

Burglar Enters Two Homes Here In Past Week

An early evening prowler tore the screen from a window at the home of Earl R. Brunner, 1415 Post ave., Sunday night, and ransacked the house. Mr. and Mrs. Brunner left home about 7, returned at 9 o'clock, and found they had been relieved of \$107 in cash and three watches valued at \$90. Last week the home of Elmer M. Johnston, 1404 Engracia, was entered and a number of diamond rings and other property was taken. Police believe the burglaries are the work of a young boy or small man, from the method of entry.

Long Beach Man Is Traffic Head



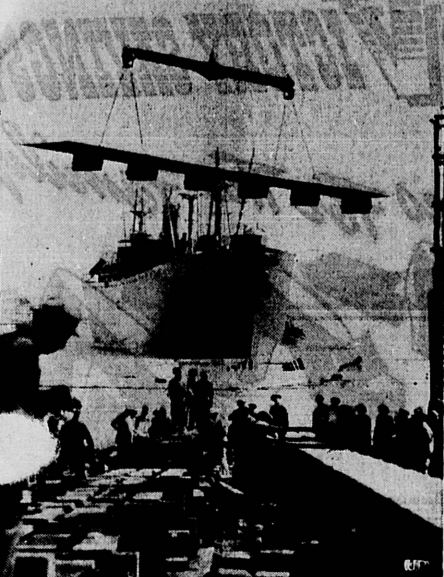
The appointment of Robert S. Hirsch to the newly created position of Eastern Freight Traffic Manager for The Atchafalaya and Santa Fe Railway System was announced today by Paul P. Hastings, traffic vice president, Chicago. Hirsch will continue to make his headquarters in New York where he has been Eastern General Freight Agent since last year. Born in Long Beach, California, the Santa Fe traffic executive began his railroad career as a file clerk in the Santa Fe's general freight office at Los Angeles in 1915. During the last world war he served with the United States Navy, returning to the Santa Fe in 1919. In March, 1922, he was named city freight agent at Fresno, California, and in May of the same year was promoted to traveling freight and passenger agent at Sacramento. He later became general agent in the same territory. He was appointed division freight agent at Los Angeles in 1936 and in 1940 was made assistant general freight agent at Kansas City, from which position he was promoted to the New York post.

Landier Lines Offer Transfers To Harbor Riders

"The matter has not been brought to my notice," said C. Z. Ward, manager of the Torrance Municipal bus lines this week, when his attention was called to a current news story, which stated that the Landier Transportation Co. would issue transfers from their lines to the Torrance buses to riders from the harbor to the new industrial plants soon to begin operations in the Torrance area.

The Landier system plans to operate three round trips a day, seven days a week, from their terminal at Imperial and Vermont, to the harbor, at hours convenient for defense plant workers. Whether the proposal to issue transfers will meet with the approval of the Torrance city council, which now has under consideration a plan to extend the bus service to San Pedro for the benefit of these same workers, is problematical. The plan would affect only those workers who live in the south part of this section, as defense workers living in Los Angeles already have direct transportation facilities in the Torrance bus lines, to the new aluminum and rubber plants, or to industries in this city.

Another Kaiser Record-Breaker



Cameras clicked to depict high-speed production methods at Richmond shipyards: Six minutes after the 'John Fitch,' representing fastest shipbuilding job in history, slid down the ways, workers had a new keel laid, ready for next job.

Suggestions for Bus Riders by Greyhound Chief

Commenting on the transportation situation, particularly as it will affect those who plan to travel over the Labor Day holidays, F. W. Ackerman, vice-president of Pacific Greyhound Lines, pointed out that a heavy extra burden will be thrown on the already overloaded facilities of public carriers. Because of this, Pacific Greyhound is urging the public to observe certain suggestions that will aid in the handling of essential wartime traffic and at the same time help those who must travel and keep delay and crowding to a minimum. "Under war conditions," Ackerman said, "the convenience and comfort to which the traveling public has become accustomed must be considered peace-time luxuries. Transportation today is a vital commodity, and the existing supply must be spread among more and more people. Convenience must give way to necessity and comfort becomes secondary. There remains only one consideration - essential transportation."

Five Holiday Hints The bus official continued by emphasizing that military traffic cannot stop for holidays, that war workers must get to their jobs as usual, and that labor has given up the celebration of its traditional holiday in order to carry on with vital war production. The suggestions offered by Greyhound to those going away over the Labor Day week-end follow:

Get full information on trips on schedules in advance. Purchase tickets NOW to avoid the last minute rush at depot. Take as little baggage as possible. Take short trips in preference to long ones. If possible, to arrange it, leave before Saturday, and return after Monday.

