War Plants to Attack Housing, Labor, Transportation Problems (Continued from Page 1) would be necessary to obtain relimited. About 38 per cent

ods. Mrs. William H. Rojo. Propresided at thee business session when plans for the temaining months' program were outlined.

Founders' day will be observed in February, but because of war work among board and other members, the March meeting will be dispensed with. The stated meetings will be held in April and May and there will be no June meeting, according to Mrs. Frank Paour, jr., publicity chairman.

* * *
SHRINERS HOST
TO GROUP SUNDAY
Mr. and Mrs. A. Shriner entertained as their guests Sunday Mr. and Mrs. Del Thomas of Inglewood, Mr. and Mrs. William Childs, Mrs. Vena Hamilton and daughter, Joeq. and Mrs. Esther Dennis of this city.

* * *
BETSY ROSS CLUB
MEETS NEXT TUESDAY
Members of Betsy Ross Starclub will meet next Tuesday, Jan. 19 at Masonic temple. Luncheon will be served at 12:33 and Mrs. O. E. Fossum will preside at the short business meeting following. Mrs. L. B. Brechelwy will serve as chairman of arrangements that day.

* * *
MISSIONARY COUNCIL ELECTS OFFICERS
Officers who will serve on the Christian Church Missionary Council board for the ensuing year are Mmes. M. J. Edwards, president; E. W. Look, first vice president; Vincent Viellenash, president; E. W. Look, first vice president; Vincent Viellenash (PARTY TONIGHT Hostesses for this week's Catholic ladles' card party are Mrs. W. O. Putnam and her committive, Mmes. Flynn, MacDonald, Pennington, Allgood, Neff, John Strong, Guiden, A. P. Stevenson, auditor.

**
CATHOLIC CARD PARTY TONIGHT Hostesses for this week's Catholic ladles' card party are Mrs. W. O. Putnam and her committive, Mmes. Flynn, MacDonald, Pennington, Allgood, Neff, John Strong, and Mrs. Strong, and Mrs. A. P. Stevenson, auditor.

**
CATHOLIC CARD PARTY TONIGHT Hostesses for this week's Catholic ladles' card party are Mrs. W. O. Putnam and her committive, Mrs. A. Strong and the very an and the committive, Mrs. A. Strong and the view of the proposed of the volume of the president will be given by the proposed of the workers are studied or sensible of the workers are studied or s

as rapidly as those brought in and furnished with public housing."

The meeting adjourned after MacDonneil was authorized to call another session, now set for next Tuesday afternoon, Jan. 19, when a permanent organization will be effected to attempt a cure of the three-fold civic and industrial growing pains of transportation, housing and manpower. He queried each of those present to receive assurance that they would attend this meeting and assist with the organization.

The smaller industrial plants, now represented at Tuesday's luncheon meeting, will be invited to participate in the joint effort, MacDonneil said. In addition to those named, men attending the Tuesday conference were: J. A. Wagner, personnel manager of the Goodyear Rubber Reserve Co.; Charles E. Walter, property manager of the District Bond Co.; P. O. Christianson, general agent for the Pacific Electric: Thomas T. Robertson, industrial relations, Columbia Steel Co.; F. G. Ewart of the Higgins Brick Co., and Micheal Straszer of The Torrance Herald.

Graduation and Baccalaureate Combined Downey Vicar Will

As result of a conference last Friday between faculty members and Torrance ministers, it was agreed that the mid-winter graduation would be combined with the Baccalaureate service Sunday afternoon, Jan. 31, starting at 2 o'clock, Miss Elizabeth Parks, acting principal, announced.

Church-Owned

With the official announcement of the sinking of the aircraft carrier Hornet, it can be reported now that Clarence Theodore Scheibler, 33, chief electrician's mate of 1605 Amapola ave, Torrance, who had been previously reported killed in action, met his death on that gallant vessel.

A Lomitan, George W. Wingate, 22, avaiation metalsmith of 23730 Pennsylvania ave, escaped without injury aboard the Hornet during the Oct. 26 engagement. Of the furious battle, survivors said little. The men were carefully instructed how to float horizontally, on the water, after abandoning ship, said Wingate, to avoid injury from shock of bombs the Japs continued to drop.

Many of the men had served on the Hornet since its commissioning just one year before. The carrier was on convoy duty in the Atlantic early in the war but for weeks before its loss had been running the gauntlet. Survivors of the Hornet were home on leave at Thanksgiving time but have since been reasigned, either to new carriers or to air stations.

