

DINNERS IN NO TIME

By Katharine Fisher

Director, Good Housekeeping Institute

I have a warm regard for those of you who go to business and then hurry home at night just because you would rather get dinner for yourselves or your families than to eat out, for I am a businesswoman myself and know full well the precious relaxation and pleasure of dining at home.

But not alone to businesswomen housekeepers do I wish to pay my respects. Those of you whose main business is the management of your home have your problems, too—just as difficult and demanding, though in a different way, as are those of the businesswoman. Not the least of these, especially if you have no maid, is so to plan the evening meal that you occasionally have a free afternoon to yourself—an afternoon for shopping, for church or club work, perhaps a whole afternoon with your children. For certain it is that you will get little good out of your "time off" if the preparation of a complicated dinner stares you in the face as soon as you get back home.

There are several golden rules for getting the best of this dinner problem that I want to pass on to you, business and busy housekeepers. I know that once you get off on the right foot, you will find lots of fun in this game of housekeeping.

First, plan your dinners well ahead, doing all the marketing that you can well in advance. Here is the way this works out for me. I plan the seven dinners for the following week on Friday night, or at least before 1:30 to market on Saturday. With the menus completed, I make a list of all the staples, canned and packaged goods, eggs, butter, etc., which can be bought on Saturday for the week. Then I make daily lists of the meats, fruits and vegetables which I feel should be bought on the day I am going to use them. With these lists, it is surprising how much of the week's marketing can be done on Saturday, and how little is left to do during the week.

My second golden rule is to keep your dinners simple and quick to prepare. A roast, for example, is better for a week-end dinner because of the time it takes to cook. The same is true of a stew, unless you have time to cook it the night before.

In planning these hurry-up dinners the butcher helps you out tremendously with his chops, mince steaks, hamburger, frankfurters, bacon, sausages, oysters, kidneys, dried beef, sliced ham, ready-to-serve meats, fennel haddie and fresh fish—all quickly cooked and suited to almost any sized family. And don't neglect to make all the use your budget permits of the delicious ready-to-eatables at your grocer's—canned fruit juices, chicken, ham and the like. And as for canned baked beans and brown bread, well I've known New Englanders who were cured of homesickness by such a meal.

Now for my third golden rule! Keep a well stocked assortment of ready-to-use products on your pantry shelves. Then no matter how hard pressed you are for time, you'll find quick-dinner ideas almost jumping down at you from the shelves. Be sure to select cans and packages of the size that best suits your family's needs, for fortunately many of these ready-to-use foods come in large and small sizes—small enough for one or two.

My fourth golden rule has to do with the actual serving of these time—and worry-free—meals. If you are fortunate enough to have a tea-wagon, let it save you steps and frequent jumpings-up. Arrange dinner, even to the dessert, on its shelves, and use it to serve from, placed conveniently at your left at the table. When dinner is over, the table can be quickly cleared onto the tea wagon and all wheeled out into the kitchen. Always remember that a spotless cloth (or mats, which I find much easier to launder), a few poppies, or just a gay bowl of fruit for the centerpiece, and candles shedding their warm gleam, make even the humblest dinner a feast, provided it is well cooked.

And now my fifth and last golden rule! Never fail to smooth your hair and your feelings, and to powder your nose, before you announce dinner. Then you can greet your family and guests with a smile that isn't just put on. Make them feel it is your pleasure to serve them, and you will give them something dear to cherish.

Thanks Delayed 22 Years
SANTA ROSA (U.P.)—About 22 years ago, Mrs. Sarah Dunbar was one of many women who made "comfort bags" and sent them to soldiers at the front in the World War. If one of hers, she enclosed a note asking the recipient to write her. Recently the reply came from Tommy W. Bowman, an English Tommy, who explained that he had mislaid the address and only found it recently.

The way things are going, it appears the sole possessor of peace soon will be Father Divine.

—Joplin (Mo.) Globe

"Public Notices"

NOTICE TO CREDITORS

No. 189393

Estate of HENRY C. SCHULTZ, deceased. Notice is hereby given by the undersigned Administratrix with-will-annexed of the Estate of Henry C. Schultz, deceased, to the Creditors of, and all persons having claims against the said deceased, to present them with the necessary vouchers, within six months after the first publication of this notice, to the said Administratrix at the office of John A. Shidler, her attorney, 1448 Post Avenue, City of Torrance, County of Los Angeles, State of California, which said office the undersigned selects as a place of business in all matters connected with said estate, or to file them with the necessary vouchers, within six months after the first publication of this notice, in the office of the Clerk of the Superior Court of the State of California, in and for the County of Los Angeles.

