

**FRICASSEE HENS** each **25¢**  
**BACON Squares** lb. **14 1/2¢**

**MORRELL'S PALACE**  
**MEAT PRICES WAY DOWN!**  
**BACON** Cello Pkg. lb. **19¢**

TILLAMOOK CHEESE lb. 24 1/2¢  
 FANCY MILK VEAL CHOPS lb. 25¢  
 FANCY GROUND ROUND 2 lbs. 35¢  
 WIENERS, MINCED HAM LIVERWURST, SALAMI lb. **16 1/2¢**  
 FANCY BABY BEEF SHORT RIBS lb. 12 1/2¢  
 FANCY STEER BEEF ROASTS lb. 14 1/2¢

**STEAK** T-BONE SIRLOIN ROUND RIB **24 1/2¢** lb.

**CIVIC CENTER MKT.**  
 CUT RATE CRAVENS and POST CUT RATE

## "TORRANCE-ON-THE-AIR!"

### Souvenir Edition Provides Material for Local Display at County-Wide Conference

At the end of this week one copy of The Herald's 64-page illustrated and color-printed edition, "Torrance-On-the-Air" will look like it had been attacked by a half-dozen pairs of scissors. There will be little of it left by the time it has been snipped to pieces.

But it was all for a good cause. Asked to provide a Torrance exhibit in the seventh annual conference of the Los Angeles County Coordinating Councils (to be held at the First Methodist church in Los Angeles Oct. 25) the local Council appealed to The Herald for "an idea."

This was quickly developed. Many of the pictures and stories in "Torrance-On-the-Air" pertain to youth activities in Torrance. These are now being clipped from the souvenir edition for mounting on an attractive background by workers on the

city Recreation department staff. The display will serve two purposes.

One will be to show the wide range of local facilities for the proper development of young people into good citizens—parks, playgrounds, clubs, sports and other interests—and second, to demonstrate that the Torrance Coordinating Council is alert to its duties in this city.

The Herald was glad to serve. Proud that its coverage of the local scene in "Torrance-On-the-Air" was so complete as to afford material for this specialized display which should win considerable attention at the county-wide conference, The Herald nevertheless points out that youth activities are not the only features of its souvenir edition. Copies are still on sale.

If you have not purchased a copy of "Torrance-On-the-Air" price 10 cents either wrapped

## 'A Reservoir of Valuable Information'

Another use for The Herald's souvenir edition came to light this week with the receipt of the following letter addressed to Publisher Grover C. Whyte from Principal Thomas H. Elson of Torrance high school:

"I want to commend you for the very splendid and unusual issue of The Herald entitled 'Torrance-On-the-Air'."

"I consider it so valuable that I am recommending it to the teachers in Torrance high school for use in their classrooms. As you probably know it is our custom to use as much current material as possible, particularly in our Social Studies classes."

"This issue of The Herald is a reservoir of valuable information," Principal Elson concluded his letter.

price 10 cents either wrapped ready for mailing or flat—you should do so to become better acquainted with Torrance, its people, industries, civic accomplishments, community and social life. They are on sale at The Herald office, 1339 E. Pacific, and at all newsstands in the city. Get them now before the supply is exhausted!

## County Wins Rethinking on Big Tax Suit

With millions of dollars worth of municipal and school district bonds involved, county officials rejoiced this week with the announcement that the California Supreme Court had granted a rehearing of the tax refund suit brought against the county by the Southern Service company on behalf of some of the larger taxpayers in the county.

Last Aug. 31 the Supreme Court decided against the county, and county attorneys declared that "the court had been led into a trap on some of the points."

## Institute Head Points Way To Safe Reducing

A REDUCING diet does not necessarily take the joy out of life.

On the contrary, writes Katharine Fisher, head of Good Housekeeping's famed Institute, it adds to it in the form of a trim figure and a new feeling of well-being.

In the October issue of Good Housekeeping Magazine, Miss Fisher points out that in recommending a reducing program doctors warn patients about the perils of a restricted diet. So you may continue eating most of the foods you like but cut down on the quantity of high-calorie foods. These include cream, butter and other fats, sweets, and foods relatively high in starch like potatoes, cereals, breadstuffs, and macaroni.

The proper diet really amounts to the question of budgeting your calories and to that end Miss Fisher and her assistants on the Institute staff have prepared a list of foods and adapted them to meals.

