Hi-Lites Of Seaside Heights

By GRAYCE RYCKMAN
FRontier 5-1779

The news of our neighbor, Arthur Paul Howe, of Vanderhill, who was so badly injured on Highway 101 2½ weeks ago, is a little better. After 13 days, he has regained consciousness off and on recently, even recognizing his wife. He is still on the critical list, so let's keep pulling for him and his family.

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As for the date of our pending Community Christmas Party, it will be on the Sunday before Christmas, December 23. Don't forget to watch for the announcements at your door soon. Credit for the art work on these announcements goes to Mrs. Eugene Eberle of Zakon road.

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Tonight is a very important one in the lives of many of our youth and many of their parents, too. Tonight is the Boy Scout Court of Honor at El Retro Park, 7:30 p. m. Parents of all Boy Scouts of Troop 726 are urged by Scoutmaster Floyd Holstin to attend and all others interested in the welfare of our youth are cordially invited, too.

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December 7, Pearl Harbor Day, is also the birthdate of little Nancy Slover of Bindewald road, who, although not feeling too well, was so happy to reach the grand old age of 6. Congratulations, Nancy, and hurry and get well.

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Also a get-well-soon wish goes to Edgar Leisring. He really had a bout with the flu bug.

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Our comparatively new neighbors, Mr. and Mrs. Bob Wagstaff (Betty) of 5241 Bindewald road, are the proud parents of another lovely boy. This one is named Robert Gene, and he weighed 7 pounds 11 ounces at birth in North Long Beach. Their other son, Alan, 5, is also mighty proud of his new brother.

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Our friend and neighbor, Ted Marchel of Zakon road, is certainly the "host special." He does his dinners up but fawncy as was proven at his recent dinner for the Speakers Circle Club. Enjoying his spiced prime rib roast with all (but all) the trimmings were: Mr. and Mrs. Carl Johnson, Mr. and Mrs. Henry Marchel, Mr. and Mrs. Alex Leverenz, Mrs. Sally Martin, Miss Edna Arnold, Miss Elizabeth Adams, Mrs. Raoul Felix and Mrs. Ann Payne. And the coffee drinking went on for hours.

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On his way back to San Francisco and thence to Korea, Paul Drake stopped off to visit with the Herbst family of Vanderhill and take his namesake, little Paul Herbst, shopping for birthday presents. Incidentally, news was received by the Herbsts that Eugene, brother of Curley Herbst, was recently wounded in Korea. The extent of injury is not yet known. Let us pray that it is very minor.

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And last, but far from being least, is the happy news that M/M First Class Leonard Priestly is home again after eight months. He returned on the Toledo and will be in Long Beach for a time. You never saw a happier smile than the one that has remained on Connie's face since last Saturday. And, of course, Bobby, 3, and the twins, Gregory and Janet, just love having "Daddy" around the house. Welcome home, Leonard, from all of us!

Science Adds Facts To Bible Stories of Birth of Savior

The authenticity of the story of Christ has been further established over a period of years through archaeologists findings in the Jerusalem area.

A group of scientists recently discovered the name of Jesus carved before 70 A.D. among inscriptions on 11 early-Christian burial urns found in a cove on the Bethlehem-Jersalem road.

These findings may prove to be one of the oldest archaeoligical records of Christianity, to give fact and substance to the Biblical stories of the trial and crucifixion of Christ.

It is believed that these writings were left by a sect of Hebrews who were followers of Christ and who had denounced Pontius Pilate.

There were Hebrew and Arabic inscriptions and symbols with references to Christianity.

Other archaeological expeditions have disclosed the presence of the Greek letter "X" . . . symbol used to represent Christ, found on the walls of early-Christian period catacombs.

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December 26 is observed in Christian liturgy as the feast of St. Stephen, the first Christian martyr. The custom of giving Christmas boxes stems from the days when customers of business houses gave boxes of gifts to the journeymen and apprentices.

DAV Initiates Four Men

South Bay chapter of Disabled American Veterans met recently at the Torrance YMCA to initiate four members.

The DAV made plans to distribute Christmas gifts to a group of people forgotten by their relatives. Entertainment was furnished by a troop of Boy Scouts from Dominguez. The Scouts did a number of Indian dances.

Week Set Aside to Emphasize Facts for Victims of Diabetes

ROY O. GILBERT, M. D.
Los Angeles County Health Officer

One million Americans know that they have diabetes and have learned to control it through proper diet and the use of the drug insulin. It is estimated that another million Americans have diabetes but do not know it.

It is for this latter group that Diabetes Week has been set aside as a time to emphasize the facts that the disease can be quite easily diagnosed and that once diagnosed it can be controlled so effectively that the victim of the disease can live what might be called a "normal life."

Diabetes might be called a condition resulting from the failure of the body to make full use of foods which are eaten for energy, namely sugars and starches. This failure to "burn" sugar or starch is caused by the inability of the pancreas to produce insulin, the hormone which regulates the use of sugar in the body. In some other cases overactivity of the pituitary glands counteracts the effects of insulin.

WASTES AWAY

Whenever such a condition occurs, the diabetic wastes away while sugars, unable to be assimilated for body use, are passed out through the urine.

Despite the fact that the victim eats more and more he loses weight and begins to feel weak and sluggish. He is constantly thirsty and, if untreated, may go into a coma. Severe cases many times result in death.

In the early 1920's it was found that injections of insulin made it possible for a diabetic to assimilate sugar. These injections coupled with moderate exercise and a controlled diet, insofar as sugars and starches are concerned, now enable the diabetic to control his disease effectively. Unfortunately, medical research has so far failed to discover a form in which insulin can be taken effectively by mouth because the molecule of insulin is too large to pass into the blood stream through the walls of the digestive tract. There is a good chance that oral administration of the drug may be perfected in the future.

OVERWEIGHT BAD

Diabetes occurs most often in people over the age of forty and overweight people are stricken ten times as often as those who maintain a normal weight. There is a tendency for the disease to run in certain families.

Diabetes can be detected quite quickly and simply through urine or blood sugar tests.

Physicians, hospitals, industrial clinics and public health authorities are more and more focusing attention on finding diabetes, treating it and to some degree preventing it by informing potential diabetics that the disease can sometimes be avoided by combating obesity through diet and exercise.

Christmas Play Slated For Church Showing

A Christmas play entitled "Christmas Every Day Until . . ." will be presented at 7:30 Sunday evening at the Torrance Assembly of God Church at 1317 Cravens avenue, it was announced this week.

The play will be presented by the Anaheim Young Peope under the direction of Mrs. Bob Peterson.

DAM RESERVOIR

Denison Dam has a reservoir with an area of 220 square miles.

Car Can Give You Gift Clue

With men taking so much pride in the motor cars they own, here is the starting point for choosing gifts for them which are sure to please.

The list of motor car accessories that are candidates for gift-giving is almost endless.

They range from sheer decorations, in the form of emblems, sets of initials for the doors and club insignia, to devices that contribute to the safe operation of the automobile, and others which will make the car work more efficiently.

Remember, too, that there are car radios available for gift giving to insure the man entertainment when he is traveling alone or with companions. Though his car may now be equipped with a radio, perhaps it needs replacement.

Rear vision mirrors that give the driver a view of the right side of the road from behind the wheel are as readily available as those which are better known and are used to give left side vision.

A set of sonic devices which warn the motorist that he's near the curb when he's attempting parking in a difficult spot, is inexpensive and mighty useful.

Don't overlook seat covers as a possible gift to the motorist for this Christmas. Another welcome gift would be a dispenser of tissues.