

Fine Products to be Used in Cooking School Here

VEAL BIRDS
2½ pounds veal steak cut in four-inch squares
2 tablespoons butter
1 egg
1 cup cream or rich milk
Onion chopped fine or juice of 1 onion
Celery salt
Salt and pepper
Cracker or bread crumbs

Cut steak into four-inch squares, combine soft bread crumbs, salt, pepper, celery salt, onion, and butter, spread two tablespoons of mixture on each square of meat. Roll up and pin with toothpicks or tie with string. Dip in beaten egg (one tablespoon water added to each egg) and finely rolled cracker crumbs. Brown on all sides in

IN SPRING PRIME

Now is the time for joyful week-end trips into the back country of San Diego county. Hills and valleys are a rich green, the mountains adorned with wild lilac and other blooms. skillet with plenty of fat. Partly cover with water and simmer until tender. This makes eight to 10 servings.



Grooming Prospective Champion



Edgar Kennedy, screen comedian and former amateur heavyweight champion of the Pacific Coast, is shown at right holding onto the plow handles as he helps train his latest boxing "find." Straining at the harness is Doug Coleman, 21-year-old Oregon State College athlete who Kennedy considers is a coming champion. Coleman weighs 180 pounds, stands six feet three inches tall and has a reach one inch longer than Primo Carnera.

Ben-Hur Products Sale Precedes Demonstration At Cooking School

Ben-Hur coffees and teas, world-known name under the Ben-Hur guaranteed label. No matter what kind of tea appeals to the customer's taste, they can get it under the Ben-Hur label—properly identified.

These higher quality Ben-Hur teas have won tremendous recognition. "Jasmine"—a blend of Pure India and Jasmine—in particular, has a social acceptance rarely accorded any one brand.

Also to be featured at next week's cooking school will be Ben-Hur extracts—which outsell all others combined in the Southwest. For many years they have been featured in cake-baking contests because of their outstanding high and unvarying quality. They are almost invariably chosen for demonstration by home economists. Ben-Hur vanilla is as strong as science can make it, comparatively laboratory tests showing that Ben-Hur far exceeds in elements of lasting flavor and richness.

Spices Guaranteed
Ben-Hur spices have for many years been the most popular brand sold in the Southwest. This great public acceptance has been entirely due to outstanding quality, which is attested by their being richer in flavor oils and delightful fragrance. Ben-Hur cinnamon, for example, is not only the world famous Saigon, but the "finest" Saigon, seldom if ever found under any other label.

Ben-Hur spices are not only absolutely pure and guaranteed full strength, but the cleanly way in which they are prepared makes them more appetizing and healthful.

One of the recent additions to the Ben-Hur food line is maple flavor, an item that Ben-Hur chemists have been experimenting with for several years, developing it to the Ben-Hur standard of supreme excellence. Leading home economists declare this the finest maple flavoring they have ever used.

Extracts Are Featured
Scientific improvements in roasting, grinding and vacuumizing have brought Ben-Hur to the highest peak of deliciousness. Find out for yourself what has happened to coffee flavor. The Ben-Hur company is among the few American organizations directly importing and distributing a complete line of teas. Each is sold by its

EMERGENCY SHELF HINTS

Stock your emergency shelf with bottled dainties. Then, when company comes and catches you unprepared, you have an "actual" food exhibit to show them—from which they may choose the particular food that appeals. Chicken, tongue, shrimps, olives, pickles, mayonnaise, honey, jelly and dozens of other colorful foods display their perfection perfectly through their glass containers. They look good and you know they are in good condition. From these rows of sparkling foods such dishes as the following may be prepared:

Shrimp Salad
1 jar shrimps
Mayonnaise
Lettuce, shredded celery, or shaved cabbage
Mayonnaise or other dressing

Peasant Girl with a Veil
2 cups dried crumbs
1 cup tart jam
Whipped cream
This is a delicious Danish pudding. Crumble bits of granham or rye bread to make fine crumbs. Add a little sugar to the crumbs and heat them in a slow oven until they are very dry. Cool and mix with any kind of jam, preferably a tart jam like apricot or plum. Mold, chill and serve with whipped cream.

Harlequin Salad
1 cup cooked, dried limas
1½ cups chopped tongue or ham
3 hard-cooked eggs, sliced
1 tomato, peeled and sliced
¼ cup chopped pickles
½ cup French dressing
1 head lettuce
Sour cream or mayonnaise salad dressing
Prepare and combine meat, limas, eggs and pickles. Mix with French dressing, let stand one hour in a cold place. Pile on a bed of lettuce and garnish with the sliced tomato.

ASSOCIATED AGROGERS

SPECIALS for Friday and Saturday, May 7th and 8th



We'll
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You
Celebrate
NATIONAL BABY WEEK

by offering a complete line of wholesome, tasty foods just suited to the "pride of the family"—at prices which invite purchase. Here are some suggestions...