Generous use has been made of the low-calorie foods such as leafy green vegetables and fruit; for being bulky, they give you a feeling of satisfaction without adding up the calories and they contribute richly to the vitamins and minerals in your diet.

All that is necessary, these experts say, is "watch your calories." In a companion article, Dr. Walter H. Eddy, Director of the Good Housekeeping Bureau, analyzes the pitfalls of reducing. "Before you start any reducing diet get the answer to why you are fat," says the eminent scientist. "You may be a gland case or you may be a constitutionally obese type, or you may be fat simply because you are overeating and underexercising."

Certain dangers that physicians have pointed out must be watched and avoided, Dr. Eddy says. "See your doctor before you begin any routine," is sound medical advice and should be carried out, according to the article.

Pointing out that the basic principle of any reducing regimen is merely "Eat less food than you burn up," Dr. Eddy says that on such a basis you force your body to get some of its fat from the stored-up fat, and weight inevitably begins to decline. By increasing your exercise you further help the burning of fat by creating



Shocking?



Don't Stop Exercising!



Not too much Butter or Sweets

a greater demand for body fuel. All reducing diets, he says, are built on these principles.

**Male Beauties Parade**  
 GUYMAN, Okla. (U.P.)—Some of the scrawniest legs ever seen

in a bathing beauty contest were displayed here. The competitors were all men—42 of them.

## City's Share of County Gas Tax Totals \$9,247

Torrance will receive \$9,247 in gasoline tax funds this year from the county board of supervisors, according to the "yardstick" by which the county officials agreed to allocate all such funds a year ago. In addition to this sum, the city receives a quarter-cent allocation direct from the state for work on state highways within the city limits.

A total of \$1,400,000 is set up in the budget for aid to cities, and the allocations are made according to their population and to the mileage of principal streets, according to George Jones, county road commissioner.

## ASSOCIATED GROCERS

SPECIALS FOR Friday and Saturday OCTOBER 14, 15

Black Swan No. 2 1/2 can Pears 15¢

Black Swan No. 1 can Fruit Cocktail 11¢

SUPER SUPS Concentrated 1g. 20¢ Large Pkg. 8¢ Giant Size 16¢

Folger's COFFEE 1-lb. can 27 1/2¢ 2-lb. can 53¢

CRYSTAL WHITE Soap 5 bars 15¢

Peet's Large Gran. Soap 25¢

PALMOLIVE Soap 3 bars 17¢

Sperry's "Drifted Snow" Flour 5 lb. sk. 22¢ 10 lb. sack 40¢

Golden Swan MILK 3 tall cans 16¢

Sweetheart TOILET Soap 3 bars 18¢ and 1 bar for 1¢ All 4 Bars for 19¢

Ovaltine 50c sz. 33¢ \$1.00 size 59¢

Borax Powder 10 oz. pkg. 10¢ 2 lb. pkg. 25¢

BLACK SWAN TOMATO SAUCE 4 cans 15¢

Boraxo can 15¢

BORAX Large Soap Chips 21¢

Softasilk 1g. 25¢

Bisquick 1g. 27¢

BLACK SWAN SALMON No. 1 cans 2 for 23¢

Wheaties 2pkgs. 21¢

Gold Medal 1-lb. cello pkg. Spaghetti 13¢

Gold Medal 1-lb. cello pkg. Macaroni 13¢

Savory 2 oz. cans Mushrooms 2 for 15¢ (Pieces & Stems)

