

EARL R. HOLMBERG
Earl R. Holmberg, RDM 2/c, 1438 W. 215th st., was discharged from the U. S. navy recently at the naval separation center in Jacksonville, Fla. No other information was received.

(Political Advertisement)

PROMOTE



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(Political Advertisement)

Warnings Issued As Vacationers Start Journeys

With many people taking a long week-end holiday over Memorial day, roadside stands and picnic grounds are receiving special attention by the Los Angeles county health department sanitarians, according to Loring Messier, chief of the division of mountain and rural sanitation.

Many new vacation spots are opening this spring and many seasonal cold drink establishments do not have adequate sterilization facilities, health authorities claim. In checking the sanitation of common drinking glasses, inspectors make a rim test of the glasses to find the bacterial count. Customers are asked to assist in the campaign by watching for lipstick on glasses, cracked or discolored china, and general insanitation.

The U. S. Forestry service is installing numerous safe drinking fountains. Messier also warned against drinking directly from streams, as the water is generally not fit for human consumption due to the carelessness of the vacationing public in polluting mountain streams.

(Political Advertisement)

Nourishing And Tempting Meals Of Local Crops Suggested By State

California's abundant production of wholesome, satisfying appetizing foods make it possible for housewives to prepare excellent meals which not only are nourishing for the whole family, but which will use the minimum of wheat and grains so that these may be shipped to the starvation areas in other parts of the world.

Anthony J. Lorenz, chairman of the California Food and Nutrition Committee and a national authority on foods and diet, pointed this out while supplying housewives with sample menus, using available, plentiful foods, cutting the use of wheat to the minimum. This committee, which established an excellent record of accomplishment during the war, is now serving as Governor Earl Warren's Food Saving Project Committee. Lorenz said:

"Governor Warren has asked us to lay out a plan covering California's part in the national program of food saving. This committee, in a recent meeting in Los Angeles, agreed that the California housewife, with her ingenuity in preparing the farm meals, will play a major role in this food saving program. Among other things, it may be noted that potatoes, of which California now has a bumper crop, provide an ideal calorie alternate for wheat during the wheat shortage.

Following is a typical set of

menus using available, plentiful foods:

Breakfast—grapefruit, potato pancakes with honey, milk or coffee.

Lunch—plain omelet, mixed green salad, potato chips, fruit gelatine, milk.

Dinner—brisket stew with potatoes and yellow turnips, cabbage, raisin and peanut salad, corn muffins, raspberry sherbet, milk or coffee.

Breakfast—Orange juice, buckwheat cakes with syrup, milk or coffee.

Lunch—Boston baked beans, sliced tomatoes and lettuce salad, oatmeal muffins, sliced oranges, milk.

Dinner—broiled chicken, mashed potatoes, fresh lima beans, tossed green salad, baked apple.

Breakfast—stewed apricots, scrambled eggs, whole wheat bread, milk or coffee.

Lunch—clam chowder, rye crackers, fresh fruit salad with milk or coffee.

Dinner—Southern chicken pie with mashed potato topping, glazed carrots and onions, Waldorf salad, chocolate pudding, peanut butter dressing.

Disability Benefit Plan Effective

While California's new unemployment compensation disability program went into effect last week, that doesn't mean sickness benefits will be paid immediately.

This was emphasized today by James G. Bryant, chairman of the California Employment Stabilization Commission, which will administer the program, who stated that from May 21, 1946, forward, all contributions to the unemployment insurance fund made by employees will be credited to the disability benefit fund.

"Unless Congress authorizes returning past employee contributions for payment of sickness benefits, the state will not be ready to pay until May 21, 1947," Bryant said.

"This is expressly provided in the disability benefits act, which was voted by the 1946 session of the legislature and signed by Governor Warren. The law is worded to permit the building up of a fund from which to pay disability benefits, and does not authorize immediate payment."

ATOM SMASHER
A University of California scientist has devised a new atom smasher called the synchrotron, which is more powerful than any ever before conceived.

(Political Advertisement)



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(INCUMBENT)
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SAILORS AND SOLDIERS EXCHANGE—To bring a more comprehensive understanding, nearly 1,000 students of U. S. Military Academy at West Point, N. Y., and Annapolis Naval Academy, exchange quarters for four weeks. Above, getting acquainted. From left: Cadet Richard L. Stone, Mt. Vernon, N. Y.; Jacquelyn Northrup, Washington; Luanne Armsby, Kansas City, Mo., and Midshipman Edward Appert, Ridgewood, N. J.

Army Urges Next Of Kin To Give Change Of Address Notice

The War Department appealed to those who during the war received notice of the death of a relative in the armed forces overseas to inform the military service to which the deceased was attached if they have changed their address in the United States since the date the notice of death was first received. Notice of this request was made public by Colonel James F. Byrom, commanding officer, Mira Loma Quartermaster Depot, Mira Loma, California, who urged persons concerned in this locality to help in the program.

The War Department's request for present addresses of next of kin is made also on behalf of the Navy Department, Marine Corps, Coast Guard, Red Cross and War Shipping Administration. The War Department has been authorized by Congress to ascertain the wishes of legal next of kin concerning the return and final burial of World War II dead of all military services.

Within the next few weeks, Colonel Byrom said, the War Department will mail to the last known address of next of kin of overseas deceased of the Army and the two civilian agencies a letter requesting information regarding their wishes for final burial. Similar letters will be mailed by the Navy Department, Marine Corps and Coast Guard to next of kin of deceased personnel of those services.

It is recognized, according to Colonel Byrom, that many thousands of next of kin may have changed their place of residence

Early Report Of Dog Bite Urged

Dr. H. O. Swartout, M. D. has issued a warning that it is important to report a dog bite to the health department so the animal can be kept under careful observation, especially if there is any reason at all to suspect that the dog may be developing rabies.

"Most authorities agree that cauterizing the wound with a hot cautery or with fuming nitric acid destroys a considerable proportion of the rabies virus and lessens the likelihood that the bitten person will develop this disease," Dr. Swartout said.

"In a case where there is a severe bite on the face, head or upper part of the body, it is advisable to start the Pasteur treatment without delay. If the dog under observation develops rabies within two weeks of the time of the bite, the Pasteur treatment should be continued until a full course of twenty-

one to twenty-eight daily treatments has been given. "In any case where the dog bite breaks the skin, there is a wound to treat. It is well to cover the wound with a sterile dressing moistened with a one percent solution of common salt (one level teaspoonful to the pint of water) for the first day or two. "Severe wounds due to dog bites should have the attention of a physician, not only for the cauterization that may be considered advisable at first, but for putting in any stitches that may be needed and for the after care to prevent infection. It is not advisable to use a strong disinfectant on a wound without a physician's orders."

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