GERBER'S BABY FOOD
3 CANS FOR 25¢
Wheaties
2 PKGS. FOR 21¢
Blue Karo Syrup
No. 1½ Can 15¢

Golden Swan MILK
3 TALL CANS FOR 19¢

SUNMAID Seedless Raisins
15-oz. Pkg. 9¢
Puffed Raisins
15-oz. Pkg. 10¢
OXYDOL
Lge. Pkg. 23¢
WHITE KING TOILET SOAP
Bar 5¢

CERTO FINE FOR JAMS AND JELLIES 22¢

Golden Swan Brand
PEACHES Halves or Sliced
No. 1 Can 2 FOR 25¢
PEARS
No. 1 Can 2 FOR 25¢
FIGS
No. 1 Can 2 FOR 25¢
Thriftie SALAD DRESSING
Pints 19¢ Quarts 29¢

IVORY FLAKES 23¢
WHITE KING LAUNDRY SOAP 3 BARS 10¢
DASH GRANULATED SOAP Lge. Pkg. 45¢

BLACK SWAN Fruit Cocktail
No. 1 Can 2 FOR 25¢
BLACK SWAN Corn
No. 2 Can 2 FOR 25¢
BLACK SWAN—No. 2½ Can SPINACH 2 FOR 25¢

MITY NICE SLICED BEEF
2½-oz. Glass 2 FOR 21¢
MITY NICE CORN BEEF 17¢
STEPHENS LEMON JUICE
8-oz. Can 2 FOR 25¢

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1801 Cabrillo Ave., Torrance, Phone 110

GEO. H. COLBURN
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DOAN'S MARKET
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COFFEE "The World's Largest Seller"
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CHALLENGE or SILVERBROOK Butter 1st Quality Quarters lb. 38¢
Deluxe Extra Quality—Large Fresh Eggs doz. 24¢
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PURE CANE SUGAR 10 lbs. 63¢
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"MASTER BLEACH" Water Softener ½-gal. jug 15¢
"IT FLOATS" Ivory Soap 3 med. bars 17¢
CHICKEN OF THE SEA—Fancy Tuna No. 1½ can 15¢
Chocolate, Caramel, Vanilla Kre-Mel Dessert 3 pkgs. 10¢

DEL MONTE Red Salmon No. 1 can 20¢
CRYSTAL CIDER Vinegar quart bottle 10¢
"The Complete Household Soap" Oxydol Soap large pkg. 19¢
Crystal White, White King, P. & G. Soap Laundry plant bar 4¢
DEL MONTE—JUICE Pineapple No. 2 can 10¢
"PURE COOKING OIL" Mazola Oil pint bottle 22¢
Sauce "For Meats and Salads" Lea & Perrin's 5-oz. bottle 25¢
MAXWELL HOUSE Coffee Regular 1-lb. can 28¢
WHITE HOUSE Evap. Milk 3 tall cans 19¢

GLOBE A-1 FLOUR 24½-lbs. \$1.01 49-lbs. \$1.99 10-lb. sack 45¢
M. J. B. LONG GRAIN WHITE RICE 2-lb. pkg. 15¢
SWIFT'S JEWEL SALAD OIL pint bottle 20¢
LYNDEN'S ROAST CHICKEN BONELESS No. 1 can 35¢
TENDER SWEET PEAS No. 2 can 10¢
ASSORTED CLAPP'S BABY FOOD 3 4½-oz. cans 19¢
VEGETABLE, PEA, VEGETABLE BEEF, CHICKEN NOODLE HORMEL SOUP med. can 10¢
DURKEE'S TROCO NUT MARGARINE lb. 19¢
JOHNSON'S GLO-COAT SPECIAL OFFER! pint can 55¢
FREE 1 Pint Can of Glo-Coat with Purchase of 1 Pint

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DEL MONTE TOMATO SAUCE 8-oz. can 3¢
DEL MONTE DE LUXE PLUMS No. 2 can 12¢
DEL MONTE PINEAPPLE BROKEN SLICED No. 10 can 49¢
"FOR COOKING AND FRYING" WESSON OIL pint quart can 42¢
CHURCH'S PURE GRAPE JUICE pint bottle 15¢
GHIRARDELLI'S GROUND CHOCOLATE 1-lb. can 30¢
KING KELLY ORANGE MARMALADE 1-lb. jar 15¢
CUT-RITE WAX PAPER 25-ft. roll 14¢

HERSHEY'S Cocoa Breakfast BAKING POWDER 1-lb. can 13¢
Calumet 1-lb. can 19¢
BROKEN SLICED Pineapple No. 2½ can 15¢
DOLE'S-GEMS Pineapple 14-oz. can 10¢
DEL MONTE BARTLETT Pears Sliced or Halves No. 2½ can 15¢
LIBBY'S Pot. Meat 3 No. 1¼ cans 10¢
ARMOUR'S STAR Corned Beef 12-oz. can 15¢

Prices Effective Thursday, Friday and Saturday, May 6, 7, 8, 1937
WE RESERVE THE RIGHT TO LIMIT QUANTITIES

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