Dated Nov. 1, 1939.
VIOLET M. SCHULTZ,
Administratrix with-will-annexed of the Estate of said Deceased.
JOHN A. SHIDLER, Attorney
1448 Post Avenue
Torrance, California
Nov. 2-9-16-23, 1939

YOUR LAYERS
NEED
FEDCO

RIGHT NOW is the time to Switch your layers to Fedco. Put Half Your Plant On Fedco The Original Complete Balance Feed For All Ages. 16 Years Same Formula. Compare Results. Note Improvement. Simplicity of Feeding. 10,000 Users Can't All Be Wrong. Large Poultrymen Are Getting Fedco Wise. It Pays.

SEE YOUR FEDCO DEALER

My Neighbor says:

Chocolate used in cooked or uncooked frosting should be cooled after it is melted. Otherwise it may cause the frosting to become too thin.

Broken pecans or sliced Brazil nuts in maple syrup make a delicious sauce for frozen, baked or steamed puddings. Use one-third of a cup of nuts to each cup of sirup. Boil the two together for three minutes and serve hot.

In baking fruit or wedding cakes which require long, slow cooking, place a shallow pan filled with water in the oven. The water will help keep the cakes moist and give a glaze to their surfaces. Each cake should be allowed to cool in the pan in which it was baked.

Boiled frosting often becomes grainy because of overcooking or stirring while cooking. Add 1 teaspoon of vinegar for each cup of sugar and cook the mixture only until a fine thread forms when a portion is poured from a spoon.

Try dipping fish filets in yellow cornmeal, in milk and again in cornmeal. Then fry them in deep fat until they are well-browned.

Stuff tomatoes with cottage cheese mixed with diced pineapple. The result is a tasty combination.

(Reprinted by The Associated Newspapers)

Prosecutor Is Marician

PASADENA (U.P.)—City Prosecutor John W. Joslyn probably has more tricks up his sleeve than any other public prosecutor in the United States—even if all the tricks aren't legal. He has just been elected member of the select magicians' club here.

Snake Killer Changes Tactics
BUTTE, Mont. (U.P.)—Bill Sweet, known in local sporting circles as a rattlesnake killer, rather startled his friends when he came into town with an armful of rattlers that hadn't been killed. He insisted he took them alive by hypnotism.

Fire Truck Tinkers Out
WINSTED, Conn. (U.P.)—So many visitors tinkered with the lights and horn of the new truck that when an alarm sounded firemen found the battery had been worn out and it was necessary to crank the apparatus by hand.

(Paid Advertisement)



PRESIDENT ROOSEVELT
FORMER PRESIDENT HOOVER

Say:
"Yes on 5"

(THE OIL AND GAS CONTROL ACT)
FOR NATIONAL DEFENSE
AND LOW-PRICE GASOLINE

"YES ON 5" IS ALSO ENDORSED BY
The United States Navy Department, The United States War Department, The United States Interior Department, The Governor of California, The Oil Workers of California, The National Stripper Wall Association (Small Well Owners), Independent Petroleum Association of America, Retail Petroleum Dealers Association.

They say YOUR "Yes on 5" will stop oil waste—enforce conservation—stabilize employment—and PREVENT MONOPOLY.

VOTE
"Yes on 5"
TUESDAY'S ELECTION

HAUGE GETS LOMITA DRAIN BACK ON LIST

(Continued from Page 1-A)

government should have such a change of heart," Hauge said. "I recognize that you, as members of this board, were guided by the recommendation of Mr. Legg. Nevertheless, I want to file my unqualified protest against such action on the part of your board. I know of no

district in the county of Los Angeles that has been given less consideration by the board of supervisors than the Lomita district.

"It seems to me that anyone familiar with the county of Los Angeles as a whole, and especially with the various problems as applied to the respective supervisorial districts, would know that nothing but political juggling could account for a W.P.A. allocation of \$238,400 for the First district and a pittance of \$11,760 for the Fourth district. In view of this, I would be remiss in my duty as the representative of the Fourth super-

Toledo Zoo Enlarged
TOLEDO, O. (U.P.)—Toledo's zoo is anticipating the largest attendance in its history this year. Completion of the improvement program by WPA has added several large buildings and increased the displays.

Japan has 17,000 miles of coastline.

Town Honors Centenarian
BATH, N. H. (U.P.)—When Mrs. Alvan Conant celebrated her 100th birthday, the entire town joined in the observance—ringing a church bell 100 times.

European scene: Double Crosses amidst the white.

—Greensboro Daily News

SPECIAL ATTRACTION
A pottery demonstration will be given to the public at the Narbonne high school tomorrow night at 7:30 o'clock by Edwin S. Dill. It is sponsored by the Narbonne P.T.A.

Examination of mummies shows that many ancients died of hardening of the arteries.