King Kelly ORANGE 1-lb. jar 14¢

Marmalade 14¢

Drano can 19¢

Your Associated Grocers

DOAN'S MARKET 2223 Torrance Blvd. Phone 486

GEO. H. COLBURN 645 Sartori Phone 622

RICHARD COLBURN 1801 Cabrillo Phone 110

## OUR 79TH BIRTHDAY!

### "We Celebrate with Banner Bargains"

**MORRELL'S PRIDE SLICED BACON** 1-lb. pkg. **16¢**

**BARRACUDA BY THE PIECE** lb. **19¢**

**SLICED SALMON** lb. **23¢**

**LARGE EASTERN OYSTERS** doz. **25¢**

**U. S. GOVT. GRADED "TOP QUALITY" STEER BEEF**

**POT ROAST** 7-BONE CHUCK Best Center Cuts lb. **16¢**

ROUND BONE ROAST, lb. 19¢—CHUCK NECK CUTS, lb. 14¢

**U. S. GOVT. GRADED "TOP QUALITY" STEER BEEF**

**STEAKS** ROUND OR SWISS "Best Center Cuts" lb. **29¢**

**PLATE RIB BOILING BEEF** LEAN, MEATY lb. **9¢**

**BLADE CUT PORK LOIN ROAST** lb. **25¢**

**"OLD PLANTATION" PURE PORK SAUSAGE** lb. **25¢**

**Fancy Fresh-Dressed FRYERS** lb. **27¢** (Or Roasting Chickens)

**BLADE RIB OR LARGE LOIN LAMB CHOPS** lb. **25¢** (Small Loin Chops, lb. 35¢)

**U. S. GOVT. GRADED TOP QUALITY STEER BEEF**

**PRIME RIB** ROAST 1st 5 Ribs Best Cuts lb. **27¢**

**SWIFT'S PREMIUM "OVENIZED" HAMS** lb. **28¢** 10 to 12 lbs. average

**Eight O'Clock COFFEE** 3-lb. bag 14¢ 1-lb. bag 16¢

**White House EVAP. MILK** 3 tall cans 16¢

**Meal For Four KRAFT DINNER** pkg. 15¢

**Ann Page Salad DRESSING** quart jar 29¢

**Del Monte PRUNES** 2-lb. can 11¢

**Iona Prepared SPAGHETTI** 10 1/2-oz. can 5¢

**6 Delicious Flavors JELL-O** 3 pkgs. 14¢

**Swift's Dog Food PARD** 3 1-lb. cans 25¢ Price .243 Tax .007

**ARIZ-SWEET GRAPEFRUIT JUICE** 3 No. 2 cans 20¢

**Super-Creamed SHORTENING CRISCO** 3-lb. can 51¢ 1-lb. can 19¢

**FANCY EASTERN SAUERKRAUT** 3 No. 2 cans 25¢

**"Better Best" Graham or Sodas** 1-lb. pkg. 11¢

**"Better Best" Graham or Sodas** 2-lb. pkg. 21¢

**A & P Fancy Sliced Pineapple** 14-oz. can 15¢

**Dole Pineapple GEMS** 3 14-oz. cans 25¢

**Sultana P-NUT BUTTER** 1-lb. jar 15¢

**Sultana Alaska RED SALMON** No. 1 can 18¢

**Iona PORK & BEANS** No. 1 can 5¢

**King Kelly Orange MARMALADE** 1-lb. jar 14¢

**Nutley MARGARINE** lb. 11¢

**Del Monte ASPARAGUS** 2 picnic cans 25¢

**Armour's Star CORNED BEEF** 12-oz. can 17¢

**Fancy Eastern APPLESAUCE** No. 2 can 15¢

**Rosemont Assorted JELLIES** 2-lb. jar 23¢

**Sunwest Evaporated APRICOTS** 11-oz. pkg. 14¢

**A & P Fancy SWEET PEAS** No. 2 can 25¢

**Kellogg's PEP** 2 pkgs. 21¢

**DEL MAIZ NIBLETS** 12-oz. can 10¢ "Like Fresh Corn off the Cob"

**GREEN GIANT PEAS** No. 303 can 14¢

**A & P FANCY BARTLETT PEARS** No. 2 can 13¢

**TENDER SWEET PEAS** No. 2 can 15¢

**HEINZ CUCUMBER PICKLES** 24-oz. jar 19¢

**GRANULATED SOAP WHITE KING** large pkg. 28¢ Price .272 Tax .008

**GRANULATED SCOTCH SOAP** 2 large pkgs. 45¢ Price .436 Tax .014

**CREAMED TUNAETTS** 12-oz. can 14¢

**CHURCH'S PURE GRAPE JUICE** quart bottle 29¢

**FRENCH'S CREAM SALAD MUSTARD** 9-oz. jar 10¢

**BRANDY-WINE SLICED MUSHROOMS** 2-oz. can 8¢

**ORANGE PEKOE NECTAR TEA** 1-lb. pkg. 14¢ 1-lb. pkg. 27¢

**"MAKES ALUMINUM BRILLIANT" BRILLO PADS OR SOAP** small pkg. 7¢ Price .008 Tax .002

**LUX TOILET SOAP OR LIFEBOUY** 3 cakes 17¢ Price .165 Tax .005

**SPERRY PANCAKE & WAFFLE FLOUR** 28-oz. pkg. 14¢ 