'Copper Shortage' **Troubles Stroh**

However, Stroh informed the council that he wanted nothing



Councilmen May Draft Three New Ordinances

Three new ordinances may be drafted soon by the city ordinance committee (Countries) However, Stroit informed the charged soon by the city officient of the committee (Councillmen nance committee (Councillmen Nick Cucci, chairman; George V. "T undertook the Civilian Defense job as a voluntary contribution to the war effort and I because the properties of the committee of the com

my duty as a citizen."

May Increase Hours
The council recognized his civic spirit and Powell changed his motion to read that the police chief was to receive \$100 for his overtime work as head of the police department for the two emergency periods. All other members of the department had been compensated months ago for their extra services in November and December 1941 but Stroh himself had been overlooked.

Stroh informed the council that

looked,
Stroh informed the council that
he was considering a return to
the "emergency order" and assign his remaining officers to
12-hour shifts unless he can obtain badly needed replacements.



How to get off to a good start with the Point Ration System - BE NUTRITION-WISE

The new point ration system brings to every house wife in America the greatest responsibility and opportunity in this war to date.

Now more than ever you will need to consider every food purchase you make, from the standpoint of its food value-because it means health value to your family. Helpful wartime suggestions and counsel on ration cooking from your gas company's Home Service Department will be published from time to time in adver-tisements such as this one.

Rule No. 1 to the Nutrition-Wise is—don't use a processed food when there is a fresh food available. Fresh foods are particularly high in vitamin content, especially those direct from your own victory garden.

It is more important than ever now to plan menus in advance or you are apt to run out of ration coupons before the month is up. As you make out your shopping list, you can jot down individual and total point values of the rationed foods. This will give you a double-check list, and will save you marketing minutes.

Your best bargains in rationed foods will be those with the highest nutritive value for each point you

Remember to use the highest point coupon possible in making your purchases. This will leave you the right "change" in smaller stamps for lower point purchases later on.

SOUTHERN CALIFORNIA GAS COMPANY

THIS IS THE FIRST OF A SERIES

of advertisements dealing with the vital subject of Food in Wartime. Authentic nutritional information and helpful suggestions for cooking under wartime Rationing conditions are presented under the direction of our Home Service Department.





SAVES VITAMINS AND MINERALS

Wartime Food **Point-Shopping** Starts Monday

(Continued from page 1-A)

these are usually packed in the No. 2 and No. 2½ cans.

The values, which fix the size of the individual ration, were described by Prentiss M. Brown, O. P. A. administrator, as reflecting the critical shortage in canned and processed foods available for civilian consumption during the next year and a half. The shortage is dueprincipally to the heavy requirements of our armed forces at home and abroad, and in small-er measure to lend-lease requirements of our armed forces at home and abroad, and in small-er measure to lend-lease requirements for shipment to Russia and our other fighting allies. The ration, as fixed by the point values, will reduce consumption of the restricted foods to less than one - half of the amount which civilians used during the year 1941-42. Because of the prospects for even heavier military and lend - lease demands on next year's pack of these rationed foods, the ration values were designed to spread our present available supply, and all of next year's supply over the whole period of March 1943 through September 1944—19 months.

As an example of the stringency of the supply, Brown'

over the whole persons of the stringency of the supply, Brown pointed out that the individual ration of 48 points for one month would permit the purchase of one can each of peas and tomatoes in the popular No. 1 size can, in addition to one No. 2½ size can of peaches. The exact amount of ration, of course, will depend on the items selected, choice of the lower point items resulting in the larger ration.

Eat Half as Much "The eivilian population of the United States," Brown said, "will have 254 million cases of canned fruits and vegetables available for their use from March 1 to the end of September 1944. This will mean a little more than 13 million cases a month for civilian consumption for the next 19 months. The civilian population had almost 30 million cases a month for their use during the 1941-42 year.

"This means we will be eating less than half as much can."

the 1941-42 year.

"This means we will be eating less than half as much canned and processed foods as we ate the previous year. We'll do on this scant ration so that our fighting forces and the fighting forces of our allies may have the food they need to carry on."

outlined by the Office of Price Administration:

1—No rationed food may be purchased until March 1.

2—Every person must obtain a points rationing book this week at local elementary schools.

3—Ration books may be obtained for all members of the family by one person showing sugar ration books.

4—All canned goods in the family over five cans per person that is to be rationed must be declared. Only cans eight ounces or larger must be declared as directed on the proper form.

6—Groeers must mark canned

6—Grocers must mark canned food items with the point value and prominently post to official table of point values. 7—Each individual ration to-tals 48 points for March.

Soldiers Appreciate Home-Made Cakes

Twenty cakes, baked by Torrance housewives, were served to soldiers attached to the Army replacement center at Vermont ave, and East Road last Saturday night by members of the Torrance Red Cross Canteen-Service. The cakes won the hearts of the boys and they have asked Mrs. Lola Hoover, Red Cross chairman, to extend their thanks to the women who baked them for the canteen party.

City Workers Object To Civil Service Rules

Notice that Torrance municipal workers affiliated with the State, County and Municipal Workers of America, C. I. O., were not satisfied with proposed new rules and amendments to the city's civil service regulations, received by the city council Tuesday night, was referred to the Civil Service Board. The workers requested a conference with the board "at its earliest convenience."

