Let's Talk It Over ... By Arthur Dean, Sc. D.

Never Chase a Man



Serve Cherry

1 8-inch baked pastry shell 2 egg whites 4 tablespoons sugar

Seek Funds to Fight Polio

Los Angeles county. The mor sought would come from fund raised in the "March Dimes" campaign.

Address Dr. Arthur Dean, cere described. "Cherry Meringue Pie Address Dr. Arthur Dean, cere described and covered with most discassed and covered with your unpredictable son or daughter, be guided by the sans advice of Dr. Dean. Send for his booklet, "Understanding Adot lescence," enclosing ten cents. Address Dr. Arthur Dean, cere described and cere described and cere described and cere described and cere described. The sapsoon cinnamon to serve pie, prepare the same cherry filling as given in this cook. Try them.

OF IGHR POISO

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**Heat the drained liquid from the cherries in a saucepan. Combine half of the sugar with the constarch, salt, and cinnamon, and to the cherries in a saucepan. Combine half of the sugar with the constarch, salt, and cinnamon, and to the cherries in a saucepan. Combine half of the sugar with the constarch, salt, and cinnamon, and to the cherries in a saucepan. Combine half of the sugar with the constarch, salt, and cinnamon, and to the cherries in a saucepan. Combine half of the sugar with the constarch, salt, and cinnamon, and to the cherries in a saucepan. Combine half of the sugar with the constarch, salt, and cinnamon, and to the cherries in a saucepan. Combine half of the sugar with the constarch, salt, and cinnamon, and to the real hard to find the sugar with the constarch, salt, and cinnamon, and to the cherries in a saucepan. Combine half of the sugar with the constarch, salt, and cinnamon, and to the real hard to ficial shave request. Fearing a possible epidemic of the find the cherris of polimyelitis next May, counded to the sugar with the constarch, salt, and cinnamon, and to the real hard to ficial shave request. Symptoms of polimyelitis vary. They may tark the form of high temperatures, headaches, aching muscles, intestinal troubles and the like. He asserted that the sugar with the constance in the constance in the constance in the sugar with the constance in

Wooldridge



WHAT IS ASTIGMATISM?

Shown above is the Bausch and Lomb Keratometer, the

newest and most accurate instrument used in the detection and measurement of the cause of astigmatism.

Astigmatism is a condition in which the eye does not see uniformly over the field of vision. Distortion, however slight, will sooner or later lead to discomfort—and headaches.

The instrument pictured is one of the many modern aids used in Optometrist Smith's office.

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Alden W. Smith, O.D.

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