Speak Here Sunday

Rev. Paul M. Wheeler, vicar of St. Andrew's Episcopal church, will exchange pulpts next Sunday morning, Jan. 17, with Rev. Benjamin Miller, vicar of St. Mark's church in Downey. Rev. Miller is well known to the local congregation. He has announced he will speak on "The Need of a Victorious Gospel" at the 11 o'clock morning prayer service.



HAVE YOUR NEXT PARTY HERE DANCING EVERY SATURDAY NIGHT

 Complete Seafood Dinners or a la Carte

• Chicken or Steak Dinners

· Cocktail Bar

Complete Seafood Market In

SAM'S CAFE 2501 Pacific Coast Hiway

SEAL BEACH, CALIF. PHONES-Long Beach 840-79 or 802-00

Ambulance Corps Starts Rifle Practice

First Aid Class Starts Jan. 19

A standard first aid class will start sessions Tuesday night, Jan. 19, at 7 o'clock in the city hall courtroom with Fred B. Folts, chief first alder at the Torrance casualty center, as instructor. The classes will be held each Tuesday and Friday nights from 7 until 10 p. m.

The Red Cross has a goal "A First Alder in Every Family." With the medical profession coming under more and more strain because of war conditions, everyone who can should take advantage of the free instruction presented in first aid, home nursing and nurses aide work, according to Casper Clemmer, first aid chairman for the Torrance branch of the Red Cross.

ON BUYING TRIP

Sam Levy, department store owner, was in San Francisco this week buying merchandise. He reports considerable success in obtaining quantities of national-ly advertised goods.

Keystone Woman, 74, Injured by Auto

Mrs. Matilda Biggs, 74, of 1321½ West Carson st., Keystone, suffered two fractures of the right leg when she was assertedly struck by an automobile Sunday night while walking at Carson st., and Harbor blvd., according to police reports.

SUNDAY GUESTS
Mr. and Mrs. Fred Cooper entertained as their Sunday guests
Mr. and Mrs. Ralph Cooper of
Long Beach.

AT LOMA LINDA

Mr. and Mrs. J. G. Koch are at Loma Linda this week where he is recuperating from a recent attack of flu.

blvd., according to police re-ports.

Robert Y. Rigney, 30, of San Memorial hospital for treat-pedro, a shipyard worker, who



may mean changing your food hab , but you CAN keep your family wel I in face of limited selections.

FOR YOUR DAILY QUOTA
OF VITAMIN A
... Look to your dairy products, eggs,
sundry meats such as liver, heart and
kidney, oily fish, leafy green and yellow vegetables. If one "A" food is not
available, then turn to another.

GET YOUR VITAMIN B ... From whole grain cereals, enriched flour and bread, milk, eggs, liver, kid ney, fruits, and vegetables. Think of these when lean meats are not available

YOU'LL FIND VITAMIN C

... In oranges, lemons, grapefruit, to-matoes and berries. Leafy raw vege-tables, especially cabbage, can be called upon for "C" should there be need.

MINERALS ARE NECESSARY

You won't have to go mining for these minerals. But they should be given careful consideration in the menu. Calcium-Of course dairy products, especially milk and cheese, are the best source, but the pinch litters are molasses, carrots, cabbage, broccoli, and dried figs.

dried figs.

Iron—Liver, heart and kidney are about the best sources of this all important mineral. But too, there's whole grain cereals, enriched flour and breads, lean meats, egg yolks and leafy green venerables.

PROTEIN AND ENERGY FOODS

WE'VE PLENTY TO EAT

WEDDING BOUQUETS CORSAGES FUNERAL DESIGNS Fresh Flowers of All Kinds

KING'S FLOWERS

DELIVERY SERVICE

PHONES: Menio 4-1413 GARDENA CORNER FIGUEROA AND ROSECRANS

War Plants to Attack Housing, Labor, Transportation Problems

Considered from Part 1

TONNIND CAIR DO. 7

TONNIND CAIR DO. 7 IF YOU CAN'T GET THAT-ZTRY THIS! Mother's question at the breakfast rable, "What do you olks want for dinner?", is no longer very practical. The menu that the family decides upon, and what is served that evening are often quite different nowadays. Ra-tioning, shortages, etc., with their resulting substitu-tions make daily meal planning seem somewhat like a guessing game. But dinner—and every meal—can con-tinue to be nutritious and appetiting if Mother follows the simple rules that are listed below. Even though our food dealers' shelves are likely to take on the appearance of Old Mother Hubbard's cupboard during this wartime period, it is still up to the homemaker to keep the family fare in balance with sufficient vitamins, minerals, and other body-building indispensables.

