Easy Luncheons For School Days

By MARJORIE H. BLACK

Children who are near enough home to return there for luncheon come in plenty hungry and in a rush to get back to play before classes are called again. This means that mothers have to plan the meals accordingly, that is, have lunch ready to eat as soon as the children arrive and have foods they like. The lunch must be nourishing, too, without the children being made conscious of the fact, for children dislike being reminded that certain foods are good for them.

Scalloped and casserole dishes such as hard cooked eggs with peas in cheese sauce are popular ones. This combination may be made to serve over toast by making the sauce medium thin and by cutting the eggs into slices. It may be baked as a casserole if the sauce is thicker; the eggs may be in halves or smaller pieces, the peas will be just peas, no matter what the style of the dish. Be sure to use the liquid from the can of peas in making the cheese sauce because it contains good food that ought to be used. The flavor of peas blends especially well with eggs and cheese sauce.

Instead of peas, lima beans or the mixed vegetables might be used. These vegetables are available in cans, which makes the preparation easy and their use gives variety to the simple meals. Similar easy dishes can be made with salmon or tuna. Add either fish to a creamed sauce and serve over toast, baked potato, rice or noodles. Some vegetable may be added to the mixture, or some sliced ripe olives, or pimento.

THANKSGIVING DINNER HINTS

IT'S Thanksgiving time again and busy housewives everywhere are out marketing for the latest tips on turkeys and ducks and sauces and puddings.

After weeks of checking and rechecking in testing kitchens, Katharine Fisher, director of Good Housekeeping Institute, and her staff give in the November issue of Good Housekeeping Magazine, their timely recommendations on preparing your holiday table.

The king of the Thanksgiving table is cooked to a turn and ready for his position of honor before the master of the holiday household. This plump fellow is fresh from a Good Housekeeping Institute oven and has been roasted in accord with the latest tips on roasting poultry, which appear in the November Good Housekeeping Magazine.

TWO DINNERS: Have a Thanksgiving dinner whether you prepare it with a retinue of servants or over a two-burner stove, urges the staff of Good Housekeeping Institute.

And to help you cook a dinner adjusted to your own special requirements, the Institute presents in the November Good Housekeeping a complete set of menus cut to fit your pattern. Whether your facilities are plentiful or limited, any one of these Thanksgiving meals will take care of the groaning board so dear to tradition and so hard to resist and will lack nothing in its appeal to the eye and a holiday appetite.

When the entire household, from cook on down to young Johnny, do their share of preparation for the feast.

Grape Juice Cocktail
Roast Chicken or Duck
Potato and Celery Stuffing
Buttered Squash
Buttered Brussels Sprouts
Giblet Gravy
Cabbage and Raw Cranberry Relish
English Pudding with Ice Cream or Cream
or
Fruit Ice
Grunchy Cookies (optional)
Coffee

When you want to entertain and a two-plate stove must do the cooking for your guests

Tomato Juice
Brown Chicken Fricassee with Dumplings
String Beans with Lemon Butter
Cranberry Jelly Celery
Toasted Split Rolls
Tossed Salad of Greens with Oranges, Grapefruit, Apples and Grapes
Crackers and Assorted Cheeses with
Bowl of Nuts and Raisins
or
Coffee Ice Cream
Nuts Coffee

Weber Bread is 'Tops' in S. C.

"How can I serve my family meals which are more appetizing, nutritious and interesting?" That is a question for which housewives all over America are constantly seeking answers.

Of all the foods we eat, none is so important to our diet as bread. Here is a food which can be served in countless numbers of ways to make every-day meals deliciously different. Naturally, women want to buy the bread which will give them the most for their money. In answer to this question, housewives thruout Southern California have shown a marked preference for Weber's bread. They have learned through experience that by buying Weber's bread they can be sure of getting consistently high quality and uniform texture.

It is not only Southern California housewives who prefer Weber's bread—home economists as well prefer Weber's for demonstration purposes in their cooking schools. They know that bread can be no better than the ingredients used to make it—and, knowing this, they prefer Weber's, relying upon it to stand up best under every test. They know, also, that Weber's bread is free of harmful bleaching chemicals.

The Weber Baking company, which has been established for more than 35 years, is well known in Southern California, not only for its fine products, but also for its famous radio program, "The Lone Ranger," broadcast three nights a week over KHJ, Los Angeles.

SPEEDY BREAKFAST . . . A delicious breakfast consisting of a fluffy omelet, bacon, piping hot biscuits and coffee may be cooked in 17 minutes if you know how. The technique for accomplishing this speed breakfast will be taught at The Herald's Modern School of Gas Cookery starting next Wednesday in the Civic Auditorium.

Cows Have "Who's Who"

SYDNEY, Australia (U.P.)—Australia has a "Who's Who" for cows. The names of 30,000 of them appear in a card index system to show they are free from tuberculosis infection.

Residents Return From Eastern Trip

Dr. and Mrs. H. G. Mitts returned last Saturday from a four weeks tour of the east. They received delivery of a car in Flint, Mich. From there they toured Canada, the New England states, New York City, Philadelphia and Washington, D. C., returning by way of the southern route and stopping at Carlsbad Caverns.

Czechs Fell Canadian Trees

VICTORIA, B. C. (U.P.)—There are an estimated 1,800 Czechoslovakians in British Columbia, most of them employed in timber camps.

City Gets Two Bids on Autos

Two bids on new coupes were received by the city council last night in response to advertisements stating that the board desired to purchase a car for Director John Stroh's use as head of the Public Safety department. The bids, $1,056.25 for a DeSoto from the Torrance Auto Sales and $1,043.30 for an Oldsmobile from Mullin's Service were referred to the Police committee for action.

