

# Clock Controlled Gas Ranges Boon to Women

## Cooking School Instructor Says Kitchen Work Greatly Reduced

"Let the men talk about their new inventions—fast traveling air liners, radio beams and so on.

"We ladies can nod knowingly—and smile to ourselves. 'Why? Because in our kitchen—closer to home than all these, we have our own invention—the automatic clock controlled gas range!'"

Thus spoke Miss Jessie Ewing, home economics expert, as she prepared for The Herald's Modern School of Gas Cookery to be held at the Civic Auditorium next Wednesday, Thursday and Friday, Sept. 29, 30 and Oct. 1, starting at 1:30 o'clock each afternoon.

### Leaves Housewife Free

"Seriously speaking," Miss Ewing said, "cooking by the clock is the greatest step ahead since the development of the thermostatic oven temperature regulator. It has brought, perhaps, more happiness to the home manager and the entire family than any other single culinary development."

"What does clock control mean?"

"Clock control means that the home manager may place an entire meal in the oven; roast vegetables and dessert—set the clock at the start and stop times, then forget about the meal until it is ready to serve."

Clock control means, she pointed out, that the up-to-date housewife is free for other household duties, or even to go to a bridge or tea, while dinner cooks automatically in her modern gas range.

Complete dinners for preparation in the clock controlled gas range are termed "oven meals," Miss Ewing said. "I explain them in detail at the cooking classes while the actual preparation and cooking is done."

According to Miss Ewing, there are many things to learn about this new method of dinner preparation. She demonstrates the new methods at the cooking classes, and ladies and gentlemen, too—are cordially invited.

Don't forget the dates, time, and place—next Wednesday, Thursday and Friday afternoons from 1:30 to 3:30 o'clock.

### Wise Buying Adds to Housewife's Reputation

A reputation for serving delicious meals depends on knowing how and what to buy as well as knowing how to prepare the various dishes. Often the finest cook can trace disappointment to a poor quality food in the first place. It's not particularly pleasant to labor, no matter how lovingly, over some particular dish that should be appetizing and savory only to have it turn out flat and uninviting.

Flavor is, after all, the important consideration. Look! can be deceiving, but the taste is what we are really interested in securing. And that is where a name like Iris can mean so much to today's wise buyer of canned foods. The Iris experts not only know where to find the tastiest, most luscious fruits and vegetables, but they know at what season they have arrived at their height. Theirs is no off-season in Iris fancy fruits and vegetables because these products are chosen with utmost care.

### Here's a Hint

Ordinary meringue pies are often hard to cut—the meringue dries with the knife. Avoid this by adding a little granulated sugar over the meringue just before it is browned in the oven. This gives a pretty crust and makes the pie easy to cut. Plan to attend our free classes in Modern Gas Cookery—you are cordially invited. Details are being announced by this paper.

## TORRANCE HIGH LIGHTS... by Carl Gilbert

### World Friendship

The World Friendship club's officers met Monday noon to discuss this year's program. They also planned to make the club a school project and work it the same as an ordinary class.

### Pep Club Meeting

The Pep club, under the guidance of Mrs. Margaret Allen and F. E. Barrow met Monday to make arrangements for this year's program. The club has received many letters from other schools in the L. A. system asking about its constitution and by-laws.

### School is Growing

The largest enrollment in the history of Torrance high school was recorded in the school office last week. Miss Elizabeth F. Parks, vice principal, stated that the enrollment for the first day of school was larger than that of last year's. It also surprised Miss Parks to enroll 35 to 40 new students Monday.

### Library Enlarged

Many new and exciting books were received by the library this summer. Some of these excellent new books are "Pecos Bill" by Bowman, "Fighting the Flying Circus" by Capt. Eddy Rickenbacker and "Spanish Inquest" by Commander Edward Ellsberg. There are also many good books for the radio-minded boys, and also many good books for girls.

### Forget Demerits

At a recent faculty meeting, Principal Thomas H. Elson asked the teachers to forget demerits. Elson said that this school is going to try and get along without the old demerit system and that the faculty and himself are planning a new way to keep a citizenship record for each student. He also stated that this does not mean the school can't go back to the old system of demerits.

### G. A. A. is Active

The G. A. A. held its first meeting last Wednesday. Members discussed the coming initiation to be held within the next week or so. Eileen Black will be in charge. Meetings are to be held each Wednesday. Officers were elected and they are: Korona Carlin, president; Doris Kresse, vice-president; Peggy Wood, secretary; Alice Taylor, treasurer; Martha Hoke, reporter, and Merle McHenry, sergeant-at-arms.

### Form New Class for Children Here

A tile craft class has been started by the Recreation department at the rear of the ball diamond in the city park. Any boy or girl interested in making interesting tile articles should enroll for the free instruction. The class will be instructed every afternoon until 4:30 p.m.