Here Are the Points for Rationed Foods

This table shows the ration point values for processed for rows the rauon pound.
ontainers and by the pound.
FRUITS AND FRUIT JUICES:
— CANNED AND BOTTLED
19 to 28 to

19 to	28 to	45 to	Per
22 OE.	32 or.	48 oz.	Lb.
10	15	23	8
10	15	23	8
16	24	37	18
. 14	21	32	11
. 14	21	32	11
14	21	32	11
	21	32	11
	21	32	11
	15	23	8
	15	23	8
	15	23	8
	21	32	11
	21	32	- 11
	24	37	13
	21	32	11
. 10	15	23	8
16	24	37	18
16	24	37	13
	24	37	13
	. 24	37	13
	24	37	13
	D		
	38	58	20
25	38	58	20
	15	23	8
·10	Mary Wall Control	oint; 2	to 4
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ounces, 2 points; 4 to 6 ounces, 3 points; 6 to 8 ounces, 4 points; 8 to 10 ounces, 5 points; 10 to 14 ounces, 7 points; 14 to 16 ounces, 8 points, and 1 pound, 8 points.

Dried and dehydrated soups: Up to 2 ounces, 2 points; 2 to 4 ounces, 4 points; 4 to 6 ounces, 6 points; 6 to 8 ounces, 8 points; 8 to 10 ounces, 10 points; 10 to 14 ounces, 13 points; 14 to 16 ounces, 16 points; and 1 pound, 16 points.

VEGETABLES AND VEGETABLE JUICES

CANNED AND BOTTLED

ASDRAGUS.

Tomato catsup, chili sauce.... Tomato juice
Other tomato products.

Baby foods, canned and bottled, all types and varieties except milk and cereals: four to five and one-half ounces, inclusive: one point; over five and one-half ounces and including nine ounces, two points.

Points Detailed

These are the important facts of the food-rationing programs as outlined by the Office of Price Administration:

1—No rationed food.

Item	Vegetables	Values
Peas	1 lb. 4 oz.	16 pts.
	1 lb. 4 oz.	14 pts.
	1 lb. 3 oz.	16 pts
Asparagus	1 lb. 3 oz.	14 pts.
Beans	1 lb. 3 oz.	14 pts.
Spinach		11 pts.
	FRUITS	
Peaches	1 lb. 14 ez.	21 pts.
Pears	1 lb. 14 oz.	21 pts.
Sliced pineapple	1 lb. 14 oz.	24 pts.
Grapefruit	1 lb. 4 ez.	10 pts.
Fruit cocktail		11 pts.
	JUICES AND SOUPS	
Grapefruit	2 lb. 14 oz.	23 pts.
Tomato	2 lb. 14 oz.	32 pts.
Tomato	1 tb. 7 oz.	17 pts.
Grapejuice	1 qt. or 2 lbs.	15 pts.
Soup		6 pts.

COMPLETE" EXAMINATION \$9

Summation and diagnosis with explanation of the findings of examination.

Consultation and advice as to treatment. The co-related findings of this examination are helping people every day to find the way to good health. Only by successful discovery of the cause of ill health may the means of recovery be found.

DR. WM. F. HENRY, D.C.

AND STAFF

PHONE TORRANCE 482
OPEN EVENINGS
MONDAY, WEDNESDAY AND FRIDAY

ACCOMPTON
Phone
Newmark 1-2466

IN COMPTON

Three Things Are Required

If you haven't applied yet for your War Ration Book No. Two, take these three things to your nearest elementary school today, tomorrow or Sat-urday:

1—The sugar coupon books (War Ration Book No. One) held by every member of your family.

family.
2—The Consumer Declara-tion form, filled out and

City Cannot Give
Refund In War Stamps
When George H. Moore, for mer hardware dealer here who is now ranching in northern California, applied by letter to the city council for a refund on his unexpired business license, he

signed.

3—The number of your ration board. In this community it is 5.62.

Mr. and Mrs. Norman W. Malchow have sold their home on 213th st. and will leave for Los Angeles.

NOW! **EVERY CAR** OWNER TIRES RECAPPE

No Rationing Certificate Required

EVERYONE OF the 27,000,000 passenger cars in the United States is an essential part of America's transportation system. To keep these cars in service and at the same time to conserve the nation's precious reserve supply of rubber, the Government now permits every car owner to have his tires recapped without securing a rationing certificate. The object of this new order is to encourage car owners to have their tires recapped before they are unfit for further use. This is the best way to conserve America's greatest rubber stock sile—the tires the best way to conserve America's greatest rubber stock pile-the tires that are now on the nation's cars.

FOR LONGEST MILEAGE And Guaranteed Quality INSIST UPON

Firestone

Factory - Controlled Recapping

* Longest mileage because Firelin, the wear-resisting rubber vitamin.

★ Uniform high-quality materials and workmanship because the Firestone Method of Recapping is Factory-Controlled.

* Better service because Firestone has the largest nation-wide system of recapping in America.



HERE'S ALL YOU HAVE TO DO!

Drive in and have your tires inspected by our experienced tire specialists. They will tell you whether or not your tires need recapping. If they do, our men will make all the necessary arrangements. That's all you have to do. Easy, isn't it? So why delay?

Come In Tomorrow

SAVE TIRES AND GAS & MAIL OR PHONE YOUR ORDER & SAUSSELLIES STORE THIS

Listen to the Voice of Firestone with Richard Cro-Symphony Orchestra, under direction of Alfred W STORE HOURS:—7:30 A.M. to 7 P.M. DAILY CLOSED ALL DAY SUNDAY

STORES BIRDSIDOND

MARCELINA AT CRAVENS

PHONE TORRANCE 476