

Beauty and You

by PATRICIA LINDSAY



ROSEMARY LANE shapes her nails with an emery board and applies cuticle oil with her orange stick before she massages her hands with oil and slips them into gloves for the night.

Have Beauty Treatment While Curing a Cold

I HOPE, of course, that you take every precaution to prevent catching a cold, or being confined to bed with a case of grippe. But if you do, make good use of the hours you spend waiting for the fever to subside and the sniffles to end.

Tub baths are out of the question when you have a cold. You will be told to keep well covered in a room of warm temperature with some fresh air coming in steadily. While your fever rages do nothing but rest.

But when it subsides make your entire body satin-smooth with thorough massage. Have sympathetic hands rub your body well with heated olive oil or jelly mineral oil. If you live in a frigid climate, invest in a couple of those long-sleeved, high-neck woolen nightgowns which are the current vogue. Wear one after your massage and your body will virtually get an oil steaming under the covers.

Your feet will respond gratefully to a good rubbing with a special foot lotion or cream, after which you slip them into white woolen tennis socks which you must keep on during the rest of the day and all night. You will be surprised how this simple treatment will soften calloused skin.

But don't make the mistake of throwing off the covers when you start to get very warm. You must persevere to rid yourself of fever, and the more poisons discharged through your pores the better. You may feel a bit messy, but no more uncomfortable than you would in a Turkish bath, and the next morning you may have a quick, warm sponge bath and a fresh nightie. You will then feel fresh as a daisy and your skin will be degrees more velvety.

Any time you must keep to your bed for a few days is a good time to anoint your scalp and hair with a lubricating tonic or plain heated olive oil. That is if your hair is dry, or if it needs reconditioning.

Have someone massage a few drops of the tonic or oil well into your scalp and sparingly on the length of the hair. You should put a towel over the pillow slip or tie up your tresses in a little comfortable mesh. Leave the oil on until you are pronounced well. Then have a shampoo and wave. Five days isn't too long to leave it on your scalp providing you apply it as you should. Remember a drop of oil spreads once it is heated by the body.

Your Hands Too
Treat your hands as you did your feet. Massage them with a non-sticky formula, apply cuticle oil around your nails and slip into a pair of cotton gloves. A few hours will work miracles.

New Hand Cream Called The Best On The Market

United Combines Good Qualities of All Major Brands, Produces Guaranteed Hand Cream

Only a few weeks on the market, women everywhere are talking about the Special Rx Hand Cream that the UNITED CUT RATE DRUG, El Prado & Sartori, Torrance, has compounded for local women. GUARANTEED to restore soft, smooth texture to the skin, the Special Rx Hand Cream is proving a sensation in correcting red, coarsened and chapped hands. Try Rx Special Hand Cream today, 25c buys a generous size jar and your money back if you're not completely satisfied!—Adv.

War Wreckage Told Auxiliary

Mrs. Julia Hunter and Mrs. Irene Norcross were initiated into Lomita Auxiliary to Post 1622, V.F.W., at the regular meeting last Thursday night. Following initiation the president, Mrs. Grace Greene, reported on the Fourth District meeting at Inglewood Feb. 13 which was attended by a number from the auxiliary.

Mrs. Mattie Barr, department guard, was a visitor and spoke on war as it appears to those who do hospital work among the veterans in the government hospitals. It was not a pretty picture but true and is sufficient reason why women of the Veterans of Foreign Wars are working in every way possible to keep this country out of another war.

Mrs. Barr stressed the fact that the teaching of patriotism should start with the children as that was the surest way to combat any alien influences at work in the country. Refreshments were served and announcement made of the sewing club meeting held Tuesday at the home of Mrs. Ruth Hathaway. The club met that day with Mrs. Hathaway and following a potluck dinner sewed on garments for the Sawtelle hospital.

Naturally you will not want your Prince Charming at your bedside while you are being thus lubricated—but he shouldn't be there if you have a cold. Why make two suffer instead of one? Your freshened beauty upon recovery, will make him think you are a wonder girl!

Scientific eating will build up a resistance to colds. Send for my leaflet listing foods you should eat.

(Released by The Bell Syndicate, Inc.)

Mrs. Mertz Feted at Torrance Party

A delightful Valentine party and stork shower honored Mrs. Evelyn Mertz on Valentine's Day at the home of Mrs. C. W. Williams in Torrance when Mrs. Williams and Mrs. Ina Mae Maupin were hostesses.

