

## Plane and Car Outside Aerials Efficient



Newly perfected outside aerials incorporating the same principles to obtain maximum receptivity and efficiency are found on the 1937 Ford V-8 and Transcontinental Western Air planes. Pretty Miss Ann Cornell, left, is pictured above as she shows the 1937 Ford V-8 aerial, which keeps the world at her fingertips, to T.W.A. Stewardess, Bobel Jenkins. Miss Jenkins in turn points out the newest in airline aerials and direction-finders, which keeps the plane and pilot on their course in all kinds of weather. This antenna adds immeasurably to the safety of flying.

## 'Serve-Yourself' for Hot Days

Hot weather means less entertaining, as a rule, because we hate the trouble of serving a meal, but this year instead of curtailing entertaining, let's have simple serve-yourself meals, served on the porch if one is available. Such meals are no more bother than an easy family meal, and they are most enjoyable.

The meat loaf is an ideal main dish for the serve-yourself meal, because this is good either hot or cold. It may be made in a loaf pan and sliced for each guest to help himself, or it may be baked in individual muffin tins, with one for each person to be served.

As to the kinds of meat loaves, there are as many probably as there are cooks, because it is the little touches of seasoning which make one different from another. Lamb loaf is an excellent serve-yourself meal.

**Lamb Loaf**  
2 pounds ground lamb  
1 cup fine cracker or dry bread crumbs  
2 tablespoons minced onion  
1 green pepper, finely minced  
2 tablespoons chopped parsley  
1 egg, slightly beaten  
1 cup milk or meat stock  
Salt and pepper  
Combine the ground lamb and cracker or bread crumbs. Add seasoning and moisten with the slightly beaten egg and milk or meat stock. Mix well, and pack into a greased loaf pan. Bake in a moderate oven (350 F.) until done, about one hour. To serve, turn out onto a large platter, slice, and garnish with radish roses and parsley or mint leaves.

## State Parks Host To Record Crowds

Attendance last month at the various state parks was the greatest in the park division's history, according to Division Chief A. E. Henning. He estimated revenues from various park concessions, including picnicking and camping, would total approximately 20 percent more than during the same month last year.

## You Can't Have Everything . . .

But you can have GOOD MEAT on your table every night. And as good meat is the foundation of every meal, then you can have a GOOD meal. And as a good meal usually makes a person happy . . . then YOUR chances of being happy are almost assured.

. . . PROVIDED . . .

YOU BUY YOUR MEAT AT GRUBB'S WHERE IT'S ALWAYS GOOD AND ALWAYS ECONOMICAL!!!

**GRUBB'S MARKET**  
CHOICE MEATS  
PHONE 779-TORRANCE  
IN SAFEWAY STORE 1929 CARSON ST.

## Labor Day Meal Can Be Canned

By MARJORIE H. BLACK  
Labor Day, celebrated on the first Monday in September, may be a holiday and rest for the

men, but far be it from such for the women folk. Men are just as hungry on that day as any other, in fact, it would seem they are more so because they are not busy and eating seems to hold an interest for them. For you women, whose work goes on regardless of the holiday, and who would like to join the men in some of their activities, remember that canned

foods will be ready to help you. From the wide range of variety found on the grocer's shelves there will be no difficulty in finding something to please every taste and whim. A meal can be quickly prepared by using the prepared entrees such as ravioli, spaghetti, baked beans, tamales, corned beef hash, beef, Irish or kidney stew, or such ones as

frankfurters and sauerkraut, roast beef, lobster Newburg and chicken curry. These can be just heated and served, or they can be combined with other foods. You might like to put some canned peas, corn, mushrooms or ripe olives in a baking dish before adding the entree. They will make the dish serve more people and will add a pleasant flavor to the finished

dish. With any of those entrees a mixed vegetable salad would go well, and to make it a can of mixed salad vegetables might be chosen, or such a combination as green beans, asparagus tips and beets. Some mixed pickle, sliced dill pickle or olive relish would be a fine added flavor. Platter salads are attractive

and easy for this day of rest. Just have several cans of vegetables and meats chilled and arrange them attractively on a platter with lettuce. Serve with French dressing.

Now you can eat your cake and have it too! Look for sensational announcements in next week's Herald and Tri-City Shopping News.

# EVERY SAFEWAY STORE A Community BARGAIN CENTER

Prices effective through Saturday, August 28, in Safeway-operated departments of stores within 35 miles of Los Angeles.

**BREAD**  
JULIA LEE WRIGHT'S  
16-oz. loaf **8c**  
Price in Metropolitan Los Angeles only.

Real bargains . . . high quality foods at low prices . . . await you every day at your neighborhood Safeway. In every department, on every shelf you'll find well known brands of foods, standard bearers of quality, at prices well within your budget. Shop at Safeway for one month, compare your food cost with that of the previous month, convince yourself that money saving values are always bountiful at Safeway. Start today to save on foods by shopping at your community bargain center, your neighborhood Safeway store.

