## THURSDAY, APRIL 6, 1939

## Nothing New in Vegetables? HAVE YOU TRIED NAPA, TARO, **DIKON, RAPINI OR CARDOON?**

## By UNITED PRESS

Housewives irked by the mon-otony of the same old vegetables day after day should take a tip from the state department of agriculture and give some of the lesser known truck varieties a

lesser known truck varieties at ty. The larger markets always have on hand an array of tasty vegetables that serve admirably delight the palate of discrimin-ating saters. Here are a few taken at random from the ship-ment summary of the federal-state market news service:

DIKON-A long Japanese rad ish, sometimes called Tai Kon. The Chinese variety, lau buck is sweet. There is also a type which resembles a huge beet.

**TARO**—A tropical root crop rom which is prepared a potent briental potion. Some folks call t elephant ears. It is a favorite f the Japanese. Oriental pot

of the Japanese. ANISE or FINOCHIO-An an-nual plant, the bulk of which is much relised both for salad use and as a cooked vegetable. The crips raiks are caten like celery and have a pronounced licorice flavor. It is also known as italian fennel.

FAVA BEAN — Commonly mown as "Horse Beans," rich ind full flavored. To use, shell is you would peas.

as you would peas. NAFA-N to thin g more than Chinese cabbage. It is not a cabbage but so-called because its flavor somewhat resembles it, being a cross between celery and cabbage. Forms upright heads after the fashion of celery. Does not give the objectionable odor of cabbage while being 'cooked, and is excellent when used raw in salads.

CALABASI—A member of the chicory family, highly esteemed by the Italians as a salad green. Said by them to contain many valuable minerals and vitamins and believed to exert beneficial laxative and stomachic influ-ences.

ENDIVE—Another branch of the chicory family, relished for its crisp tenderness and for the sharp, slightly bitter flavor which serves to help revive slug-gish appettes.

**BSCABOLE**—Also related to, the chicory family and prized for its beautifully curied, broad leaves of light green to creamy white color. Crisp and refreshleaves of light white color. Cri ing to the taste.

BOSTON LETTUCE—Common-by known as "Local Lettuce." Very popular among the Italians by whom it is considered su-perior to head type lettuce. It has tender succulence and de-lightfully fresh taste.

ightfully fresh taste. CHINA PEAS — This edible pod pea is of recent popularity but has long been an Orientage is agreeable to the paintener as string been to the paintener as string been environg the strings. May be bolled as are beens or fride in oil as the Chinese do. By are dropped into a hot skillet with a fairly generous amount of al and cooked until erisp.

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in and

CAEDOON-Thickened ribs of large basal leaves of an arti-choke thistle plant, cooked by cutting in pieces and frying in batter.

**RAFINI**—Young turnip plants, used as a bolled green. Tender and delicious, particularly good when served with any menu in which pork is the main meat course

course. RABICHETTA - Young dan-delion plants, popular an on g Italians us a said ingredient. Also believed by many to have medisignare this is to chop fine and mix with local lettuce in a bod mix with local lettuce in a with garle. Olive oil and vine-gar dressing is added.

ROMAINE—Frequently called celery lettuce because of its creect habit of growth. More de-licious than head lettuce, but not widely known except by Latin peoples. Excellent varia-tion from usual lettuce in salad. SWISS CHARD - Member of

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ALbany 1841

**Reverse** Charges

That Additional Touch es Lee B ol is -----A uni out some ville out some out wirds as land without mint asten it will not atten much. When edibles are served to astron it wull hold are souch mem ber

that additional touch. Parsley on the steak, Jomon for His, horse radiah for cold meats, raisins in the rice pudding and currants that turr a plain cup cake into a luscious morsel that registers as "tops" as dinner of for that before-bod bits.

Ourant Cup Gates S supe sitied cake four powers of double-sting bakin powers all supporter or other shortening t sup builter or other shortening t sup number

cup curra

1 cup currants 1 cuspoon realits Bitt four once, measure, add bak-ing powder and sait, and sitt to-gether oby, tidds. A said the said said or an together until tight and futly. Add sour, alternately winse, beating after each addition pressed cup-cake pans in moderate ores (375°). Is to 50 mitutes, or the said one. Makes 3 dosen cup takes.

to it. KOHL RABI-Member of the cabbage group, similar to a tur-nip produced on a cabbage root. Fiesh of the thickened stem re-sembles that of a turnip but when well grown is more deli-cate, both in texture and flavor. In quality it is superior to all other members of the cabbage group except cauliflower.

The Herald-3 months, 50 cents



DISHWASHER BOON TO BUSY

en of her home with her la saving ac dishward because of her talent in interpreting dificult character roles on the streen, Margaret Hamilton, familiar to mil-lions of movies fant the world over, has bot limited opportunity to in-dulge her hobby, which is taking eare of her charming homs on Can-yon Drive in Beverly Hills. Any housekerping device that will aver time and energy is welcomed by her. Above she is shown in the Form "dishwasher, amazing nev de-vice, recently perfected by a South-erng California inventor, which is among local home makers. One of these machines is being presented to each purchaser of a qualified auto-matic gas water heter during the period of a campaign being, con-ducted by local gas appliance deal, er an cooperation with the gas coma South-which is

Houses Built on Dump Of Shells Ordered Razed Locomotive Kills Dog Serving Life Sentence

The best family, only the tops of base set of the base as a dose of the dose of the dose as a dose of the dose of the

Baby Orang To Have Party ST. LOUIS (U.P.) - A baby orangutan, believed to be the fourth of its kind born in the United States, is to have a com-To Hospital First Time At 78 AKRON, O. (U.P.) — Seventy-eight-year-old Minnie Ellet is in the hospital for the first time in her life, but she considers it "just a vacation." ing out party at the zoo here



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to Be Heard Sunday

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Glenn A. Shekell, 24, of 24316 Lucille street, Lomita, and Vir-ginia K. Torstenson, 21, of San Dadro

here for the first time Easter Sun-day morning when the memorial amplifying system, donated by the parish of St. Andrew's Episcopal church in memory of the late Dr. George P. Shidler, will be heard from the church tower on En-marks church tower on En-

from the church tower on En-gracia avenue. Designed by Gene DeBra, well-known local radio technician, the chime system has been presented to the church by a group of friends of the late physician who Rockefeller Courtship CLEVELAND, O. (U.P.)--Nime-ty-year-old Mrs. Gertrude Meg-erth remembers "when John D. Rockefeller was courting Laura Spellman." "Bhe was my tacher at Brown-ell school and Mr. Rockefeller used to stop by with a horse and buggy to take her home after classes." Triends of the late physician who desire to remain anonymous. Electrically-recorded discs of the famed Westminster and other noted chimés will be played and amplified to cover a wide area. The first presentation is set for 10:30 o'clock next Sunday morning.

Pedro. Edwin Skillman, Jr., 22, of Walteria, and Theresa York, 19, of 1818 259th street, Lomita.

Woman, 90, Recalls Rockefeller Courtship





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