Checks **666** COLD AND FEVER Liquid, Tablets, Salve, Nose Drops First day—Headache 30 minutes Try "Rub-My-Tism"—World's Best Liniment

## People and what they are doing

Mr. and Mrs. C. D. Lowen and daughter Neva June of 904 Beech avenue, attended the Los Angeles County Fair at Pomona, Saturday.

Lucille Lewellen, Audie Modlin and Olivia Lee represented the Bert S. Crossland Unit American Legion Auxiliary on the inspection tour conducted by 19th District American Legion Auxiliary at Sawtelle, Tuesday.

Jeanne Sears, who is in Los Angeles attending the University of Los Angeles, spent Sunday at home on El Prado with her folks.

Seen at the county fair in Pomona Sunday were Mr. and Mrs. Tom McGuire, Mr. and Mrs. Henry Ulbright and daughter, Dolores, Carl Warner and son Bobby.

Guests at the home of Mr. and Mrs. W. W. West, 216th street, are Mr. and Mrs. J. L. Bunch of Shreveport, Louisiana.

Miss Alice Burger, 1104 Cedar avenue, had as her house guest over the week-end her roommate, Mary Jane Kelsey of Ventura. The girls are students at the University of Southern California.

The serious illness of Mrs. C. L. Gilbert in Maricopa, caused her son C. W. Gilbert and his wife of 1511 Acacia avenue to go there Tuesday.

Miss Hazel Clark, 1731 Andree avenue, who for the past five years has been employed in the payroll department of the Metropolitan Water Department at Los Angeles, was recently transferred to their offices in Banning.

Nick Cucci of Cedar avenue, is seriously ill at Long Beach Community hospital.

Mrs. F. B. Arthur and daughter Janet of San Francisco, arrived here Wednesday to visit several days with Mr. and Mrs. Grover C. Whyte, 1620 Post avenue. They will leave Sunday with Mrs. Addie Clemens for a visit in Clemons, Iowa.

Naomi, daughter of Mr. and Mrs. Marcus Edwards, who recently underwent an operation at the Orthopedic hospital in Los Angeles, is convalescing at home, 2208 Andree avenue.

Mr. and Mrs. Wallace Gilbert, 1631 Cota avenue, returned Saturday morning from seven weeks' vacation. They visited with relatives and friends in the New England states. Enroute home they stopped for several days at San Francisco.



## JUST LOOK AT THESE MEAT VALUES

Flavor-perfect meats at economy prices... guaranteed to you by Safeway's 5-step plan of meat merchandising. Try these finer meats today; they must please you or every penny will be refunded. For quality, flavor, price... you'll find Safeway Guaranteed meats real values.

### PRIME RIB ROAST

Standing. Excellent oven roast.

### ROLLED ROAST

Prime Rib. Boneless lean meat.

### BEEF ROAST

Fancy center-cut, seven-bone chuck.

### BONELESS ROAST

Shoulder cut or rolled roast of beef.

### FRYING CHICKENS

Fancy, colored, dry-pickled, milk-fed.

### SLICED BACON

Swift's Premium, in Cello packages.

### BARRACUDA

Fresh barracuda; in the place to bake.

### PORK SAUSAGE

Pure pork sausage, in bulk or Visking.

### STEAKS

Porterhouse, T-Bone, or Club.

### SHORT RIBS

Bake or braise these tender ribs of beef.

## SIRLOIN STEAK

Tender, juicy Sirloin steaks cut from Guaranteed beef.

## SHORTENING

High quality shortening, packed in one-pound cartons.

## PORK ROAST

Cut from large loin or shoulder rib of fancy pork.

## BOILING BEEF

Lean, meaty cuts from plate ribs of Guaranteed beef.

## GROUND BEEF

Selected cuts from Guaranteed beef, packed in Visking.

### FRUIT JUICES

Apple-Sweet No. 2 10c

Pineapple Juice No. 2 12c

Tomato Juice No. 2 15c

Stokely or Dal Monte 2 cans 15c

### CRACKERS

Graham Crackers Honey-Maid, 1-lb. box 16c

Swan Flakes Crackers No. 2 16c

S.N.C.'s 1-lb. pkg.

### CEREALS—FLOUR

Relish's Checker Oats 17c

Post Toasties 6c

Corn Flakes 8-oz. box 6c

Granola Flakes 2-10-oz. 19c

Gold Medal Flour No. 5 bag 25c; No. 10 bag 45c

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Swans Down Flour 24-oz. pound box 23c

Pancake Flour Pillsbury's, 40-oz. pkg. 17c

Ivory Soap Medium size, Per bar 6c

Favorite Matches 3 boxes, 10c; carton of 6 19c

### MAYONNAISE

Mayonnaise No. 2 41c

Duchess Salad Dressing 20c

Cascade Salad Dressing 20c

Edwards Coffee 25c

Edwards Coffee 49c

Edwards Coffee 22c

Hershey Cocoa 13c

Chocolate Malted Milk 39c

### SEA FOODS—MEAT

Red Alaska Salmon 21c

Choice Shrimp 17c

Libby's Corned Beef 17c

### MISCELLANEOUS

Jell-Well Assorted Flavors 3 for 13c

Tomato Sauce 3c

Sleepy Hollow Syrup Pint jug, 19c; quart jug 35c

## CHICKEN & NOODLES

Chief Milani's brand. Tender egg noodles, wrapped in luscious chicken.