The party was also a reunion of old schoolmates, guests being present from Hollywood, Laguna Beach, Compton and Glendale as well as from Torrance and Lomita. They were Meses. Evelyn Boggs, Louella Clemens, Edna Sullivan, Ona Sullivan, Ardis Taylor, Otto Mertz, Virginia Mertz, Lloy Maupin, John Long, Anabel Dunn, Evelyn Mertz, Misses Betty Lou Powers, Muriel Maurer, Jean Berger, Janet Mosher and Zelda Long.

BURGLAR JUST DRUNK
Turned over to local police as a burglary suspect by Gardena officers who found him in an unoccupied house at 186 West 166th street late Thursday, Glenn Albert Youtsey of Gardena, was booked here as a drunk and was later fined \$5.

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Looks to 1940



It won't be long now. With May 25 set as the opening day of the 1940 Golden Gate International Exposition, graceful Marie Dowd (above) takes a deep breath of the Treasure Island ozone as she stands before this heroic figure in the Temple Compound. Marie symbolizes the reawakening spirit currently active as Treasure Island's staff and ground crews prepare for the gala opening day.

—Want Ads 25c—

Mothers' Degree Rites Are Open

Masons and their families and members of the Eastern Star and the Order of the Amaranth are invited to be present Friday night at the meeting of Lomita Lodge F. & A. M. at I. O. O. F. Hall, at 8 p. m.

The San Pedro Chapter of De Molay with their master counselor, Harry Tregarthen presiding, will demonstrate the Mothers' Degree.

This degree is one that many have never witnessed and the master of Lomita lodge, S. C. Lindsey has therefore declared an open meeting for members of the fraternity and the allied orders. Refreshments and a social hour will conclude the meeting.

Change Made In Starting Time at Narbonne High

Starting Monday, Feb. 26, first period at Narbonne high school will begin at 8:30 instead of 8:15 as at present.

Students needing extra help or upon being requested by teachers to do so will report at 8:15, the later hour for first period allowing time for teacher

Walterians to Discuss City Zoning Law

A discussion of the zoning ordinance as outlined by the Torrance Planning Commission will be held Wednesday evening, Feb. 28, at the Recreation Hall, Walteria.

A potluck dinner will be served at 6:30 p. m., and members of the Planning Commission will be present to explain the ordinance and answer questions, according to President James Loughbridge.

Traffic Congestion Near Airport Brings Demand for Action

Phenomenal growth of airport manufacturing operations at Los Angeles municipal airport has brought about a chaotic congestion of traffic on surrounding streets whenever there is a change of shift, and the Southwest District Highways Association proposes that county supervisors do something about it.

Primary county highways which should be immediately improved by cutting through or widening are Century boulevard, Imperial Highway, and Carson street, the association told the supervisors this week.

and pupil conferences or faculty conferences.

County Permits Pin-Ball Games

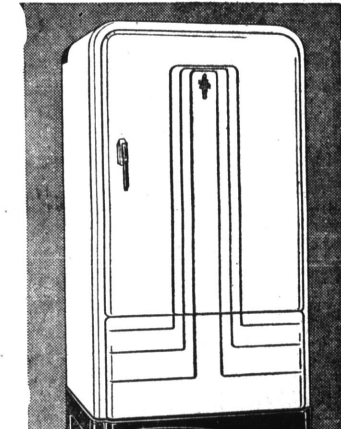
Pin-ball games will be permitted in unincorporated areas of Los Angeles county although they have been voted out in Los Angeles city, under provision of an ordinance being prepared by County Counsel J. H. O'Connor, at request of the board of supervisors.

Revenue of \$6 annually from each machine is proposed for the county in the ordinance. Minors, under 18, would be barred from playing them, under the provisions of the ordinance, as ordered on motion of Supervisor William A. Smith of the first district.

The supervisors do not plan to place the matter regulating the games, or prohibiting them, on the ballot at the coming presidential election, although they took steps to do so three weeks ago. They rescinded the ballot instructions, after a survey made by County Manager Wayne Allen as to how other communities and states regulated the games.

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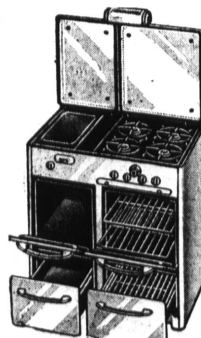
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