Ackerman concluded by urging: "If the Labor Day trip you are planning is for pleasure only, postpone it - BUY WAR BONDS INSTEAD." L. L. Prince, proprietor of the Beacon Drug Co., 1519 Cabrillo street, is local agent for Greyhound.

Traffic Thru Hills Not Encouraged

Recently improved portions of Miraloste Drive and Palos Verdes Drive East, in the Palos Verdes foothills, have been restriped. Under present war conditions little will be done to provide these traffic markers in secondary residence districts. It is pointed out that existing dim-out regulations in the Palos Verdes area are designed to discourage all traffic other than residents or persons familiar with the area.

TEMPE GUESTS Mr. and Mrs. George Ellingson, 1719 Martina ave., have been entertaining as their house guests, Mr. and Mrs. John Ellingson of Tempe, Arizona.

Geles City Schools District and has been assigned to Eaton Avenue School, Canoga Park. Graduating with the class of '27 with Ephebian honors, he received his A.B. degree and elementary teaching credentials at Whittier College, while his secondary and administrative credentials were earned at U.S.C. His teaching experience was received at Temple City school, Baldwin Park, and in the L. A. city schools. He has also served as president of Probation Camp and Substitute Teachers Organization in Los Angeles.

MUSIC... TO ORDER

With a well diversified album of phonograph records you can enjoy a program to "fit your mood." No matter what your choice of music or entertainment may be, you'll find a full selection of Phonograph Records in the National Library—all the newest recordings as well as the old favorites. Come In Today and Make Your Selections.

Two recording booths so you can hear them before you buy. We also carry a complete stock of home-recording discs, recorders, radio phonographs and record albums. Try The National first.

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THE SOUTH BAY'S LARGEST RECORD LIBRARY

NATIONAL Home Appliance Co. HARRY M. ABRAMSON "FRIENDLY CREDIT" 1328 SARTORI AVE. Phone 78

All Incumbent Committee Members Are Re-elected

All incumbent Democratic and Republican 68th Assembly District county committee members were returned to office for the next two-year period, tabulations of semi-official returns completed this week by the office of Registrar of Voters Michael Donoghue disclosed. Re-elected on the democratic slate were Robert Hillier, 4233 James MacDonald, 4168; Cecil O. Johnson, 4105; L. B. Thomas, 3662; John Johnson, 3559; Gordon Arnold, 3531 and William Myerscough, 3428. Republicans elected were Clifton Hix, 2453; Ursula Metcalf, 2003; Ben A. Thompson, 1692; Jean Haley, 1985; Nina Whitlock, 1973; Jesse Wiese, 1957 and James A. Maynard, 1946. There were 14 candidates for the Democratic committee, while the seven Republicans were unopposed. Reorganization meetings will be held Sept. 8.

AT SEQUOIA Mr. and Mrs. E. Lott and son James Luter and Freddy Bartlett are vacationing this week at Sequoia National Park. HOME FROM OREGON Joseph C. Sana of 1511 Amalopa ave., returned Sunday from Eugene, Oregon, where he was called by news of the serious illness of his sister, Mrs. Marie Roboski.

Band Makes \$85 Donation to City Ambulance Fund

A donation of \$85 by members of the Torrance Municipal Band to the City Ambulance Fund was omitted from the list of organizations, printed in last week's Herald, which had contributed to the fund, according to Gaston Araq, president of the Kiwanis Club, sponsors of the ambulance purchase. "The money the band members were paid by the City for their part in the McArthur Day celebration was all turned over to the ambulance fund," Araq states, "and we regret that their splendid contribution was omitted from the list last week. However, we do want all the boys in the band to know that we sincerely appreciate their fine gift," Araq added.

First Aid Detachment Meets Next Thursday; Will Vot on Uniforms

A meeting of the Volunteer First Aid Detachment, Civilian Defense, will be held next Thursday, Sept. 10, at 7 p. m. in the Torrance Civic Auditorium, it was announced today by Casper Clemmer, adjutant of the casualty station. The theory and practice of emergency first aid in wartime will be discussed and the type of working uniforms to be adopted by the detachment will be voted upon. Regular drill will be followed by the Canteen Corps serving doughnuts and coffee to the workers. A small donation collected by the canteen has paid for a quantity of bandages for practice work in addition to providing the refreshments, Clemmer stated.

COOPERS ENTERTAIN Mr. and Mrs. Fred E. Cooper entertained as their weekend guests Mr. and Mrs. W. W. Winslow of Taft. Mrs. H. G. Boggs of Oklahoma City has also been a recent visitor at their home.