## FANCY TUNA

Chicken of the Sea tuna fish. Delicious light meat. For salads.

## DE LUXE PLUMS

Libby's De Luxe brand. Italian style prune plums.

## MORTON'S SALT

Your choice of plain or iodized. Cube-type crystals... run faster.

## FLOUR HARVEST BLOSSOM

Family blend of flour. 24 1/2-pound sack, 75c.

## Garden FRESH Produce

## Apples

Northern Bellflowers 9 lbs. 25c

## Potatoes

No. 1 Quality Burbanks 10 lbs. 25c

## Grapes

Thompson Seedless Firm, Ripe Fruit 4 lbs. 10c

## Jonathan Apples

Northern grown 6 lbs. 25c

## French Prunes

Sweet juicy 4 lbs. 10c

## Barlett Pears

Lake County 4 lbs. 25c

## Tokay Grapes

Fancy quality fine eating 1 lb. 5c

## Sweet Corn

Oregon Evergreen 5 ears 15c

## Bell Peppers

Crisp, fresh, fine to stuff each 1c

## Cucumbers

Long, green, crisp, fresh 3 for 5c

## Lettuce

Crisp, firm heads. Excellent for salad per head 7c

## Tomatoes

Firm, ripe, for slicing 4 lbs. 15c

## Sweet Onions

Spanish variety 4 lbs. 10c

## Sweet Potatoes

Baking sizes 6 lbs. 25c

## FRUIT ITEMS

Cello-Pack Prunes 30-40 size, 2-lb. pkg. 19c

Stokely Apricots, Whole, unpeeled, No. 2 15c

Fruit Cocktail Dainty Mix, No. 1 can, No. 2 12c

Pineapple Tid-Bits 8-ounce can 7c

## CANNED VEGETABLES

Natural Asparagus Sacramento, No. 1 can 17c

Park & Beans 2-lb. can 13c

Van Camp's 2-lb. can 9c

Burbank Hominy No. 2 1/2 size can 9c

## FOR SANDWICHES

Sandwich Spread Lunch Box, Pint jar 23c

Velvete Cheese Kraft's 1/2-lb. box 18c

Philadelphia Brand Cream Cheese, Per pkg. 9c

## WHITE KING SPECIALS

### TOILET SOAP

White King, Per bar 5c

### GRANULATED

White King, 24-oz. box 20c

### GRANULATED

White King, 36-oz. box 29c

### SCOTCH SOAP

Granulated 23-oz. pkg. 19c

### PET FOODS

Strongheart Dog Food, Tall can 5c

Kennel King Dog Food, Tall can 6c

## MEAT

### That Can't Be Beat!

LOOK AROUND! SHOP AROUND! Hunt all you please and you'll NEVER find meat any more tender, any more tasty or any more economical than GRUBB'S!

**GRUBB'S MARKET**  
CHOICE MEATS  
PHONE 779-TORRANCE  
IN SAFEWAY STORE 1929 CARSON ST.

# SAFEWAY

## ASSOCIATED AGROGERS

## Weekend FOODS Sale

SPECIALS for Friday and Saturday, Sept. 24, 25

## HILL BROS. COFFEE lb. 28c

### SAVORY MUSHROOMS

2 oz. Can 10c

### DASH Granulated SOAP

Medium Size 25c

### Fresh Top Quality MEATS

SHOULDER LAMB ROAST lb. 19c

RIB and SHOULDER LAMB CHOPS lb. 23c

## WELCH'S GRAPELADDE 17c

## SKIPPY DOG FOOD 5c

2 lbs. 25c

## FLUFFO SHORTENING 21c

QUART

## Tip Top SALAD DRESSING 21c

## Special Sale of Our BLACK SWAN Quality Foods

PEARS No. 2 1/2 Can 16c

String BEANS No. 2 Can 10c

CORN No. 2 Can 10c

TOMATOES No. 2 1/2 Can 10c

PINEAPPLE No. 1 1/4 Can 4 Large Slices 10c

CRISCO 3-lb. Can 56c

1-lb. Can 22c

## Gold Medal FLOUR

"Kitchen Tested" 5 lb. Sack 28c

10 lb. Sack 48c

## Gerber's BABY FOOD

ALL KINDS 3 FOR 25c

## IVORY SOAP

MEDIUM Bar 6 1/2c

LARGE Bar 10c

## Use OXYDOL

For Grimy Kitchen Walls, for Scrubbing Linoleum, Rugs, Ceilings and All General Laundering—Lge. Pkg 22c

## CAMAY

2 BARS FOR 11c

the soap of beautiful women

## Scot-Tissue

3 Rolls 20c

## Scot-Towels

2 Rolls 19c