

Special FOOD Savings

STOP! CHECK! SAVE!

FOOD

Returning Schooldays Recall Importance of Well-Planned Meals for Children

Long summer days spent in active play out of doors, hours in the bright sunshine have contributed to the buoyant health of children everywhere.

If the child comes home for his noon meal the problem is a simple one, of if there is a cafeteria provided in the school the meals are almost sure to be carefully chosen and satisfactory.

Lunch at Home

Luncheon Potatoes Bread and Butter Chocolate Tapioca Souffle Milk LUNCHEON POTATOES Scrub three large potatoes and bake about 1 hour in a hot oven.

the butter a small bit at a time as the sauce cooks.

Browned Honey RICE PUDDING 1 cup washed raw white rice 1/2 cup strained honey 1/4 cup raisins 1 1/2 cups evaporated milk or cream

Method: Cook rice in boiling salted water. Brown in a skillet, being careful not to burn the rice. Drain, mix with honey and add butter, cinnamon, nuts and milk. Mix and place in a casserole. Bake in a moderately hot oven until pudding gets golden in color.

Box Lunches

Fig and Peanut Sandwiches Apple Milk FIG AND PEANUT SANDWICHES 1 cup dried figs, chopped 1/2 teaspoon salt 2 teaspoons lemon juice 3 tablespoons water 1/2 cup mayonnaise 1/2 cup salted peanuts, chopped

Green and Gold Sandwiches Molasses Thins Bananas Milk GREEN AND GOLD SANDWICHES Mash the yolks of 2 hard-boiled eggs, add 1 tablespoon butter; 2 1/2 tablespoons mayonnaise; 2 chopped egg whites and 7 chopped green olives. Mix together. Spread on unbuttered brown bread slices.

MOLASSES THINS 1/2 cup molasses 1/2 cup shortening 1 cup sifted flour 1/2 cup sugar 1 tablespoon ginger

Method: Heat the molasses to boiling. Add the shortening and allow it to melt in the molasses. Then add sifted dry ingredients. Stir until smooth and well blended and drop by teaspoons, 4 inches apart on the back of a buttered dripping pan or metal tray.

Method: Cut away the green leaves and woody base from the cauliflower and soak, head down in cold salted water for at least 15 minutes. Drain and boil, uncovered, in enough salted water to cover until tender. Drain, divide into flowerets, and serve with golden sauce. To make the sauce, beat the yolks slightly, add cream, salt, paprika, and lemon juice. Place in the top of a double boiler over boiling water and cook until thick. Add

Marriage Reverses Name RAINHAM, Eng. (U.P.)—Miss Rosa Temme retained her name after marriage—only reversed. She married Harry Emmet.

Ideas for Easy Buffet Supper

After a motor trip or Sunday afternoon excursion into the country, there is nothing better than a hearty supper, served at home.

It is wise to have at least one substantial hot dish even in the warmer weather, so you may be interested in this suggestion by Inez S. Willson, home economist.

Creamed Noodles With Dried Beef 1/2 pound dried beef 1 package egg noodles 1 1/2 cups white sauce 1 teaspoon celery seed 1 egg slightly beaten 1/2 teaspoon pepper

Method: Cook noodles until tender in boiling salted water. Drain and add to them white sauce, beaten egg and seasoning. Sprinkle dried beef in melted butter until it is crisp and the edges curled. Place in a baking dish. Grate cheese over the top and bake slowly until heated.

COO Fights Elm Blight WASHINGTON, (U.P.)—A campaign by the Civilian Conservation Corps and the Bureau of Plant Industry at Morristown, N. J., is being advanced to eradicate the Dutch elm disease from areas in eastern states.

SAFETYWAY CANNED GOODS BUY NOW SAVE MONEY!

CANNED PEAS Table with 3 columns: Brand, Price per can, Price per dozen. Includes Del Monte, Stokely's, Fresh Flavor, Emerald.

CANNED CORN Table with 3 columns: Brand, Price per can, Price per dozen. Includes Del Monte, Standard Pack.

CANNED BEANS Table with 3 columns: Brand, Price per can, Price per dozen. Includes Stokely's, Champion.

OTHER VEGETABLES Table with 3 columns: Brand, Price per can, Price per dozen. Includes Hominy, Tomatoes.

PEACHES, PINEAPPLE, TOMATOES, PORK & BEANS. Large promotional text with prices for various products.

CANNED FRUITS Table with 3 columns: Brand, Price per can, Price per dozen. Includes Apricots, Pears.

CANNED FISH Table with 3 columns: Brand, Price per can, Price per dozen. Includes Tuna, Salmon, Sardines, Kipper Snacks.

OTHER ITEMS Table with 3 columns: Brand, Price per can, Price per dozen. Includes Dog Food, Catsup, Milk.

WELSH'S GRAPE JUICE, PINEAPPLE JUICE, TOMATO JUICE, FRUITS, JELLY, NOODLES, SOUP, BORAXO, LIFEBOUY SOAP, RINSO, WHITE WAY SOAP. List of products and prices.

DROUGHT BOOSTS COSTS OF FOOD. SURVEY SHOWS FOOD SHORTAGE. MANY FOODS TO JUMP IN PRICE IS PREDICTION. Includes newspaper clippings and a graph.

HARVEST FLOUR BLOSSOM FLOUR. All-purpose blend milled from selected wheat. Includes prices for different bag sizes.

BROWN DERBY BEER. A California brewed beer that has been voted equal to Old World Pilsener. Includes prices for 12-ounce cans and 11-ounce bottles.

MEATS That Are Handled With Care. GRUBB'S MARKET CHOICE MEATS. Includes an image of a man in a suit.

HURRY! CONTEST CLOSES MONDAY NIGHT. WHAT CHAIN STORES DO FOR CALIFORNIA. \$500 CASH. CALIFORNIA'S HOUR. Includes an image of a cartoon character.

FANCY BEEF ROAST. For a delicious and satisfying meal, try spaghetti and pot roast tonight! Includes an image of a roast and a plate of spaghetti.