

WHY BE FAT?

**Get slimmer
without exercise**

You may lose pounds and have a more slender, graceful figure. No exercising. No laxatives. No drugs. With this AYDS plan you don't eat out any meals, starches, potatoes, meat or butter, you simply cut them down. It's easier when you enjoy delicious (vitamin fortified) AYDS before meals. Absolutely harmless.

More than 100 people contacted by medical doctors, more than 100 persons lost 16 to 15 lbs. average in a few weeks with AYDS Vitamin C and B₁₂ Tablets.

Try a 30-day supply of AYDS, only \$2.25. Money back if you don't lose the very first inch by the end of the trial. Please

**Discount Drug — Terrance
— Conita
— Anita, Pryia, — Lemita**