Thomas O'Malley of Hollywood Drive, membership chairman.

The new activities will be formally introduced to the club membership at its regular meeting on Thursday, Jan. 28 at the Redondo Beach Woman's Clubhouse.

New Perry Cub Pack Holds First Meeting Tomorrow

Cub Pack 953-C, newly organized in the Perry School District in North Torrance, will hold its first meeting tomorrow night at 8 o'clock in the school auditorium, Mrs. D. D. Kern, press chairman, revealed this week.

Future sessions are scheduled for the third Friday of each month, with John Tucker, fifth-grade teacher at Perry School, presiding as Cubmaster and Delmer Kern as his assistant.

John Bush, chairman of the pack committee, is assisted by T. R. Jackson, secretary; Marvin Shockley, advancements; Sol Moschel, treasurer; Robert C. Dunbar, Los Angeles representative; L. N. Burton, S. A. Freedman, and R. F. Dohmer, ways and means chairmen.

Thirty-eight boys are registered in the pack, Mrs. Kern said. Mrs. Samuel Freedman, mother of Den No. 1, is in charge.

Social Leaders Here Invited To Luncheon

Mrs. Grover C. Van Deventer, president of the Torrance Women's Club, Mrs. John Melville, president of the Torrance Memorial Hospital Auxiliary, and Mrs. David J. Hurford, president of Las Vecinas Women's Club, will be among local social leaders honored at the annual luncheon of the Redondo Beach Woman's Club Reciprocity Day Luncheon next Thursday, Jan. 21.

Setting for the affair will be the Masonic Temple in Redondo Beach, with executive boards of the three South Bay members of the California Federation of Women's Clubs—Redondo Beach and Hermosa Beach Women's Clubs, and the Manhattan Club of Manhattan Beach—sharing hostess honors.

Planning the event are the club presidents, Mesdames Stuart Scott, Redondo; Paul Veeder Brown, Hermosa; and J. O'Hara Smith, Manhattan. Mrs. Smith will be chairman of the day.

Members of the Dianias and Dolphins, junior federated clubs of the area, will prepare and serve the luncheon.

Presidents of the state, county, and district federations who have accepted invitations to attend are Mesdames Joseph C. Wenger, George W. Cornelius, and Esmer Wilcoim. Mrs. Wenger will speak on the topic "The Woman of the Hour."

Service Lists New Classes

The Compton Counseling Service will offer new classes beginning Tuesday, Jan. 19, according to Leona Prudence, press chairman.

Nelle Milligan, R. N., counselor and staff member of the Service, will instruct a class on "Understanding Yourself and Others," to be held each Tuesday, 10 a.m. to 12 noon. A "Depth Psychology" class, slated for 7:30 to 9:30 p.m., also will begin Tuesday under the leadership of Edith Stauffer, director of the Service.

Another Tuesday evening class at the same hours will be "Developing Our Self Expression," to be directed by Paul Stauffer. Purpose of the class will be to train people to express themselves in conversation, public speaking, and salesmanship.

Wednesday evening, 7:30 to 9:30 o'clock, Jane Rice, counselor and member on the staff, will instruct a class in "Group Analysis," while on Thursday morning, 9:30 to 11:30 o'clock, she will conduct a class on "Help Yourself to Happiness."

Further information may be obtained by calling NEWmark 4-8812.

Army Co. Led by Local Man Gives Party for Korean Kids

Korean orphans got their first taste of an American Christmas this year, thanks to the H. V. Mortar Co. of the 65th Infantry Division, U. S. Army, which is led by First Lt. George A. Carley, son of the Clay B. Carleys, 1515 Arlington Ave.

The men raised \$550 from their own pockets for the Yule party, decorating a tree with ornaments bought in Japan and passing out gifts of food and clothing to the kids. During the festivities the entire company sang Christmas carols over a public address system.

The only difference between this and a "Santa Claus" fete for American tots was that the Korean kids, schooled by war to the "dog eat dog" method of survival, fought over each present. Lt. Carley told his parents in a recent letter.

The men, he said, got such a kick out of planning the affair that they are planning on buying more clothes in Japan and giving them to the children next month.

In addition to being executive officer for the company, Lt. Carley is an instructor in weapons and member of the Court Martial Council. He received his first lieutenantcy on Christmas, having been commissioned second lieutenant upon his graduation from the University of San Francisco in 1952.

Destiny of Children Topic For Waleria PTA Tonight

"The Destiny of Our Children" will be the topic of tonight's 7:30 o'clock meeting of Waleria PTA, to be held in the school auditorium, Mrs. Glenn Karhu, press chairman, announced this week.

Sgt. D. C. Cook, juvenile officer of the Torrance Police Dept., will carry out the session's theme with a talk and presentation of a film, "A Criminal Is Born." Child care will be provided in the kindergarten room.

The Association already has started planning for the observation of Founders Day at its February meeting, the press chief.

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Delmer D. Kern is the Webelos leader, assisted by Sol Moschel. Boys in this group, age 10 1/2 to 11, are Roy Payne, Donald Wagner, Dick Bush, Dennis Kern, Roy Dohmer, Barry Moschel, and Richard Wagner.

The pack is sponsored by Perry PTA.

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