Birth Situation Duplicated

CINCINNATI, O. (U.P.)—Mrs. Harold Baum gave birth to a baby girl at Bethesda Hospital here exactly 23 years to the day after she was born in the same maternity ward.

Install Stop Sign In Riviera District

Because five streets intersect at Camino de los Colinas and Via Monte D'Oro in Hollywood Riviera, a boulevard stop sign was installed there during the past week, according to Director John Stroh of the Public Safety department. A letter to the city council read last night, from Clifford F. Reid called attention to the need of this traffic safeguard but Stroh informed the council it had already been attended to.

C. I. O. LODGE HAS GUESTS

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for the labor group, and William Dalrymple, field director from San Francisco, spoke on C.I.O. achievements in California. All of the speakers urged the local lodge members to work for the defeat of Proposition No. 1 on the ballot which would regulate picketing.

Tommies Drink More Milk

SIMLA, India (U.P.)—The British soldier in India is drinking more milk and less alcohol and becoming healthier, an official report reveals.

TORRANCE HIGH LIGHTS . . . by Harvey Abramson

PEP FOR GAME . . . Last Thursday night a successful pep rally was held in the gym in preparation for the Narbonne game. About half of the student body was present. After some yells and songs, Miss Mills gave us the Narbonne viewpoint but said she was quite confident that Torrance had the stronger team. Henry Pupkoff, who was in charge, asked Marvin Goettsch to give us the team's ideas. "Hank" then tried to get Charlie Grubb to give a speech, but Charlie didn't want to, and no one was able to get him off the bench and onto the platform. After Coach Barr gave a short talk, the boys from the Radio club put on some records and there was dancing until 9 o'clock. The high spot of the evening was Coach Zamperini's exhibition of how to shag.

REVIVE 'TORCH' . . . Because there is no school publication at the present time, Miss Mills' Advanced Composition class has decided to revive the Torrance News Torch. It will be in the form of a six or eight-page paper and will be supported by ads from the local merchants. The Herald will do the linotype work and the paper will be distributed to the students free of charge.

The staff is: David Figueredo, editor-in-chief; Marvin Goettsch, editor; Bill Stewart and John Schwartz, sports editors; Phyllis Schultz, 'Tartar Sauce'; Audrey Stanley, girls' page editor; Ed McDonald, front page editor; Kenneth Perkins, advertising manager, and the following associate editors: Virginia Traller, Bob Newman, Elizabeth Bowen, and John McDonald.

Four Patients Enter Local Hospital

Four new patients were received at Torrance Memorial hospital during the past week. John Brant of Lawndale, a worker at the D & M Machine works was received Tuesday for treatment of an infected arm. Mrs. Amy De Bone of Redondo Beach, entered last Thursday for surgery. Mrs. Della Kruchek, 1617 216th street, underwent an operation yesterday morning and is reported making a good recovery. Mrs. Juliette Pollock, 80, of Los Angeles, entered Tuesday for medical treatment.

CALL 444 FOR AD SERVICE

Early Bird

An early bird in Coast varsity basketball practice is Captain George Ziegenfuss of the University of Washington squad, who is shown working out at Seattle. He is 6 feet 2 inches tall.

Apartment Block Buyers to Move Here

Mr. and Mrs. Malchoir J. Fink of Los Angeles will soon come to Torrance to make their home at the El Prado apartments, which were recently purchased by Mrs. Fink. While Mr. and Mrs. Fink plan to take an active interest in civic affiars, Mrs. Fink states that Mrs. Roxie Best will be retained as manager of the El Prado apartments. Malchoir J. Fink, Jr., seven-old son of Mr. and Mrs. Fink, is a student at Saint John Military Academy and will continue to attend the well known Catholic institution, spending the weekends with his parents in Torrance.

SHOP TALK

(Continued from Page 1-B)

Cabrillo, will be in his new quarters on or about the 15th of this month.

Five years in Torrance and many years in the business, Jack Abramson has done well, built up quite a clientele. He hopes and we hope that the move will prove profitable.

* * *

DAFFYNITIONS . . . .

Unaware—Clothing worn next to the skin.

Greek—A restaurant proprietor.

Yellow—Swedish name for a gelatin dessert.

Fate—Remain; like "Fate for me."

Hinder—Inside of; like "It's hinder bag."

Zoo—To demand legal settlement.

Margin—Moving in a body; like "Margin through Dixie."

Niece—Joints of the legs.

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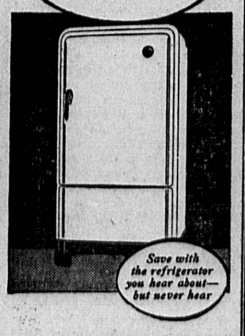

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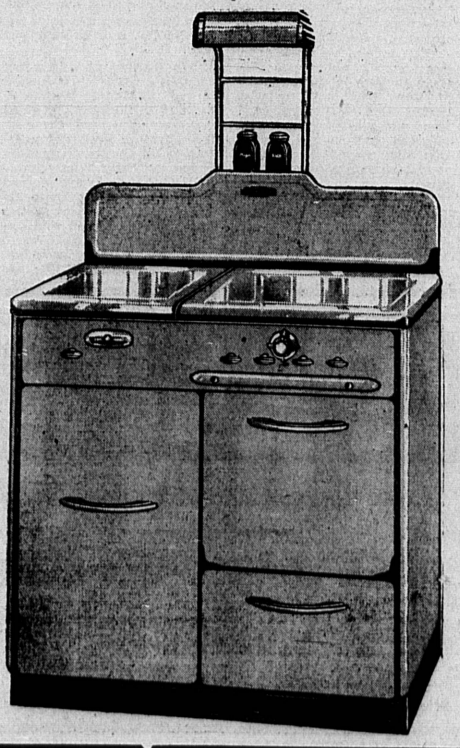

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