

## Vets' Hobby Shop at Sawtelle Is Center of Rehabilitation Activity

"When the hands and mind are occupied, nature does its best work of healing."

Over the door of the new addition to the hobby shop at the Veterans' Hospital at Sawtelle those words are painted. Hundreds of people who complain of minor illnesses or think their life is full of sorrow could take those lines to heart.

In the hobby shops at Sawtelle veterans with shattered nerves, incurable ailments, perhaps partly blind or suffering from lesser injuries, work happily at their benches, the work helping to restore their nervous systems and proving for many a source of small income.

Articles made from bits of tin and that are sold from toothbrush handles or old combs tiny figures are carved. One veteran makes collapsible egg baskets of rustproof wire or he will fashion you a wire flowerpot hanger and paint it.

### Scrap Put to Good Use

From bits of plywood one man makes covers for scrapbooks. Leather things made from scraps of women's old leather purses or belts fasten these loose leaf books and if you want an insignia on the front, that is designed for many of these books are sold to clubs for their publicity clippings.

A woman paints gourds and also makes various articles from them such as sewing baskets, flower holders and the like. Of course bits of cloth are used for making rugs, bits of wood make small tables or book racks in fact articles that almost every family throws away are utilized in some form or another.

### Welcome Visitors

Visitors are welcome at the shops. You don't have to buy. Most of the people are lonely and like to talk. The hospital has beautiful grounds around a fine group of buildings, has an excellent staff and yet it is just a monument to the folly of war. In it are hundreds of men and women who will never leave.

There's a man there who is blind, crippled and in a wheel chair. He has been there 15 years and he will be there the rest of his life. His nickname is "Happy". How many people able to walk and see are nicknamed "Happy"?

Many of these people have no folks near to visit them. They are lonesome as well as sick. They are grateful for little gifts, cigarettes, candy, home-made cookies, but most of all for a chance to visit a few minutes with someone from outside. They have heard about everyone's illness and operations there.

**News Offers Its Service**

Last Friday a group from Lomita Auxiliary, Post 1622, V. F. W. visited the hospital and took a quantity of articles and gifts with them. Those who made the trip were Mesdames Nellie Foster, Julia Norcross, Bevalene Kneisler, Christine Johnson, Lodina Marien, Anna

## CAN YOU IMAGINE!



CAN YOU IMAGINE—

how this war veteran from Arlington Heights, Mass. boosts BISMA-REX. He returned from the World War with a painful stomach disorder and suffered for years. Recently he discovered BISMA-REX and obtained immediate relief. Now he is eating normally and gaining weight steadily.

### EXPLANATION

Thousands of sufferers like the one described above say there's nothing you can take that brings faster, more complete relief from acid-indigestion than BISMA-REX. This pleasant-tasting antacid powder starts to work almost instantly. In three minutes you notice a wonderful improvement. Acids neutralized; gas removed. Many forms of indigestion relief stop there; but BISMA-REX keeps right on working. Holds acidity and gas in check for a prolonged period. Helps repair the harm done by excess acid in the stomach. Enjoy for yourself the fast, prolonged relief that has made BISMA-REX famous. Only 50c at

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Authorized Ticket Agency for  
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### My Neighbor Says:

Mix grated or chopped carrots into apple and other fruit salads. They will add to delicious crunchiness.

Use adhesive tape to mend torn window shades. Use it, too, to patch together broken pieces of bric-a-brac.

Fasten a large paper sack over the end of the food grinder when grinding bread or crackers. The sack will catch all of the crumbs.

### Lighting Forum at Santa Monica Continues Monday

A large crowd was present Monday night at the opening of the free lighting forum at the Edison Auditorium, 1324 Fifth St., Santa Monica. The meeting was the first of four weekly sessions sponsored by the Western Institute of Light and Vision to make available to the public the latest information on modern lighting. Meetings to continue every Monday for three more weeks will present authoritative speakers on various fields of illumination. Sessions are being held in cooperation with Santa Monica schools, physics department of the University of Southern California, Illuminating Engineering Society and Southern California Edison Company.

The second meeting in this open forum on modern lighting will be held on Monday, March 4 at the Edison Auditorium, 1324 Fifth St., Santa Monica. Speakers will be Alston Rodgers, South Pacific division engineer of the General Electric Company lamp department, whose subject will be "Light's Newest Sources," and John T. Shannon, lighting equipment manufacturer, manager of the Keesee Engineering Company, whose subject will be "Putting Light to Work."

King George VI of England was second in command of one of the turrets on the battleship Collingwood at the great naval battle of Jutland in the World War.

Dannenhauer, Grace Greene, Hattie Hathaway, Ruth Hathaway, Miss Birda Paddock, Kay Marinovich, Messrs. Alfred Marien, George Dannenhauer and Frank Graper.

Magazines, books, pieces of plywood, paints, lacquer, old leather belts, purses, beads, tooth brush handles, old combs, and many other articles can be used. If any housewife has anything she can donate, The Lomita News will see that the hospital chairman of the Veterans of Foreign Wars or American Legion Auxiliaries will take them to the hospital. Just give us a ring at Lomita 84.

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## Rain Falls to Dampen Family Reunion-Picnic

The heavy rainfall Sunday did not dampen a very happy family reunion held at Ocean-side by members of the Beckham and Farquhar clan. The picnic served a double purpose, relatives from Kentucky met some of the younger generation for the first time and Mrs. Coy Farquhar had a birthday which called for plenty of cake and good things to eat.

