## PAGE 5-8

Next to auto accidents, drown-ing and burns are the principal causes of accidental deaths in the United States. SOFTBALL GAME softball game between Luke's ored All-Stars of San Pedro Ethern's Malt Shop nine of mington will be played at There are more than 56 water falls higher than Niagara Falls Torrance city park dian porrow night at 8 o'clock.

Want Ads 25c



Less work-More fun and Free Prizes for You too, at The HAPPY KITCHEN



Do you cook by mathematics or by calisthenics? Calisthenics are fine in their place, but the place isn't in the kitchen. It's much easier to cook by a recipe of one part mathematics, two parts ingenuity, and a large-sized portion of fun and adventure.

on to you.

There's really no need at all for backbreaking drudgery in this modern day and age. There are undiscovered worlds of new things to make, new ways to make the old

dishes better, "hurry-up" time-savers and wife-savers, and hosts of short-cuts to meals more delicious than Epicurus ever dreamed. And they're all so easy and so simple—you don't have to spend the whole family budget or even a very big slice of it for them. You'll wonder, when you hear them, how in the world you've missed thinking of these joyous aids to happier meals before this.

If you want to hear about the latest fashions in foods, and the way to make them with less work and more fun, we have a treat in store for you—our FREE Cooking School. It has been arranged by practical experts on cookery — and it will be crammed full of suggestions to brighten your kitchen for a whole year. Every comfort has been provided, you'll get lots of entertaining surprises —and all you have to do is just Come!

## **Torrance Herald-Lomita News** FREE COOKING SCHOOL

Wednesday	Thursday	Friday
October 16 ·	October 17	October 18
1:30 to 3:30 p.m.	8 to 10 p.m.	1:30 to 3:30 p.m.
Torrance	Civic Au	ditorium

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TORRANCE HERALD, Torrance

Happy Kitchen Holds Interest for Women, Men

<text><text><text><text><text><text><text>

Deen counting on for weeks. Miss Gilbert can show you how to make the most of your groc-er's sales by buying a week's supply of fruits and vegetables and storing them to the best ad-vantage in your electric refriger-ator. She can even show you how to prepare a whole oven dinner hours ahead and store it for later baking. Desserts can be made Winner for the second consec-utive year, Narbonne high school will receive the Marine League sportsmanship trophy for 1839-40 at an assembly presentation pro-gram tomorrow.

sportsmannang topy, topy, at an assembly presentation pro-gram tomorrow. Principal Thomas Elson of Tor-rance high school, originator of the award which was first given for the school year 1938-39, will be invited to make the presenta-tion for the Marine league com-mittee, according to Charles Sut-cliffe, Narbonne registrar, who is arranging the assembly. Elson made the award last year. Given to the school whose bleacher conduct at major ath-letic events during the school year is judged best, the trophy if won again this year will re-main in its possession. In addition to the large trophy. Narbonne will receive a smaller cup which it will retain perman-ently. Torrance and Banning tied for second place, with Gardena third and San Pedro fourth. The hours ahead and store it for later baking. Desserts can be made days in advance and yet each one different and stored until needed. She knows all the tricks in econ-omical use of fuel in cookery and she is here to pass those tricks

ently. Torrance and Banning tied for second place, with Gardena third and San-Pedro fourth. The Marine league committee was comprised of the student body president, yell leader and a facul-ty member from each school. Holly Adams of San Pedro high school is president of the Marine League Sportsmanship associa-tion, tronby donor. ship association, trophy donor

The Tajin pyramid in the state of Véracruz, México, is built in seven sections and is divided into 364 niches.



the thrill exp A RISMA-REY bottle. Now he can eat anything and sleep soundly all night.

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EXPLANATION

EXPLANATION Thousands of sufferers like the one described above say there's othing you can take that brings faster. more complete relief from veld-indigestion than Bisma-Rex. This pleasant tasting an ta ci d powder starts to work almost instantly. In three minutes you notice a wonderful improvement. Acids neutralized; gas removed. Many forms of indigestion re-lief stop there; but Bisma-Rex keeps right an working. Holds ueldity and gas in check for a prolonged period. Helps repair the harm done by excess acid in the stomach. Enjoy for your-self the fast, prolonged relief that has made Bisma-Rex fam-ous: Only 50c at

BEACON DRUG CO. The Rexall Store Leslie L. Prince

1519 Cabrillo Ave., Torrance Phone 180 Phone 180 Authorized Ticket Agency for Greyhound and Union Pacific Bus Lines.

**Election Boards** 

**Volunteer Draft** 



 \$995.
The prices listed, Mr. A k ers pointed out, are for cars with or without running boards, and in-clude bumpers, bumper guards, new safety-type wheels, spare wheel and tire, two tall lights, extra type steering wheels, fre-dars and sheet metal finished to harmonize with a variety of new prices also include "air-foam" reat cushions.
11. Place of employmen business. On the back of the que eard, the registrar fills including race, height, wa obvious physical characteris In Home Cookery To Be Presented On the back of the questio card, the registrar fills on blanks to describe the registran including race, height, weigh eyes, hair, complexion, and othe obvious physical characteristics.

To Be Presented

Once again the Fall season is here bringing appetites that are clamoring for new flavors. The Torrance Herald and Lomita News have anticipated this need and is bringing you the Happy Kitchen Cooking School. This school will be directed by Miss Kay Gilbert, a versatile enter-taining economist. She comes to your with a sparkling new pro-Services to County

Services to County Return post cards by the thousands continued to pour in school will be directed by Miss the offices of the board of su-pervisors today. from election board members who are volur-tering their services on national draft registration day October 16. Almost spontaneous was the personnel for the one-day regis-tration. An estimated 7000 cards regior of the supervisors offices frue supervisors of administrative research has ors to send out the cards and the episonal of the department of administrative research has ors to send out the cards and the episonal of the department of administrative research has ors to send out the cards and the lection board were sent out. Lifeboats around Great Britain News at the Torrance Circle Audition and the set are register and the lines the set around the lines the lection board personnel. About the lection board personnel. About the lection board personnel. About the set around Great Britain News at the Torrance Circle Audit and Lomita

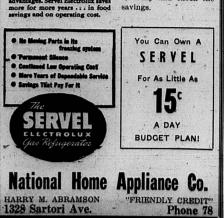
31,000 cards were sent out. Lifeboats around Great Britain and Ireland went out 1108 tinges first year of the war. A riso na is known as the A rizo na is known as the A pache State. Lifeboats around Great Britain torurance Herald and Lomit News at the Torrance Civic Au itorium, for two afternoon ser-sions will be held on Wednesda and Friday, October 16 and 1 and the evening program an as women will be held Thursda October 17. There is no charg-await you, too.

Walteria Group Seeks Landscaping NEW YORK, OREGON , and WASHINGTON . . . The annual fall picnic reunions for former renewal of its request to the triangular plot at the hwest corner of 242nd street

scaped will be made next Tues-day night at Torrance city coun-Each state will have a separate ell meeting, according to Mrs. Section and will open county reg-Walteria Civic Orgonization. Walteria Civic Orgonization. Soon after the organization's first request last month the ground was cleared with a motor grader, and shrub planting is now desired by the organization. A father-soons night program Oct. 23 has been scheduled by the group. The event, to be held at the Recreation center, will open with a 6:30 potluck supper.

Herald-News Circulation Mgr. Writes A book—pressed flowers be tween the leaves. They remine me of a girl . . . I wish I knew which one.





## THURSDAY, OCTOBER 8. 1940 **State Picnic-Reunions**

Wooldridge