INVESTIGATE NEW ADDITION
PACIFIC CREST CEMETERY

CREMATORY-MAUSOLEUM-COLUMBARIUM
Telephone Redondo 2338 182nd Street and Inglewood Avenue

SAFeway STORES

Store-Wide Bargain FOOD PRICES

FALL FOOD Classic

Autumn days mean cooler days - - - cooler days mean sharper appetites. Be sure that your pantry is fortified against the heavier demands that will be made on it. Use this advertisement to check your food requirements! Come in and stock up during Safeway's FALL FOOD SALE. This is truly the "Sale of the Season". Stock up and save while these prices are in effect!

CORN or PEAS 2 No. 2 cans 15¢

PORK & BEANS 2 16-oz. cans 13¢

SYRUP SLEEPY HOLLOW CANE AND MAPLE 12-oz. can 15¢

MINCE MEAT Tropical Brand—the moist kind—NORSE 9-ounce packages—2 for 23¢

LIBBY'S PUMPKIN Fancy golden pumpkin. Easy to make. Several cans at this price. No. 2 10¢

POP CORN The kind that pops in Caliphoane, 2-pound package priced at 25¢. 12-oz. pkg. 10¢

DROMEDARY GOLDEN DATES 14-ounce package 16¢

COCOANUT COCONUT DATE HUT BREAD 8-ounce can 11¢

GINGER BREAD 14-ounce can 19¢

IMPORTANT!

All Safeway stores will be closed on Tuesday, November 7—ELECTION DAY—from 12:30 p.m. to 2:00 p.m. to permit our employees to vote. Please arrange your food shopping so that this does not inconvenience you.

SAFeway STORES

HOUSEHOLD ITEMS

Su-Purb Soap Granulated 2 8-oz. boxes 45¢
(Price ex-tax, .07282; sales tax, .00218)

Su-Purb Soap The Hand Box 24-oz. box 49¢
(Price ex-tax, .1848; sales tax, .00544)

Oxydol Soap Granulated 24-oz. box 20¢
(Price ex-tax, .19477; sales tax, .00583)

Oxydol Household Soap giant 55¢
(Price ex-tax, .53397; sales tax, .01603)

White King Soap Giant 3 bars 10¢
(Price ex-tax, .03236; sales tax, .00097)

Sunbrite Cleanser 2 can 9¢
(Price ex-tax, .04369; sales tax, .00131)

Dash Granulated Soap 35-oz. box 22¢
(Price ex-tax, .21359; sales tax, .00641)

Dash Soap Granulated 70-oz. box 44¢
(Price ex-tax, .07118; sales tax, .01282)

Argo Gloss Starch 12-oz. box 6¢
(Price ex-tax, .06051; sales tax, .00175)

Oakite Household Cleaner 10 1/2-oz. box 10¢
(Price ex-tax, .07709; sales tax, .00231)

Laundex Flour Sacks 2 for 15¢
(Price ex-tax, .07288; sales tax, .00218)

Colored Tea Towels each 9¢
(Price ex-tax, .08738; sales tax, .00262)

Mazda Lamps G.E. 25, 40, 60, 75 or 100 Watt each 16¢
(Price ex-tax, .15534; sales tax, .00466)

Zee Toilet Tissue Family Pak of four rolls 15¢
(Price ex-tax, .14563; sales tax, .00437)

EGG VALUES

Quality eggs, packed in cartons. Every egg guaranteed.

Selected Eggs Large size extra. in doz. 26¢

Breakfast Gems Medium size fresh doz. 24¢

Large Fresh Eggs Breakfast Gems. Large doz. 31¢

Typical Safeway Values

Crackers Guthrie's Brand 1-lb. box 10¢
Oleomargarine Robin Hood per lb. 12¢
Snider's Cocktail Sauce 11-oz. bottle 18¢
Stokely Catsup Fancy 14-oz. bottle 12¢
Mayonnaise Nu-Made 37¢ pint 21¢
Marshmallows Fluff-I-est 1-lb. box 10¢
Seedless Raisins Sun Maid 18-oz. can 6¢
Baking Chocolate Hershey 8-oz. box 10¢
Macaroni Golden Age 2-lb. box 15¢
White Rice M.J.B. Brand 1-lb. box 17¢
Cherub Milk Evaporated 8 small cans 23¢
Keen Shortening per lb. 10¢
Formay Shortening 3-lb. can 43¢
All-Vegetable can 1-lb. can 16¢

APPLE SALE!

Crisp, juicy, fine flavored fruit, at a low price.

PIPPINS

6 lbs. for 15¢

WATSONVILLE Pippins for pies and sauce.