Among those present were Mr. and Mrs. J. H. Beckham of Ocean-side and their three children and families, Norman Beckham, Barron Beckham and Mrs. Matt Kerber, Mr. and Mrs. Coy Farquhar, Esma and Sidney, Roy Farquhar, the families of J. W. S. B. and W. W. Farquhar of Carlsbad, Mrs. Nole Vaughan of Kentucky, Miss Peggy Collins, Mrs. Emma Forsyth, Mrs. Laura Boyd, Harold Gasser, B. I. Simmons and Guy Warren.

## 'Little Sisters' and B7 Boys Are Feted by Older Students

The "Little Sisters" are being entertained by the "Big Sisters" at Narbonne high gymnasium while their male counterparts, the B7 boys are competing with A7 boys on the athletic field. The B7 girls gathered in their home rooms to don green paper hair bows and then, escorted by their A12 "Big Sisters" trooped to the gym for dances, games and refreshments.

## Job Bureau Making Progress at School

Principal John L. Abbott of Narbonne High school announced recently that a student community service bureau was to be established. This bureau will not only assist the townspeople, but will also help out students by providing them with odd jobs and extra spending money.

Plans for the bureau have been progressing rapidly and already many students have filled out questionnaires concerning the job he or she feels qualified for.

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**10** <sup>1/2</sup>¢ lb

## GENUINE LUER'S BRANDED BABY BEEF . . . WE HANDLE ONLY THE BEST GRADE BEEF

# BEEF

CHUCK ROAST	lb. 12 1/2¢
RUMP ROAST	lb. 17 1/2¢
OVEN ROAST	lb. 14 1/2¢
CLOD ROAST	lb. 17 1/2¢
SWISS STEAKS	lb. 22¢
SIRLOIN STEAKS	lb. 24¢
ROUND STEAK	lb. 24¢

## BACON

CUDAHY'S GOLD COIN IN 1/2 LB. PKGS. FULL CENTER SLICES, NO RIND, EXTRA SPECIAL BACON SALE

**9** <sup>1/2</sup>¢ ea

## CUDAHY'S GOVERNMENT INSPECTED GRAIN FED YOUNG PIG PORK . . .

# PORK HAMS

PORK SHOULDER ROAST	lb. 10 1/2¢
WHOLE PORK SHOULDERS	lb. 12 1/2¢
MEATY SPARE RIBS	lb. 14 1/2¢
MEATY NECK BONES	lb. 7 1/2¢
PORK LOIN ROAST	lb. 14 1/2¢
PORK LOIN CHOPS	lb. 15¢
SALT SIDE PORK	lb. 9 1/2¢
FRESH SIDE PORK	lb. 19¢

EASTERN SMOKED AND TENDERIZED PICNIC STYLE HAMS BRING YOUR MONEY OR STAMPS

**13** <sup>1/2</sup>¢ lb

## CUDAHY'S FANCY QUALITY BABY LAMB . . .

# LAMB LARD

BABY LAMB LEGS	lb. 19 1/2¢
BABY LAMB SHOULDERS	lb. 14 1/2¢
BABY LAMB CHOPS	lb. 19¢
BOSTON STYLE LEGS	lb. 14¢

**YEARLING LAMB LEGS**

**12** <sup>1/2</sup>¢ lb

THIS IS THE BEST LARD THAT MONEY CAN BUY (LIMIT 5 lbs. Only!)

**5** <sup>1/2</sup>¢ lb

## OUR FISH IS ALWAYS FRESH . . .

# FISH

SLICED HALIBUT	lb. 19¢
SLICED RED SALMON	lb. 19¢
FILLET SEA BASS	lb. 25¢
JUMBO SHRIMP	lb. 17¢
LARGE OYSTERS	doz. 25¢
FILLET GRAY FISH	lb. 15¢

FRENCH ROLLS  
20c DOZ.

**Delicatessen**

FRENCH BREAD  
1 Lb. Loaf 10c

Potato Chips  
Large 25c size

Baths Flavor Sealed  
**SPICED HAM**

**23** <sup>1/2</sup>¢ lb

Large Pickled Pigs Feet  
**5** <sup>1/2</sup>¢ ea

FRESH Salads-Potato or Macaroni

**10** <sup>1/2</sup>¢ lb

FRESHLY GROUND Peanut Butter 1st quality

**9** <sup>1/2</sup>¢ lb

CATALINA CONCORD GRAPE JELLY

**11** <sup>1/2</sup>¢ lb

**Chorisos**  
LUER'S HYGRADE  
**15** <sup>1/2</sup>¢ lb

LARGE CRISPY DILL PICKLES

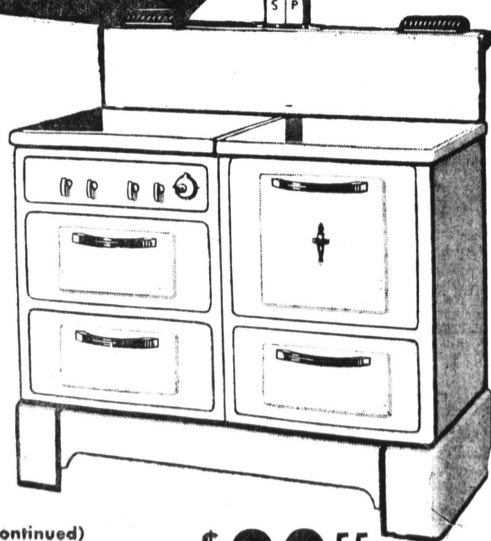
**1** <sup>1/2</sup>¢ ea

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