**ARIZ-SWEET** GRAPE-FRUIT JUICE **2 No. 2 17c**  
Tasty morning beverage. Pressed from Arizona fruit.  
**SYRUP** SLEEPY HOLLOW **17c** pint jug  
**TOMATOES** LIBBY BRAND **2 No. 2 25c**  
Finest quality blend of cane and maple.  
Solid packed tomatoes. Libby brand, finest quality.

## Canned Fruits and Vegetables

**Sliced Pineapple** Libby or Del Monte **2 No. 2 33c**  
**Waikiki Pineapple** Broken Sliced **2 No. 2 25c**  
**Grapefruit** Stokely or Dromedary **2 No. 2 12c**  
**Shortcake Peaches** Stokely's Freestone **2 24-oz. can 15c**  
**Crushed Pineapple** Libby brand **8-oz. can 7c**  
**Jell-well** Extra-flavor gelatin dessert **3 pkgs. for 13c**  
**Pork and Beans** Van Camp's brand with tomato sauce **2 16-oz. cans 13c**  
**Stokely's Kidney Beans** No. 2 **10c**  
**Cut Green Beans** Standard **3 No. 2 25c**  
**Button Mushrooms** Jacob's Fancy 4-oz. can **2 2-oz. can 11c**  
**Hotel Mushrooms** Jacob's 4-oz. can **2 2-oz. can 9c**  
**Val Vita Spinach** Extra Washed No. 2 1/2 can **10c**

## Ready to Serve Foods

**Milani's Spaghetti** 16-ounce glass jar **10c**  
**Corned Beef Hash** Libby brand **2 15c**  
**Sliced Beef** Beardsley brand Water thin **2 1/2-oz. jar 10c**

## Sea Foods

**Sardines** Split of Norway brand. Cross-packed in oil **2 No. 1 15c**  
**Chicken of the Sea Tuna** No. 1 1/2 can **15c**  
**Kipperd Snacks** Herring Fillet **2 No. 1 9c**  
**Van Camp Mackerel** 2 tall cans **17c**  
**Tiny Tot Sardines** Cross pack **2 No. 1 25c**  
**Del Monte Sardines** Angostura Flavor-toned oval can **9c**  
**Choice Shrimp** Wet pack or dry pack. Standard quality **5-oz. can 15c**

**SUN RIPPENED FRUITS and VEGETABLES**

**WATERMELONS** Riverside grown. Choice of Stripes or Klondykes. **lb. 1c**  
**SEEDLESS GRAPES** Fancy Thompson seedless grapes. Full bunches. **3 lbs. 10c**  
**BARTLETT PEARS** Fancy Lake County Bartlett Pears. For dessert. **lb. 5c**  
**RUSSET POTATOES** U. S. No. 1 quality Russets. Delicious when baked. **10 25c**  
**SOLID TOMATOES** Large size, solid, ripe tomatoes. Finest for slicing. **3 lbs. 10c**

**BUTTER**  
LUCERNE - FIRST QUALITY  
The new improved Lucerne butter. Guaranteed 93% or better. Try a pound today. **lb. 40c**

**ICE CREAM**  
LUCERNE BRAND  
Assorted flavors of high quality ice cream, packed in handy refrigerator box type pint box. **12c**

**FRESH EGGS**  
Large size, fresh, U.S. Extra grade.  
**Cream O'Crop** **38c**  
Carton of one dozen  
**Lucerne** **35c**  
Carton of one dozen



## HAVE YOU TRIED THIS GROUND BEEF?

Selected cuts of Safeway Guaranteed Beef, ground and packed in Visking casing at the Safeway central cutting plant, under government inspection. Then delivered daily in refrigerated trucks to your neighborhood Safeway. Sliced at the market, through the protective transparent wrapping. To be sure of government inspected ground beef, ask for Un-X-L-D brand, at your neighborhood Safeway-operated meat market.

**Ground Beef** **lb. 17c**  
UN-X-L-D brand, government inspected ground beef, packed in Visking. Excellent for beef patties, hamburger steak, or meat loaf.

**BEEF ROAST** **lb. 21c**  
Center cut seven bone roast from chuck of Guaranteed Beef.  
**BACON** **HORMEL'S MINNESOTA** **lb. 22c**  
Hormel's Minnesota brand bacon, in Cellu-wraped packages.  
**LING COD** **FANCY SLICED** **lb. 18c**  
Sliced ling cod. Firm, white meat fish. Fine to fry or broil.  
**PRIME RIB** **lb. 29c**  
The finest roast in the beef, standing rib.  
**BONELESS BEEF** **lb. 33c**  
Shoulder clod or rolled rump. Guaranteed beef.

**SAFEWAY**