

Model Poses 5,000 Times

LONDON (U.P.)—Marguerite Sallé, artists' model, says she is the most painted woman in the world. She estimates that in the nine years she has posed for artists she has been painted or sketched 5,000 times.

Resort Visited 78 Years

OAK BLUFFS, Mass. (U.P.)—For the 78th successive year, Mrs. Lee L. Farnham, 84, is spending her summer vacation at this inland resort, where she has a cottage on the shore of a pond.

Foreign Flavors Add Zest to Meat Dishes



Mrs. Aida Cook

Much as we like our own American cooking, it is interesting to try the seasonings of our foreign neighbors, at least for the sake of variety. Of course, not all foreign seasonings are available here, and for that matter not all of them suit our taste, but those which can be obtained frequently give our dishes a zest of flavor, and gain for them a royal welcome.

East Indian Curry Powder

Curry powder is a seasoning which has many possibilities in cookery, and especially in meat cookery, since its flavor, if added with discretion, adds a spiciness which enhances the delicious meat flavor. Curry powder, contrary to many ideas, is not one spice, but a combination of a dozen or more mixed in its native country, East India, according to the likes of the family and according to the pocketbook. Curry powder may be used simply as a seasoning, very much as one uses paprika. A small amount added to the cream sauce in which left-over meat is served adds a great deal of interest. It may be sprinkled over an escalloped meat dish along with the buttered bread crumbs to give it a spicy flavor that will be enjoyed.

Method: Dredge diced lamb with flour and brown in hot lard. Add onion, curry powder, lemon juice, hot water and tomatoes. Cover and let cook very slowly until the meat is tender. Serve on a bed of fluffy steamed rice.

Spiced Steak

Round or chuck, cut 1 inch thick
2 tablespoons lard
1/2 cup dilute vinegar
1 small onion
1 bay leaf
4 or 5 whole cloves
1 tablespoon sugar
Salt and pepper

Method: Brown steak on both sides in hot lard. Add the dilute vinegar, sliced onion and other seasonings. Cover and let cook in a moderate oven until done, about one hour. To serve, remove the steak to a hot platter, and thicken the remaining liquid for a spicy sauce.

Sour cream is frequently an addition to typically continental meat dishes, so here is one to try. Should you not have sour cream on hand, you can easily make it by adding 1 tablespoon vinegar per cup of cream.

Paprika Schnitzel

Veal shoulder chops or steaks
4 slices bacon
1 small onion
1 teaspoon paprika
1 cup sour cream
1/2 cup tomato sauce
Salt and pepper

Method: Dice the bacon very fine, and fry until crisp. Brown the veal chops or steaks in the bacon drippings, then add the onion, season with paprika and salt and pepper. Stir in the sour cream and tomato sauce. Cover tightly and bake in a moderate oven until done, about thirty minutes.

Potatoes Declared Fruit SYDNEY (U.P.)—Potatoes on Norfolk Island have been declared a fruit in order to permit of their export control under present regulations covering fruit exports.

CAN YOU IMAGINE!



how this war veteran from Arlington Heights, Mass. boasts BISMAREX. He returned from the World War with a painful stomach disorder and suffered for years. Recently he discovered BISMAREX and obtained immediate relief. Now he is eating normally and gaining weight steadily.

EXPLANATION

Thousands of sufferers like the one described above say there's nothing you can take that brings faster, more complete relief from acid-indigestion than BISMAREX. This pleasant-tasting antacid powder starts to work almost instantly. In three minutes you notice a wonderful improvement. Acids neutralized; gas removed. Many forms of indigestion relief stop there; but BISMAREX keeps right on working. Holds acidity and gas in check for a prolonged period. Helps repair the harm done by excess acid in the stomach. Enjoy for yourself the fast, prolonged relief that has made BISMAREX famous. Only BISMAREX!

BEACON DRUG CO. The Rexall Store Leslie L. Prince Phone 180 1519 Cabrillo Ave., Torrance Authorized Ticket Agency for Greyhound and Union Pacific Bus Lines.

Child Saves Doll in Fire DENVER (U.P.)—When the home of T. B. Buchanan caught fire, his 4-year-old daughter, Yuvan, dashed upstairs and rescued her doll.

TOLEDO (U.P.)—A truant Rhesus monkey that outwitted Toledo zoo officials for five days fell victim to a trap laid by three children and was captured.

MENU MAGIC on the New Apache. Includes illustration of a man on a horse and a menu listing items like Breakfast, Dinner, and Supper.

2 Nights to Chicago • All Air-Conditioned • No Extra Fare. The size and quality of the meals we are serving at these prices will be a pleasant surprise. You'll be especially pleased with the typical "SP" service—real dining cars, regular silver, real linen tablecloths and napkins. A la carte service, too, and 5c and 10c tray service in coaches and tourist sleeping cars.

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SAFEGWAY It's Easy to Save at Safeway! Whether you buy for a large family, or only for two, you'll find substantial food savings at your neighborhood Safeway. Every department—grocery, fruit & vegetable, meat—is filled with high quality foods at money-saving low prices. To protect you, Safeway buyers constantly test food products that are being purchased for Safeway Stores. Only those that pass these rigid tests are offered to you.

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