14-oz. pkg. 9¢

**GOLD MEDAL "SUN-VITE" MACARONI** 1-lb. can 11¢

**A & P FANCY YELLOW CLING PEACHES** SLICED OR No. 2 HALVES can 11¢

**QUICK OR REGULAR QUAKER OATS** sml. pkg. 9¢ 1-lb. can 18¢

**GEBHARDT'S TAMALES** 15-oz. can 13¢

**ACE-HI FAMILY FLOUR** 5 lbs. 19¢ 24 1/2 lbs. 76¢

**SOAP POWDER GOLD DUST** large pkg. 17¢ Price .165 Tax .005

**FRESH FRUITS & VEGETABLES**

**LETTUCE** FRESH ICEBERG 2 large heads 9¢

**TOMATOES** RED RIPE LARGE 3 lbs. 10¢

**PEPPERS** GREEN BELL each 1¢

**RADISHES** FRESH PULLED bunch 1¢

**LADYFINGER GRAPES** 5 lbs. 10¢

Meat And Vegetable Prices Are Effective Through Sat., Oct. 15. **A & P FOOD STORES** Grocery Prices Are Effective Through Wednesday Oct. 19. 1319 SARTORI AVE., TORRANCE

## Torrance National Bank

TORRANCE, IN THE STATE OF CALIFORNIA, AT THE CLOSE OF BUSINESS ON SEPTEMBER 28TH, 1938.

Published in response to call made by Comptroller of the Currency, under Section 5211, U. S. Revised Statutes.

ASSETS	
1. Loans and discounts	\$226,190.50
2. Overdrafts	837.98
3. United States Government obligations, direct and fully guaranteed	233,284.38
4. Other bonds, stocks, and securities	43,935.02
5. Banking house, \$36,102.09. Furniture and fixtures, \$5,230.00	41,332.09
6. Reserve with Federal Reserve Bank	45,898.97
7. Cash, balances with other banks, and cash items in process of collection	156,806.90
<b>TOTAL ASSETS</b>	<b>\$748,285.93</b>
LIABILITIES	
14. Demand deposits of individuals, partnerships, and corporations	\$285,618.82
15. Time deposits of individuals, partnerships, and corporations	225,415.81
16. State, county and municipal deposits	71,309.73
17. United States Government and postal savings deposits	17,854.38
18. Deposits of other banks, including certified and cashier's checks outstanding	7,138.46
Deposits secured by pledge of loans and/or investments	\$ 84,164.11
Deposits not secured by pledge of loans and/or investments	523,173.09
<b>TOTAL DEPOSITS</b>	<b>\$607,387.20</b>
29. Other liabilities	240.68
30. Capital account:	
Preferred stock, 4000 shares, par \$10.00 per share, redeemable at \$10.00 per share	\$100,000.00
Common stock, 6000 shares, par \$10.00 per share	20,000.00
Surplus	16,101.78
Undivided profits—net	4,606.27
Reserves for contingencies	
<b>TOTAL CAPITAL ACCOUNT</b>	<b>\$140,708.05</b>
<b>TOTAL LIABILITIES</b>	<b>\$748,285.93</b>
MEMORANDUM: Loans and Investments Pledged to Secure Liabilities	
31. United States Government obligations, direct and fully guaranteed	\$ 80,898.75
32. Other bonds, stocks, and securities	47,387.55
<b>TOTAL PLEDGED (excluding rediscounts)</b>	<b>\$128,286.30</b>
35. Pledged:	
Against United States Government and postal savings deposits	\$ 13,455.00
Against state, county, and municipal deposits	114,801.30
<b>TOTAL PLEDGED</b>	<b>\$128,256.30</b>

STATE OF CALIFORNIA, COUNTY OF LOS ANGELES, ss:

I, R. J. Deining, cashier of the above-named bank, do solemnly swear that the above statement is true to the best of my knowledge and belief.

Sworn to and subscribed before me this 11th day of October, 1938.

EMILY M. LOCKE, Notary Public. My commission expires August 28, 1940.

Correct—Attest:

JAMES W. POST, CHAS. E. CONNER, J. S. LANCASTER, Directors.