EVERY DAY S VALUE DAY restone



- 53 PIECES
- SERVICE FOR 8

Numbered

Libbey Safedge glasses, guaranteed not to chip. Includes eight 12-ounce tumblers.

1.45

Has the look and the feel of expensive china. A delicate floral pattern traces its way in soft, muted tones on each lovely piece. A set you'll take great joy in using and great pride in owning! Full service for eight.





Two-Quart Casserole 69c

Whistles While It Works!

Whistling Kettle



Soft, long

Tough Whipcord Work Pants 2.29 Sanforized guaranteed not to shrink

Silex Drip Coffeemaker Makes a cup for each table-spoon of coffee used. No waste!



Only The New Firestone Luxe Champion fire Has These Features:

Gear-Grip Tread for sure-footed control on wet, slippery pavement. Safti-Lock, Gum-Dipped Cord Body, so tough the tire can be recapped time after time.

—Invest in a Perma-Life

Time Battery Problem

11.95 Exchange

To meet war-time driving conditions, Firestone has developed the new Permadeveloped the new Perma-Life — a battery packed so chock-full of power that with reasonable care it may last for the duration without even requiring recharging. Why not invest in the best —buy PERMA-LIFE!

Firestone Stores

RCELINA AT CRAVENS-TORRANCE PHONE 470

Meeting Tomorrow At Wilmington

P.T.A. District

tending.

The presidents of all local P.
T.A. associations with their en-tire executive boards are re-quired to attend. Presidents are requested to be prepared to pur-chase membership envelopes and their press books at the meet-ing.

ing.

All those who plan to remain for the picnic luncheon following to be held at Banning park, honoring district guests are requested to supply sandwiches, salad or cake, individual table service and sugar, it was stated.

F good Oct. 17 through Oct. 30.

BLUE STAMPS — (for canned, frozen and certain dehydrated foods. Stamps R, S and T in Book No. 2 valid through Sept. 20. Stamps U, V and W good through Oct. 20.

SUGAR—Stamp 14 in Book No. 1 good for 5 pounds of sugar through Oct. 31. No. 15 and 16 for canning only valid for five pounds each through Oct. 31.

SHOES-Stamp 18 good for one pair through Oct. 31.

SHOES—Stamp 18 good for one pair through Oct. 31.
GASOLINE—
COUPON NO. 7 (A-Book)—Good through Sept. 21.
All new style coupons, A, B and C, must be endorsed on face with car license number and state of registration.
THE INSPECTION—'B" book cars, next tire inspection deadline, Oct. 31 and every 4 months thereafter; "C" book cars, next tire inspection deadline Nov. 30 and every 3 months thereafter, "A" book cars, next tire inspection deadline Sept. 30 and every 6 months thereafter.

RATION BOARD OFFICE HOURS—At 2300 Carson st., daily from 9:30 a.m. to 4:30 p.m.

Here's Group 3

For sound, robust health re-member this rule: Eat some food from each of the basic seven groups every day! And don't overlook group 3 which spot-lights root vegetables.

lights root vegetables.

Turnips, potatoes, parsnips, celery root, onions,—here's plain, substantial fare that's rich in important food elements. Root vegetables such as these keep well and are generally inexpensive. They supply minerals, some vitamins and are a fine source of carbohydrates. Here, too, is an excellent non-irritating roughage.

Cauliflower, kohlrahi, egoplant

too, is an excellent non-irritating roughage.

Cauliflower, kohlrabi, eggplant,
beets, radishes, onions and celery are rich in minerals and
nicotinic acid. Because they are
low in fat, these root vegetables are good carriers for savory sauces which add both interest and calories to an otherwise plain dish,
Serve some food from group
3 every day. To break down
your family's resistance to root
vegetables, try these tricks. Use
shredded beets or turnips as
salad ingredients or relish. Make
a lima bean loaf with green
pepper sauce. Serve cauliflow-

Know the Basic 7, Here's Group 3 er garnished with creamy cheese sauce. Try lentil soup and lent per and butter or fortified martin patties. Creamed onloss, garlie.

Rugs, Carpets and Overstuffed Furniture Cleaned Effectively

Telephone 2442 for Quick Service, a Free Estimate, and Free Pick Up and Delivery.

upholstered furniture clean ing service. The Johnson & Son method of cleaning and rug binding will meet the most stringent test of your satisfaction.

FINE RUG CLEANING

Ask Those Who Have Had Our Service!

JOHNSON & SON

Telephone 2442

12 17



Dr. W. I. Laughon and Staff

Announce the formal dedication of their completely equipped

NEW PROFESSIONAL BUILDING

Now occupied by the

TORRANCE MEDICAL GROUP

Physicians and Surgeons

1333 and 1335 Post Avenue

TORRANCE

Telephone 1088

The STAFF . . . includes Physicians and Surgeons especially trained in

- * General and Urological
- * Industrial Surgery
- * Internal Medicine, including electrocardiography (for heart study)
- * Obstetrics and Gynecology As well as the General Practice of Medicine
- * Laboratory Technician

The FACILITIES . . . available include the latest and most modern equipment, such as

- * X-Ray
- * Electrocardiograph
- * Physiotherapy
- * Clinical Laboratory
- * Infant Care Department
- * Separate Reception Rooms for Industrial and Private Patients

Office Hours: 8 a. m. to 5 p. m., Daily Excepting Sundays and Holidays. Telephone 1088 Emergency calls, after office hours, Torrance 31 and Torrance 1650