EDWARDS COFFEE 24°

RITZ CRACKERS NOX GELATINE

1-lb. 21c 1-oz 19C

SEA FOODS

OD FILLET 39°

3 bars 20°

ABY FOODS 3 cans 19c 3 pkgs. 28c SOUP MIX FACIAL TISSUES

PALMOLIVE

IVORY SOAP

OXYDOL SOAP



WINESAPS JUICY, RED APPLES

DELICIOUS APPLES 11c AVOCADOS 1/2 10c MAVEL ORANGES
Sweet, juicy, seedless. Ib. 5c TOMATOES
Nice for slicing.

WE'VE PLENTY TO EAT
There are plenty of nourishing, appetizing foods to be had. It is a matter of
manipulating the menu to include all
the nutritional necessities. Julia Lee
Wright's Family Circle articles are designed to help you adjust your cookery
to a wartime basis. You'll benefit by
watching for them weekly, and clipping
them for future reference.
A new series in new dress has just been
started. Get your copy of THE FAMLLY CIRCLE MAGAZINE Tuesday
and start your series from the beginning.

COFFEE VALUES

(Ration coupon No. 28, from book of registrant at least 15 years of age, entitles owner to purchase of one pound before February 7)

Airway Coffee 1-lb. 20° 1-lb. 23° 1-lb. 33° Nob Hill Coffee Kaffee Hag Folger's Coffee 1-lb. 31c

SUGAR PRICES

coupon No. 10 entities owner to pure three pounds before January 31) 5-lb. 32c seck 32c Cane Sugar 1-lb. 70 carton 70 1-lb. 80 Brown Sugar Powdered Sugar

CHECK THESE VALUES

Diamond Walnuts 1-1b. 35°
Large Budded Nuts (5-1b. bag, \$1.43) Instant Postum

Wheat Toast

Sunshine
Brand

Large Budded Nuts (5-1b., bog, \$1.43)

8-oz. 37c

con 37c

Large Budded Nuts (5-1b., bog, \$1.43)

Sunshine
Brand

Jeb. 18c Junior Foods Clapp's brand 3 cons 25° Baking Soda Arm & 21-1b. 15c Capitol Flour Entire Wheat Ses 25° Las Graham and Patry Flours Seasonettes Add Flour to 4-ex. 23° Las Capitol Flour Many Dishes can 23° 14-or. 13c Red Hill Catsup

Puritas Mustard 30-oz. 15° French's Bird Seed 10-oz. 11°

Del Monte Catsup

14-oz 14°

FINE WINES Muscatel Wine
Monte Cristo Brand. Also Port of Sherry

Burgundy Wine
Also Souterne
Also Souterne

Also Souterne quart 69°

BEER PRICES quart 17c Brown Derby Beer Pabst Beer bottle 30c Rainier Club Beerbottle 26°

BREAKFAST CEREALS

All-Bran Kellogg 10-ox. 12° Shredded Ralston 212-oz. 23° Post Tens Assortment of Cereals per 23° Cream of Wheat 14-oz. 14c

Regular or "Enriched 5-minute." (28-oz., 24c)

HOUSEHOLD ITEMS

Energy Foods—Somehow or other, we seem to get our share of these, so there's no need for worry here. Breads, desserts, potatoes, in other words, starches and sweets, are seldom neglected on any menu. Linit Starch 2 12-oz. 19° Shoe Polish Black or Brown Wilbert Brand 21/2-oz. 70 Kenu 2 14-oz. 21c Bab-O Cleaner



ONLY 20 AND SHERRA PINE TOILET SOAP SEND TO: SIERRA PINE

3 BARS 200

BUY U.S. WAR BONDS AND STAMPS. Everyone has a part to play in winning of the war. Buy bonds and stamps regularly . . . Every Cafeway store has War Stamps. TWO BIG MODERN STORES TO SERVE YOU 2171 REDONDO - WILMINGTON ROAD

1301 SARTORI AVENUE