HOUSE GUESTS Mr. and Mrs. Robert Emerson of Los Angeles were weekend guests of the F. A. Covingtons. Mr. and Mrs. Vick Glaesner of Orange and the Burdette Merrymans of North Hollywood were also recent guests.

Government to Requisition Cars Left on Streets

Car owners who abandon their machines on the streets or leave them for an unreasonable length of time unattended on the highways, may find their machines confiscated by the government in the future. Orders have been sent to police departments in various cities to notify the War Production Board of such abandoned cars. The Automobile Section of the Conservation Division will permit the legal owner 60 days in which to put the car in running order, if it is disabled, and if he fails to comply the owner will be offered a reasonable price for the machine. If refused the government will requisition the car for war use. Streets and highways, says the bulletin, are owned by the public and dedicated to its collective use. Their use for storage or repair of vehicles will no longer be permitted.

Chief Stroh Will Try Again for Vacation Trip Chief of Police John H. Stroh, with Mrs. Stroh and their daughter Lucille and son J. R., left Tuesday night for a vacation trip to Colorado. Stroh's vacation last year was rudely interrupted by the earthquake which rocked this city in November, and he hopes to be able to complete his two weeks off without another untimely happening. The family will visit relatives in and about Loveland and Denver.

Hospital Patients Now Number 34

Sixteen patients were received at the Torrance Hospital during the past week, making a total population of 34 in the house. The new arrivals were William Hall, 2444 24th st., Lomita, fractured leg; Mrs. Susie Jones, 1534 25th st., Harbor City, surgery; Miss Shirley Ann McDowell, age 10, 531 21st st., Manhattan Beach, surgery; Mrs. Eva McHenry, 23124 Narbonne, Torrance, surgery; Herbert McClelland, 220 39th st., Manhattan Beach, surgery; Ira McCulloch, 138 43rd st., Manhattan Beach, surgery.

Mrs. Irma McNeill, 117 1/2 20th Place, Manhattan Beach, medical; Mrs. Marie Metzler, 1408 219th st., Torrance, surgery; Jeanette Probert, 1735 Andree, medical; Mrs. Gillis, 1055 253rd st., Harbor City, surgery; Dickie Melz, age 8, 8152 Hoxie ave., Los Angeles, tonsilectomy; Mrs. Louise Backlund, 2268 241st st., Lomita, surgery; Mrs. Maud Clark, 4450 172nd st., Lawndale, fracture; Mrs. Rosa Cowan, 1148 Border, Torrance, surgery; Mrs. Flossie Cowan, 266-C Seattle, San Pedro, surgery; Frank Cratte, 1208 Magnolia, Gardena, fracture.

RECOVERING Mrs. Frank G. Dominguez, who underwent a major operation at Seaside Hospital, Long Beach, Monday is making a satisfactory recovery.

Talks on Nutrition Sponsored by Safeway

"Safeway now has a speaker on the subject of Nutrition. I am pleased to make this announcement," said James Rahl, manager of the local Safeway Store, "because I know that many groups want to hear talks on this subject. I have had several inquiries here at my store about the matter, since our company first started to offer our ten-lesson correspondence course on Nutrition." The Nutrition and Cooking Clinic, is the title of the talk which is given by Mrs. Helen E. Muhs. "War-time cooking makes special demands on the homemaker," Rahl added, "and Mrs. Muhs answers many of the questions that are most commonly asked about practical nutrition and war-time cooking."

Mrs. Muhs can make only a limited number of talks in this community," Rahl continued. "So representatives of interested groups should see me without delay."

30,000 Workers Wanted on Farms

Thirty thousand workers are needed at once to join the agricultural army if California crops are to be harvested in season, thus preventing a breakdown in the food supply. Men and women, skilled or unskilled, with no age limit attached, are wanted at once. Transportation will be furnished and in many cases housing will be provided in the vicinity of jobs. Full information regarding work, wages, and conditions may be obtained at the office of the Department of Employment, 1927 Carson street, Torrance.

Phillips Named Principal at Eaton School

Harry W. Phillips, Torrance high school graduate, and son of Mr. and Mrs. William G. Phillips of 2023 Andree ave., has been promoted to elementary principal in the Los An-

Vitamin Wise By H. R. Hoskins

VITAMIN B Following the early research on beriberi, the element contained in the rice hulls became designated as vitamin B. Through later research it was learned that this element was also contained in yeast. Yeast had been successfully promoted as a health food substance by the Fleischman Yeast Co., and their success in the vitamin field attracted the attention of the drug marketers to the potential sales value of yeast vitamins.