JONATHANS Washington 4 lbs. 45¢
DELICIOUS Washington 3 lbs. 47¢
ROME BEAUTIES Northern Grown 4 lbs. 45¢

BEVERAGES

Airway Coffee Ground to Your Order per lb. 13¢
Nob Hill Coffee Finest Quality per lb. 19¢
Edwards Coffee Regular or Drip Grind 1-lb. can 23¢
Edwards Coffee Choice or Two Grinds 2-lb. can 45¢
Iris Coffee Vacuum-Packed 1-lb. jar 25¢
Hershey's Cocoa 1/2-lb. can 14¢

CEREALS—FLOUR

All Bran Kellogg's 10-oz. box 11¢ 16-oz. box 18¢
Wheatena Wheat 11-oz. box 12¢ 22-oz. box 20¢
Quaker Oats Quick or Regular 30-oz. box 14¢
Kris Bits Loma Linda 10-oz. box 14¢
Flour Kitchen Craft No. 5 bag 19¢ No. 10 bag 35¢
24 1/2-lb. bag 73¢

SAFeway Guaranteed MEATS

Depend on Safeway for quality meats, brought to you through the famous five-step plan: improved selection, control aging, waste-free cutting, constant temperature control, and frequent delivery to markets. Every roast, every chop, every steak is guaranteed to please you... or your money back. Try Safeway meats today!

ARMOUR'S HAMS

 lb. 25¢
Armour's Star brand, skinned hams. Average weights, 10 to 12 lbs. Whole or half ham.PORK LOIN ROAST lb. 19¢
Large loin or blade end. Eastern pork. (Center cuts, lb. 35¢; whole or half loin, lb. 23¢)PRIME RIB ROAST lb. 29¢
The aristocrat of oven roasts, cut from first five ribs of Safeway Guaranteed Beef.FANCY CHICKENS lb. 27¢
Fancy milk-fed chickens. Frying or roasting sizes. Serve chicken tonight!

LEG OF LAMB Trimmed waste-free, shank removed. lb. 29¢

LAMB SHOULDER Center cut roast, no neck, no shank. lb. 20¢

BEEF ROAST Fancy center cut chuck roast of beef. lb. 22¢

PIECE BACON Fancy Eastern. Rindless, no waste. lb. 25¢

PURE LARD Snowy white pure lard. 1-lb. cartons. lb. 10¢

EASTERN SCALLOPS Fancy quality Eastern Scallops. lb. 35¢

SEA PURE OYSTERS Large size counts. Excellent to fry. doz. 30¢

FORTY FATHOM FILLETS Individually wrapped in Cellophane.

Fillet of Haddock lb. 29¢

Fillet of Ocean Perch lb. 29¢

Fillet of Skinless Cod lb. 29¢

\$1.00 VALUE "AIRGUIDE" ROAST MEAT THERMOMETER

For only 25c and a sales slip for Gold Medal Flour, Ask for details.

GOLD MEDAL Kitchen Tested FLOUR No. 10 42c sack No. 24 1/2-lb. 92c

IVORY SOAP

LARGE SIZE BARS 2 for 17¢
Ex-tax, .00254; sales tax, .00244

IVORY SOAP MEDIUM SIZE BARS per bar 5¢
Ex-tax, .00454; sales tax, .00146

LUX FLAKES

FOR FINE LAUNDERING 12 1/2-ounce package 21¢
Ex-tax, .00388; sales tax, .00612

TOILET SOAP

Lux Brand—Soap of the Stars 3 bars 17¢
Ex-tax, .00502; sales tax, .00166

Stokely's Spinach 2 No. 2 1/2 cans 25¢

Stokely's Tomatoes Solid No. 2 1/2 cans 12¢

Stokely's Peas Honey-Pod Variety No. 2 cans 10¢

Lima Beans Our Favorite Medium Size No. 2 cans 21¢

Cut Green Beans Medium Size No. 2 cans 10¢

Cut Green Beans Phillip's Brand No. 2 cans 15¢

Corn Country Home Cream Style No. 2 cans 27¢

Del Maiz Corn Cream Style No. 2 cans 17¢

Del Maiz Niblets Fancy No. 2 cans 10¢

Burbank Hominy Golden or White No. 2 1/2 cans 8¢

Chili con Carne With Beans 16-oz. can 15¢

Spaghetti And Meat Sauce 1 1/2-lb. can 15¢

Dinty Moore Beef Stew 1 1/2-lb. can 15¢

Hormel's Spam Miracle Meat 12-oz. can 29¢

Oysters Willapaunt 1 1/2-oz. 15c 10-oz. cans 25¢

Peter Pan Salmon Choice Pink Pack 12-oz. can 12¢

American Sardines Packed in Oil No. 1 1/2 cans 5¢

Tiny Tot Sardines Norwegian Gross Pack No. 1 1/4 cans 14¢

Bebs Shrimp Wet or Dry Style Pack 5-oz. can 10¢

Del Monte Tuna Light Meat No. 1 1/2 cans 14¢

[With exceptions noted, prices in effect in Safeway department stores within thirty-five miles of Los Angeles, through Saturday, Nov. 4th]