We have also learned that yeast contained an element which prevented and cured pellagra. It was very easy to prove that the yeast factor which cured beriberi as well as prevented and cured pellagra. Yeast subjected to heat, autolyzed yeast, would still benefit pellagra sufferers but was of no value in the prevention or cure of beriberi. This demonstrated that the beriberi vitamin B was easily destroyed by heat and that the pellagra factor was not. Many investigators wanted to name the pellagra factor, vitamin G, in honor of Goldberger. Others wanted to designate the substance as vitamin B-2, indicating that it no doubt must be very closely related to vitamin B, the beriberi factor. The pellagra substance was most commonly referred to as vitamin G or vitamin B-2. As the beriberi factor then became known as vitamin B-1, the drug industry actively invaded this field by placing yeast tablets on the market. These tablets were pleasantly flavored and expressed the potency of vitamin B-1 and vitamin B-2 contained. It was assumed that these two vitamin factors constituted all of the merit possessed by yeast. The manufacturers observed that these products met with some success but that virtually all interest in vitamins remained centered on vitamin D. This led them to conceive the idea of incorporating vitamin A, vitamin B, vitamin D, and vitamin G all in one preparation. Surely, such a product would possess the maximum of vitamin appeal and it would overcome to a great extent the opposition to the foreign and unofficial fish liver oils from which they were obtaining their vitamins A and D. These so-called shotgun vitamin products were marketed as capsules titled, A-B-D-G. These preparations also met with success and such a complex combination of vitamins could be advertised for almost unlimited indications of ill health. Such products were called "shotgun preparations" because like a loaded shotgun, the physician by prescribing A-B-D-G capsules could hardly fail to supply something of value for the patient regardless of what the correct diagnosis might be.

Alien Permit Officer Named For L.A. County

Ben H. Brown, county public administrator and former resident of Beverly Hills, will be alien permit officer of the Los Angeles County Defense Council, it was announced this week by Sheriff Eugene Biscailuz. Travel and curfew restrictions were placed on all aliens with the declaration of war on Dec. 8, and applied to German and Italian aliens as well as to Japanese. The Japanese have been evacuated, leaving the German and Italian aliens still under restrictions. Exemptions in travel and curfew restrictions are allowed only in certain cases and all local defense councils were asked this week by the OCD in Washington to appoint an alien permit officer.

Temporary offices have been opened in the Law Building, 137 North Broadway, opposite the Hall of Records. Brown, who became public administrator in 1934, now resides in San Marino. A permanent office will be opened shortly.

SUNDAY AT CHINO

Mr. and Mrs. Gene Garner and son Raymond, accompanied by Mr. and Mrs. Robert Brown and Mr. and Mrs. A. G. Bartlett and son Danny, spent Sunday at Chino at the J. L. Fletcher home.

PLEASE DON'T TRAVEL OVER LABOR DAY!

The war can't stop for holidays, but YOU can postpone a pleasure trip! Over this Labor Day war workers must get to jobs as usual. Military traffic must roll regardless. We all must realize: PLEASURE TRAVEL IS NOW A PEACE-TIME LUXURY. Handling additional thousands of passengers over Labor Day means increased strain on already overloaded transportation... handicapping vital traffic upon which victory depends. That's why we say: "DON'T TRAVEL OVER LABOR DAY."

But—if you MUST travel—help avoid crowding and delay

- Get full information on your trip in advance.
Purchase tickets NOW to avoid last minute rush at the depot.
Take as little baggage as possible.
Take a short trip in preference to a long one.
If you can possibly arrange it, leave before Saturday and return after Monday.
Postpone pleasure trips—BUY WAR BONDS INSTEAD



Quick, call the AUXILIARY FIREMEN!

No branch of civilian defense is more important than that which has the job of fighting serious fires which might result from bombing attacks by the enemy. The men who volunteered to be your Auxiliary Firemen wanted to be in the "thick" of things. They had to be strong, courageous and with lots of endurance. They were required to spend many hours practicing with hose and ladder... then many more hours drilling. These "armband firemen" are still at it and will be... until the war is won.

Edison SERVING THE HOME FRONT WITH LOW COST ELECTRICITY

WARNING! ZIP YOUR LIPS! ON MILITARY INFORMATION

"Our secret for lighter cakes is KC Baking Powder" - Say Leading Cooking School Demonstrators. Velvety texture—large volume—appetizing flavor—you get them all with KC Baking Powder. Best for your finest cakes, KC gives equally splendid results in baking biscuits, muffins, cookies and cornbread. KC saves you money, too. Full one-pound can costs only 15c. For simply delicious baking—plus real economy—ask your grocer for KC Baking Powder. BAKING HINT NO. 30—For even baking, always bake on rear center of oven as possible. KC BAKING POWDER YOU CAN'T BUY BETTER SO WHY PAY MORE? GREYHOUND